

**ANCIENT SECRETS BREATHE AGAIN- sodium chloride aerosol, spray  
LOTUS BRANDS, INC.**

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**ANCIENT  
SECRETS®  
Breathe  
Again™  
Hypertonic Seawater  
Nasal Spray**

***Drug Facts***

**Active ingredient**

Sodium Chloride 2.0% (Seawater-derived)

**Purpose**

Restores Moisture

**Uses**

for nasal rinsing in adults:

- Moisturizes and cleanses nasal passages due to pollution, dry air, air conditioning, dust, pollen
- Nasal drainage
- Helps dry congestion due to colds and allergies

**Warnings**

**For nasal use only.**

**When using this product**

- To avoid contamination, do not touch tip of the dispenser to any surface.
- Do not use the same dispenser on different people.

**Stop use and ask a doctor if** you experience any discomfort while using this product.

**Keep out of the reach of children.**

**Directions**

- Tilt head to one side and forward.  
Holding can parallel to the nose, insert nozzle into upper nostril.
- Press valve briefly for release of fine mist.  
Repeat 2-3 times on each nostril as needed.
- Use 2-4 times daily, or as often as necessary.

- Use with children ages 6 and older.
- Wash carefully with clean warm water and dry carefully after each use.

### **Other Information**

- Avoid spraying in eyes. Contents under pressure. Do not puncture or incinerate.
- Store at room temperature (59-86°F).

### **Inactive Ingredients**

purified water

### **Questions, Comments, Side Effects?**

Call toll free 800-824-6396, Monday - Friday, 9:00 - 5:00, CST

### **Manufactured by**

Gerolymatos International S.A.  
Athens, Greece

® ©2011, **Distributed by Lotus Brands, Inc.,**

A majority woman-owned family business  
1100 Lotus Drive, Silver Lake, WI 53170, USA

### **PRINCIPAL DISPLAY PANEL - 100 mL Bottle Carton**

#### **ANCIENT SECRETS®**

Breathe  
Again™

#### **Hypertonic Seawater Nasal Spray**

- Sterilized
- Helps Dry Congestion  
Due to Colds and Allergies
- Preservative-Free Saline

3.38 fl.oz. (100 mL)

Again™

Breathe

ANCIENT  
SECRETS®

ANCIENT  
SECRETS®

Breathe  
Again™

Hypertonic Seawater  
Nasal Spray



• Sterilized

Helps Dry Congestion

ANCIENT  
SECRETS®

Breathe Again™

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[www.ancient-secrets.com](http://www.ancient-secrets.com)

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ANCIENT  
SECRETS®

 Breathe  
Again™

Hypertonic Seawater  
Nasal Spray



ANCIENT  
SECRETS®

Breathe Again™

Safe for Frequent Daily Use

**Breathe Again™** is a European product that consists of naturally sourced seawater from the Atlantic Ocean. Its properties make it an ideal solution to help dry stuffy noses caused by colds and allergies.

**Breathe Again™** effectively dries congestion. It is simple & safe.

*Ancient Secrets® Breathe Again™  
for Children Also Available*



- Sterilized
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- Preservative-Free Saline

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1100 Lotus Drive, Silver Lake, WI 53170, USA  
ancientsecrets@lotuspress.com  
www.lotusbrands.com

**Money Back Guarantee:**  
Not to exceed the Manufacturer Suggested  
Retail Price. Shipping and Handling not  
included. Return if not completely satisfied.

3.38 fl.oz. (100 mL)



## ANCIENT SECRETS BREATHE AGAIN

sodium chloride aerosol, spray

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:76328-100
<b>Route of Administration</b>	NASAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
Sodium Chloride (UNII: 451W47IQ8X) (Sodium Cation - UNII:LYR4M0NH37)	Sodium Chloride	20 mg in 100 mL

### Inactive Ingredients

Ingredient Name	Strength
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**Water** (UNII: 059QF0KO0R)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:76328-100-00	1 in 1 CARTON	08/15/2011	
1		100 mL in 1 CANISTER; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M018	08/15/2011	

**Labeler** - LOTUS BRANDS, INC. (879022713)

### Establishment

Name	Address	ID/FEI	Business Operations
GEROLYMATOS INTERNATIONAL SA		506173753	MANUFACTURE(76328-100)

Revised: 12/2024

LOTUS BRANDS, INC.