

**DIUREX ULTIMATE- caffeine tablet, film coated**  
**Kobayashi Healthcare International, Inc.**

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**Diurex Ultimate**

**Active ingredient (in each pill)**

Caffeine Anhydrous, 100 mg

**Purpose**

Diuretic

**Uses**

For the relief of temporary:

- water retention
- bloating
- swelling
- full feeling
- fatigue

associated with the premenstrual and menstrual periods.

**Warnings**

**Ask a doctor before use if**

- taking any other medications
- under 18 years of age. Do not give to children under 12 years of age.

**When using this product,** limit the use of caffeine-containing medications, foods or beverages because too much caffeine may cause:

- nervousness
- irritability
- sleeplessness
- occasional rapid heart beat.

The recommended dose of this product contains about as much caffeine as two cups of coffee.

**Stop use and ask a doctor if** symptoms last for more than ten consecutive days.

**If pregnant or breastfeeding,** ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- Read all package directions and warnings before use.
- Use only as directed.
- Adults: Two (2) pills (200 mg maximum strength) every 3 to 4 hours while symptoms persist, not to exceed 8 pills in a 24 hour period.
- Drink 6 to 8 glasses of water daily.
- Recommended for use by normally healthy adults only.

**Other information**

- Calcium content: 30 mg/pill
- Identification: Light green colored, round pill bearing the identifying mark "ALVA".
- **\*\*Contents sealed:** Each DIUREX ULTIMATE pill is sealed in a clear plastic blister with foil backing. Do not use if seal appears broken or if product contents do not match product description.
- You may report serious side effects to the phone number provided under Questions? below.

**Inactive ingredients**

Acacia, calcium carbonate, croscarmellose sodium, D&C Yellow No. 10 Lake, ethyl vanillin, FD&C Blue No. 1 Lake, FD&C Blue No. 2 Lake, hypromellose, lactose, magnesium silicate, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, polysorbate 80, stearic acid, titanium dioxide.

**Questions? 1-800-792-2582**

**Spanish Drug Facts Panel**

## Datos Farmacológicos

### Ingrediente activo (en cada comprimido)

Cafeína anhidra 100 mg

### Propósito

Diurético

**Usos** Para el alivio temporal de: ■ retención de líquidos ■ distensión abdominal ■ hinchazón ■ sensación de saciedad ■ fatiga asociada con los períodos menstruales y premenstruales.

### Advertencias

**Consulte con su médico antes de usarlo si** ■ está tomando cualquier otro medicamento ■ es menor de 18 años de edad. No administrar a niños menores de 12 años de edad.

**Cuando use este producto**, limite el uso de medicamentos, alimentos o bebidas que contengan cafeína ya que demasiada cafeína puede provocar: ■ nerviosismo ■ irritabilidad ■ insomnio ■ latidos cardíacos rápidos ocasionales. La dosis recomendada de este producto contiene aproximadamente la misma cantidad de cafeína que dos tazas de café.

**Interrumpa el uso y consulte con su médico si** los síntomas duran más de diez días consecutivos.

**Si está embarazada o está amamantando**, consulte con un profesional de la salud antes de usarlo. **Mantener fuera del alcance de los niños.** En caso de sobredosis, obtenga ayuda médica o comuníquese de inmediato con un centro de toxicología.

**Indicaciones** ■ Lea todas las indicaciones y advertencias del envase antes de usarlo. ■ Úselo solo de acuerdo con las indicaciones. ■ Adultos: Dos (2) comprimidos (concentración máxima 200 mg) cada 3 a 4 horas mientras los síntomas persistan, sin exceder los 8 comprimidos en un período de 24 horas. ■ Tome de 6 a 8 vasos de agua todos los días. ■ Recomendado solo para uso en adultos normalmente sanos.

**Información adicional** ■ Contenido de calcio: 30 mg/comprimido ■ Identificación: Comprimido redondo de color verde claro que lleva la marca identificatoria "ALVA". ■ \*\*El contenido está sellado: Cada comprimido de DIUREX ULTIMATE está sellado en un blíster de plástico transparente con un recubrimiento posterior de papel aluminio. No lo use si el sello parece estar roto o si el producto no coincide con la descripción del producto. ■ Puede informar efectos secundarios graves al número de teléfono que aparece en la sección *¿Tiene preguntas?* a continuación.

