# MECLIZINE HYDROCHLORIDE- meclizine hydrochloride tablet DirectRX

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## **MECLIZINE HYDROCHLORIDE**

#### **DESCRIPTION SECTION**

Chemically, meclizine hydrochloride is 1-(p-chloro- $\alpha$ -phenylbenzyl)-4-(m-methylbenzyl) piperazine dihydrochloride monohydrate.

Chemical Structure

C25H27CIN2·2HCl·H20 M.W. 481.89

Meclizine hydrochloride tablets, USP are available in two different strengths, 12.5 mg and 25 mg. Inactive ingredients: microcrystalline cellulose, lactose monohydrate, croscarmellose sodium and magnesium stearate. The 12.5 mg tablet also contains FD&C Blue #1 Aluminum Lake.

#### CLINICAL PHARMACOLOGY SECTION

• Meclizine hydrochloride is an antihistamine that shows marked protective activity against nebulized histamine and lethal doses of intravenously injected histamine in guinea pigs. It has a marked effect in blocking the vasodepressor response to histamine, but only a slight blocking action against acetylcholine. Its activity is relatively weak in inhibiting the spasmogenic action of histamine on isolated guinea pig ileum.

Pharmacokinetics

The available pharmacokinetic information for meclizine following oral administration has been summarized from published literature.

Absorption

Meclizine is absorbed after oral administration with maximum plasma concentrations reaching at a median Tmax value of 3 hours post-dose (range: 1.5 to 6 hours) for the tablet dosage form. Distribution

Drug distribution characteristics for meclizine in humans are unknown.

Metabolism

The metabolic fate of meclizine in humans is unknown. In an in vitro metabolic study using human hepatic microsome and recombinant CYP enzyme, CYP 2D6 was found to be the dominant enzyme for metabolism of meclizine.

The genetic polymorphism of CYP2D6 that results in extensive-, poor-, intermediate- and ultrarapid metabolizer phenotypes could contribute to large inter-individual variability in meclizine exposure. Elimination

Meclizine has a plasma elimination half-life of about 5-6 hours in humans.

#### **INDICATIONS & USAGE SECTION**

• Based on a review of this drug by the National Academy of Sciences - National Research Council and/or other information, FDA has classified the indications as follows: Effective: Management of nausea and vomiting, and dizziness associated with motion sickness. Final classification of the less than effective indications requires further investigation.

# CONTRAINDICATIONS SECTION

Meclizine hydrochloride is contraindicated in individuals who have shown a previous hypersensitivity to it.

## WARNINGS SECTION

• Since drowsiness may, on occasion, occur with use of this drug, patients should be warned of this possibility and cautioned against driving a car or operating dangerous machinery. Patients should avoid alcoholic beverages while taking this drug.

Due to its potential anticholinergic action, this drug should be used with caution in patients with asthma, glaucoma, or enlargement of the prostate gland.

Usage in Children

Clinical studies establishing safety and effectiveness in children have not been done; therefore, usage is not recommended in children under 12 years of age.

Usage in Pregnancy

Pregnancy Category B

Reproduction studies in rats have shown cleft palates at 25-50 times the human dose.

Epidemiological studies in pregnant women, however, do not indicate that meclizine increases the risk of abnormalities when administered during pregnancy. Despite the animal findings, it would appear that the possibility of fetal harm is remote. Nevertheless, meclizine, or any other medication, should be used during pregnancy only if clearly necessary.

## PRECAUTIONS SECTION

• Nursing Mothers

It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when meclizine is administered to a nursing woman. Hepatic Impairment

The effect of hepatic impairment on the pharmacokinetics of meclizine has not been evaluated. As meclizine undergoes metabolism, hepatic impairment may result in increased systemic exposure of the drug. Treatment with meclizine should be administered with caution in patients with hepatic impairment.

Renal Impairment

The effect of renal impairment on the pharmacokinetics of meclizine has not been evaluated. Due to a potential drug/metabolite accumulation, meclizine should be administered with caution in patients with renal impairment and in the elderly as renal function generally declines with age.

Drug Interactons

There may be increased CNS depression when meclizine is administered concurrently with other CNS depressants, including alcohol, tranquilizers, and sedatives. (see WARNINGS)

Based on in-vitro evaluation, meclizine is metabolized by CYP2D6. Therefore there is a possibility for a drug interaction between meclizine and CYP2D6 inhibitors

# **ADVERSE REACTIONS SECTION**

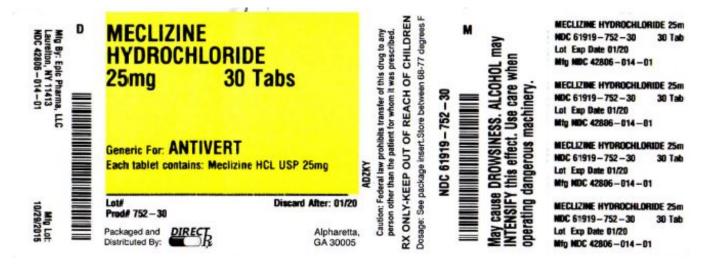
Anaphylactoid reaction, drowsiness, dry mouth, headache, fatigue, vomiting and, on rare occasions, blurred vision have been reported.

# **DOSAGE & ADMINISTRATION SECTION**

Motion Sickness

The initial dose of 25 to 50 mg of meclizine hydrochloride should be taken one hour prior to embarkation for protection against motion sickness. Thereafter, the dose may be repeated every 24 hours for the duration of the journey.

# PACKAGE LABEL.PRINCIPAL DISPLAY PANEL



MECLIZINE H meclizine hydrochlor		LORIDE								
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Product Informat	tion									
Product Type		HUMAN PRESCRIPTION DRUG Item Code (Source) NDC:61915			19 19 - 7	9-752(NDC:42806-014)				
Route of Administra	tion	ORAL								
Active Ingredient	t/Active Moi	etv								
8	Ingredient Name Basis of Stre					Stren	øth	Strength		
MECLIZINE HYDRO C	DRO CHLO RIDE (UNII: HDP7W44CIO) (MECLIZINE - UNII:3L5TQ84570) MECLIZINE HYDROG					-	-			
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Inactive Ingredie	nts									
Ingredient Name Strength							ength			
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)										
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)										
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)										
MAGNESIUM STEARATE (UNII: 70097M6I30)										
Droduct Characte	rictics									
Product Characteristics   Color white Score				no score						
		Size				13mm				
Flavor	Imprint Code				E14					
Contains										
Packaging										
# Item Code	Package Description				Marketing Start Date			Ma	Marketing End Date	
<b>1</b> NDC:61919-752-30	30 in 1 BOTTLE	1 BOTTLE; Type 0: Not a Combination Product			0 1/0 1/20 1	5				

Marketing Information						
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date			
ANDA	ANDA200294	0 1/0 1/20 15				

# Labeler - DirectRX (079254320)

Establishment						
Name	Address	ID/FEI	Business Operations			
DirectRX		079254320	repack(61919-752)			

Revised: 10/2015

DirectRX