

DIUREX ULTIMATE- caffeine tablet, film coated
Alva-Amco Pharmacal Companies, Inc.

Diurex Ultimate

Active ingredient (in each pill)

Caffeine Anhydrous, 100 mg

Purpose

Diuretic

Uses

For the relief of temporary:

- water retention
- bloating
- swelling
- full feeling
- fatigue

associated with the premenstrual and menstrual periods.

Warnings

Ask a doctor before use if

- taking any other medications
- under 18 years of age. Do not give to children under 12 years of age.

When using this product, limit the use of caffeine-containing medications, foods or beverages because too much caffeine may cause:

- nervousness
- irritability
- sleeplessness
- occasional rapid heart beat.

The recommended dose of this product contains about as much caffeine as two cups of coffee.

Stop use and ask a doctor if symptoms last for more than ten consecutive days.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- Read all package directions and warnings before use.
- Use only as directed.
- Adults: Two (2) pills (200 mg maximum strength) every 3 to 4 hours while symptoms persist, not to exceed 8 pills in a 24 hour period.
- Drink 6 to 8 glasses of water daily.
- Recommended for use by normally healthy adults only.

Other information

- Calcium content: 30 mg/pill
- Identification: Light green colored, round pill bearing the identifying mark "ALVA".
- ****Contents sealed:** Each DIUREX ULTIMATE pill is sealed in a clear plastic blister with foil backing. Do not use if seal appears broken or if product contents do not match product description.
- You may report serious side effects to the phone number provided under Questions? below.

Inactive ingredients

Acacia, calcium carbonate, croscarmellose sodium, D&C Yellow No. 10 Lake, ethyl vanillin, FD&C Blue No. 1 Lake, FD&C Blue No. 2 Lake, hypromellose, lactose, magnesium silicate, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, polysorbate 80, stearic acid, titanium dioxide.

Questions? 1-800-792-2582

Spanish Drug Facts Panel

Datos Farmacológicos

Ingrediente activo (en cada comprimido)

Cafeína anhidra 100 mg

Propósito

Diurético

Usos Para el alivio temporal de: ■ retención de líquidos ■ distensión abdominal ■ hinchazón ■ sensación de saciedad ■ fatiga asociada con los períodos menstruales y premenstruales.

Advertencias

Consulte con su médico antes de usarlo si ■ está tomando cualquier otro medicamento ■ es menor de 18 años de edad. No administrar a niños menores de 12 años de edad.

Cuando use este producto, limite el uso de medicamentos, alimentos o bebidas que contengan cafeína ya que demasiada cafeína puede provocar: ■ nerviosismo ■ irritabilidad ■ insomnio ■ latidos cardíacos rápidos ocasionales. La dosis recomendada de este producto contiene aproximadamente la misma cantidad de cafeína que dos tazas de café.

Interrumpa el uso y consulte con su médico si los síntomas duran más de diez días consecutivos.

Si está embarazada o está amamantando, consulte con un profesional de la salud antes de usarlo. **Mantener fuera del alcance de los niños.** En caso de sobredosis, obtenga ayuda médica o comuníquese de inmediato con un centro de toxicología.

Indicaciones ■ Lea todas las indicaciones y advertencias del envase antes de usarlo. ■ Úselo solo de acuerdo con las indicaciones. ■ Adultos: Dos (2) comprimidos (concentración máxima 200 mg) cada 3 a 4 horas mientras los síntomas persistan, sin exceder los 8 comprimidos en un período de 24 horas. ■ Tome de 6 a 8 vasos de agua todos los días. ■ Recomendado solo para uso en adultos normalmente sanos.

Información adicional ■ Contenido de calcio: 30 mg/comprimido ■ Identificación: Comprimido redondo de color verde claro que lleva la marca identificatoria "ALVA". ■ **El contenido está sellado: Cada comprimido de DIUREX ULTIMATE está sellado en un blíster de plástico transparente con un recubrimiento posterior de papel aluminio. No lo use si el sello parece estar roto o si el producto no coincide con la descripción del producto. ■ Puede informar efectos secundarios graves al número de teléfono que aparece en la sección *¿Tiene preguntas?* a continuación.

Ingredientes inactivos Acacia, carbonato de calcio, croscarmelosa sódica, D&C amarillo n.º 10 Lake, etil vainillina, FD&C azul n.º 1 Lake, FD&C azul n.º 2 Lake, hipromelosa, lactosa, silicato de magnesio, estearato de magnesio, maltodextrina, celulosa microcristalina, polietilenglicol, polisorbato 80, ácido esteárico y dióxido de titanio.

¿Tiene preguntas? 1-800-792-2582



Relieve
water bloat



156-3RC,
0619

gentle diuretic
diurex® **ULTIMATE**

**Water
Pills**
RE-ENERGIZE

5

gentle diuretic
diurex® **ULTIMATE**

NEW LOOK!

gentle diuretic
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ULTIMATE

Water Pills RE-ENERGIZE

Prod. No. 1560060

****Contents Sealed**

Dist.: ALVA-AMCO Pharmaceutical Cos., Inc.
Niles, IL 60714, U.S.A.
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Reg. U.S. Patent and Trademark Office
PROTECT PRODUCT FROM EXCESSIVE HEAT AND MOISTURE.



11560060RC3



11560060RC3

Water Pills
RE-ENERGIZE
Píldoras Diuréticas
ENERGIZANTES
Vea las instrucciones en español adentro

Feel Better &
Less Heavy



Effective Bloat Relief

60
PILLS

LOT:

EXP.:

Relieves Periodic Water Bloat

gentle diuretic
diurex® **ULTIMATE**

Water Pills RE-ENERGIZE



0 72959 01056 0

CP-234428
07/2019

CONTAINS NO GLUTEN INGREDIENTS WWW.DIUREX.COM

The active ingredient in DIUREX ULTIMATE Water Pills has been recognized to be safe and effective by an FDA Expert Advisory Panel when used as directed.

Questions? 1-800-792-2582

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Drug Facts
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Other information ■ Calcium content: 30 mg/pill ■ Identification: Light

*Based on independent syndicated market research data.



DIUREX ULTIMATE

caffeine tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:52389-656
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E)	CAFFEINE	100 mg

Inactive Ingredients

Ingredient Name	Strength
ACACIA (UNII: 5C5403N26O)	
CALCIUM CARBONATE (UNII: H0G9379FGK)	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
ETHYL VANILLIN (UNII: YC9ST449YJ)	
D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
TALC (UNII: 7SEV7J4R1U)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	

CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	

Product Characteristics

Color	green (light green)	Score	no score
Shape	ROUND	Size	10mm
Flavor		Imprint Code	ALVA
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:52389-656-60	2 in 1 CARTON	10/31/2015	
1	NDC:52389-656-01	30 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M027	10/31/2015	

Labeler - Alva-Amco Pharmacial Companies, Inc. (042074856)

Revised: 4/2024

Alva-Amco Pharmacial Companies, Inc.