**Ingredientes inactivos** Acacia, carbonato de calcio, croscarmelosa sódica, D&C amarillo n.º 10 Lake, etil vainillina, FD&C azul n.º 1 Lake, FD&C azul n.º 2 Lake, hipromelosa, lactosa, silicato de magnesio, estearato de magnesio, maltodextrina, celulosa microcristalina, polietilenglicol, polisorbato 80, ácido esteárico y dióxido de titanio.

**¿Tiene preguntas? 1-800-792-2582**

maximum strength  
**diurex**

**Bloat Reliever**

**60 PILLS**  
DIURETIC



The active ingredient in Diurex® has been recognized to be safe and effective by an FDA expert advisory panel when used as directed.

\*Based on independent syndicated market research data.

**CONTAINS NO GLUTEN INGREDIENTS**

156-5RC,  
0824

**diurex**  
máxima concentración



11560060RC5

Vea las instrucciones en español adentro

**Bloat Reliever**  
Alivio de la distensión abdominal

**Drug Facts**

**Active ingredient (in each pill)** Caffeine Anhydrous 100 mg ..... Diuretic  
**Purpose**

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■ full feeling ■ fatigue associated with the premenstrual and menstrual periods.

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**Questions? 1-800-792-2582**

**www.DIUREX.com**

Prod. No. 1560060

\*\*Contents Sealed



Recyclable

**Diurex**  
KOBAYASHI Consumer Products, LLC  
P.O. Box 1191, Dalton, GA 30722, U.S.A.  
© 1973-2024  
Reg. U.S. Patent and Trademark Office  
PROTECT PRODUCT FROM EXCESSIVE HEAT AND MOISTURE.

LOT:

EXP.:



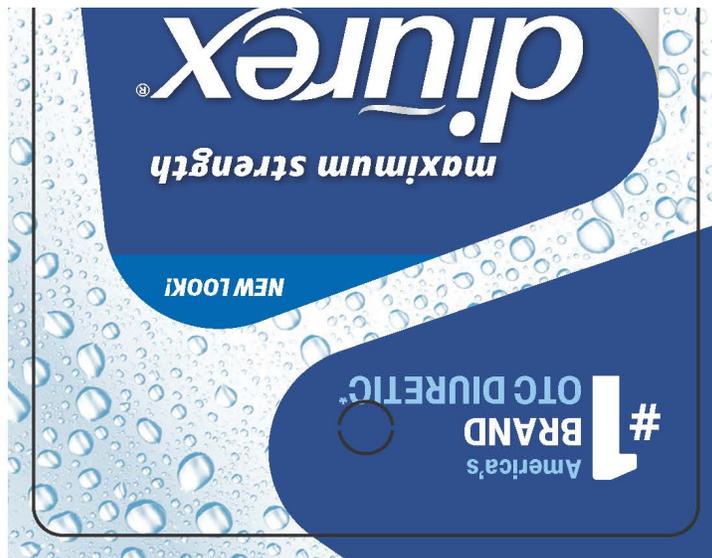
11560060RC5



**diurex**  
maximum strength

**Bloat Reliever**  
Water Bloat Relief  
Prompt & Effective  
& Re-energize  
Relieve Discomfort  
60 PILLS  
DIURETIC

CMYK  
PMS 286C



## DIUREX ULTIMATE

caffeine tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:52389-656
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E)	CAFFEINE	100 mg

### Inactive Ingredients

Ingredient Name	Strength
CALCIUM CARBONATE (UNII: H0G9379FGK)	
ACACIA (UNII: 5C5403N26O)	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
ETHYL VANILLIN (UNII: YC9ST449YJ)	
D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
TALC (UNII: 7SEV7J4R1U)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

**LACTOSE MONOHYDRATE** (UNII: EWQ57Q8I5X)

### Product Characteristics

<b>Color</b>	green (light green)	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	10mm
<b>Flavor</b>		<b>Imprint Code</b>	ALVA
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:52389-656-60	2 in 1 CARTON	10/31/2015	
1	NDC:52389-656-01	30 in 1 BLISTER PACK; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M027	10/31/2015	

**Labeler** - Kobayashi Healthcare International, Inc. (156391729)

**Registrant** - Kobayashi America Manufacturing, LLC (079852150)

Revised: 4/2025

Kobayashi Healthcare International, Inc.