

SUNMARK MINERAL OIL LAXATIVE- mineral oil enema
Strategic Sourcing Services

Sunmark® Mineral Oil Enema
Laxative

Drug Facts

Active ingredient (in each 118 mL delivered dose)

Mineral Oil 100%

Purpose

Lubricant laxative

Use

- for relief of occasional constipation

Warnings

For rectal use only.

Ask a doctor before use if you have

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits lasting more than 2 weeks
- already used a laxative for more than 1 week

Stop use and ask a doctor if you have:

- rectal bleeding
- no bowel movement after use

These symptoms may indicate a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.

Directions

Single daily dosage

Do not use more unless directed by a doctor. See Warnings.

Adults and children 12 years old and | 1 bottle

over	1 BOTTLE
Children 2 to under 12 years old	1/2 bottle once daily
Children under 2 years	DO NOT USE

Other information

- store at 15 to 30°C (59 to 86°F)
- this product generally produces a bowel movement in 1-5 minutes
- **carton sealed for safety. Do not use if safety seal on top flap of carton is torn or missing.**

Inactive ingredients

none

Questions or comments?

866-323-0107 or www.natureplex.com

**Distributed By Strategic Sourcing Services LLC
6555 State Highway 161, Irving, TX 75039**

PRINCIPAL DISPLAY PANEL - 133 ml Bottle Carton

sunmark®

COMPARE TO FLEET®
MINERAL OIL ENEMA
ACTIVE INGREDIENT*

NDC 49348-185-20

**complete
ready-to-use**

enema

Mineral Oil

**Sodium free lubricant
laxative for relief of
occasional constipation**

**Comfortable,
lubricated tip**

Works in minutes

**NOT MADE WITH
NATURAL RUBBER
LATEX**

4.5 FL OZ
(133 ml)

PL31355B
V02

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enema
ready-to-use
complete
sunmark®

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(133 ml)

TAMPER EVIDENT: CARTON SEALED FOR SAFETY.
IF PRINTED SEAL ON BOTTOM OR TOP FLAP IS
BROKEN OR MISSING, DO NOT USE.

Drug Facts	
Active ingredient (in each 120 ml delivered dose)	Purpose Mineral oil 100%.....Lubricant laxative
Use ■ for relief of occasional constipation ■ this product generally produces bowel movement in 2 to 15 minutes	
Warnings For rectal use only. Caution: To be taken only at bedtime. Do not use at any other time or administer to infants, except upon the advice of a physician. Do not use ■ on children under 13 years of age ■ on pregnant women ■ on persons with difficulty swallowing ■ on bedridden patients ■ if you are presently taking a stool softener laxative ■ or take with meals	
Ask a doctor before use if you ■ have already used a laxative for more than 3 days ■ have abdominal pain, nausea, or vomiting ■ have a sudden change in bowel habits that persist over a period of 2 weeks	
Stop use and ask a doctor if ■ you have rectal bleeding ■ you have no bowel movement within 30 minutes of enema use	
As with any drug, if you are nursing a baby, seek the advice of a health professional before using this product.	
Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.	
Directions (or as directed by a doctor) Rectal enema dosage is 120 ml in a single daily dosage (per 24 hours).	
Adults & children 13 years old and older	1 bottle
Children under 13 years old	DO NOT USE
Other information ■ Store at 15 to 30°C (59 to 86°F). ■ Tamper Evident: DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.	
Inactive ingredient None	
Questions or comments? 866-323-0107	



How to use this enema:
REMOVE ORANGE PROTECTIVE SHIELD BEFORE INSERTING: Hold bottle upright grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



Position for using this enema:



■ **Left-side position:** Lie on left side with knee bent and arms at rest.



■ **Knee-chest position:** Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.

Administering enema:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Do not force the enema tip into rectum as this may cause injury.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
- Remove tip from rectum and maintain position until urge to evacuate is strong (usually 2 to 15 minutes).
- Discontinue use if resistance is encountered, forcing the enema can result in injury.
- Retain enema in accordance with doctor's instructions.

MEKESON

Another Quality Product
Distributed By Strategic Sourcing Services LLC
6565 State Highway 161, Irving, TX 75039
Money Back Guarantee
Please visit us at www.sunmarkbrand.com
RD15CTR

[REF] MCK-MO-1-12N

*This product is not manufactured or distributed by C.B. Fleet Co., Inc., the distributor of Fleet® Mineral Oil Enema.

SUNMARK MINERAL OIL LAXATIVE

mineral oil enema

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:49348-185
Route of Administration	RECTAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
Mineral Oil (UNII: T5L8T28FGP) (Mineral Oil - UNII:T5L8T28FGP)	Mineral Oil	118 g in 118 mL

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:49348-185-20	1 in 1 CARTON	11/13/2002	
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph drug	M007	11/13/2002	

Labeler - Strategic Sourcing Services (116956644)

Establishment

Name	Address	ID/FEI	Business Operations
Natureplex LLC		062808196	MANUFACTURE(49348-185)

Revised: 1/2025

Strategic Sourcing Services