

**MOUNTAIN ICE PAIN RELIEF- menthol gel**  
**Mountainside Medical Equipment, Inc.**

-----  
**Mountain Ice Pain Relief Gel**

**Active ingredients:**

Menthol 5%

**Purpose**

External Analgesic

**Uses**

Temporary relief of minor aches and pains of muscles and joints associated with osteoarthritis, rheumatoid arthritis, muscle strains, and sprains

**Warnings**

For external use only.

Flammable; keep away from excessive heat or open flame. Avoid contact with eyes or mucous membranes.

**When using this product:**

- Do not apply to wounds, damaged skin, or irritated skin.
- Do not apply with other creams, ointments, sprays or liniments.
- Stop use and ask a doctor if: Conditions worsen, skin irritation develops, or condition does not improve after 7 days.

**Keep out the reach of children:**

If accidentally swallowed seek medical attention immediately or contact Poison Control Center right away.

**Directions:**

Adults and Children 2 years of age or older: Rub on the affected area evenly no more than 4 time. Children under 2 years of age: Consult with your doctor.

**Inactive Ingredients:**

Aloe Barbadensis Leaf Juice, Arnica Montana Flower Extract, Carbomer, Cinnamomum Camphora (Camphor) Bark Oil, Curcuma longa (Turmeric) Root Oil, Dimethyl Sulfone, Ethylhexylglycerin, Glucosamine HCl, Glycerin, Ilex Paraguariensis Leaf Extract, Isopropyl Alcohol, Limonene, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Phenoxyethanol,

Polysorbate 20, Propanediol, Sodium Chondroitin Sulfate, Sodium Hyaluronate, Tocopheryl Acetate, Triethanolamine, Water (Aqua), Blue 1 (CI 42090).

## Package/Label Principal Display Panel - Tube Label

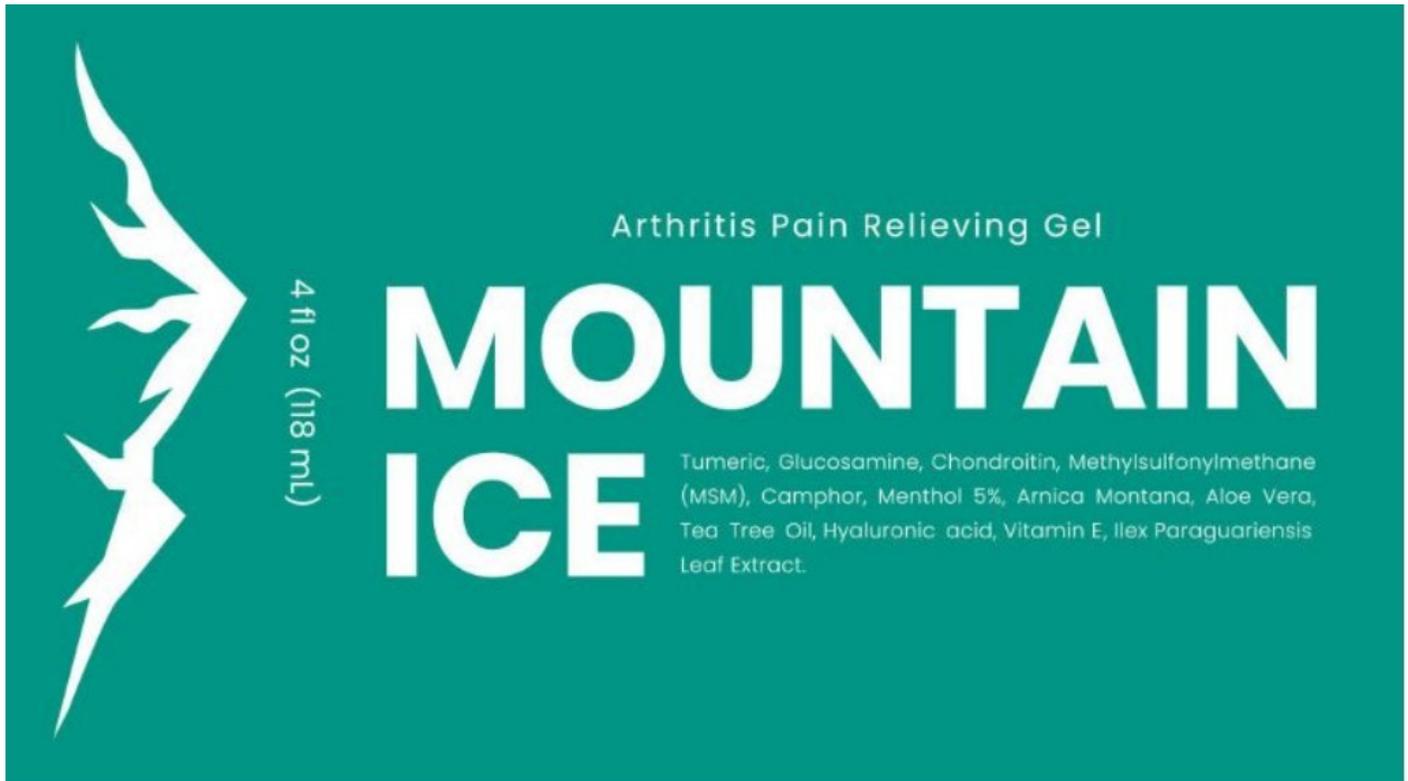
Arthritis Pain Relieving Gel

### MOUNTAIN ICE

Tumeric, Glucosamine, Chondroitin, Methylsulfonylmethane (MSM), Camphor, Menthol 5%, Arnica Montana, Aloe Vera, Tea Tree Oil, Hyaluronic acid, Vitamin E, Ilex Paraguariensis Leaf Extract.

4 fl oz (118 mL)

Label



## MOUNTAIN ICE PAIN RELIEF

menthol gel

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:72793-100
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MENTHOL, UNSPECIFIED FORM</b> (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	5 g in 100 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)	
<b>ARNICA MONTANA FLOWER</b> (UNII: OZ0E5Y15PZ)	
<b>CARBOMER HOMOPOLYMER, UNSPECIFIED TYPE</b> (UNII: 0A5MM307FC)	
<b>CAMPHOR OIL</b> (UNII: 75IZZ8Y727)	
<b>TURMERIC OIL</b> (UNII: 6KGS8SP16U)	
<b>DIMETHYL SULFONE</b> (UNII: 9H4PO4Z4FT)	
<b>ETHYLHEXYLGLYCERIN</b> (UNII: 147D247K3P)	
<b>GLUCOSAMINE HYDROCHLORIDE</b> (UNII: 750W5330FY)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>ILEX PARAGUARIENSIS LEAF</b> (UNII: 1Q953B4O4F)	
<b>ISOPROPYL ALCOHOL</b> (UNII: ND2M416302)	
<b>LIMONENE, (+)-</b> (UNII: GFD7C86Q1W)	
<b>TEA TREE OIL</b> (UNII: VIF565UC2G)	
<b>PHENOXYETHANOL</b> (UNII: HIE492ZZ3T)	
<b>POLYSORBATE 20</b> (UNII: 7T1F30V5YH)	
<b>PROPANEDIOL</b> (UNII: 5965N8W85T)	
<b>HYALURONATE SODIUM</b> (UNII: YSE9PPT4TH)	
<b>.ALPHA.-TOCOPHEROL ACETATE</b> (UNII: 9E8X80D2L0)	
<b>TROLAMINE</b> (UNII: 9O3K93S3TK)	
<b>WATER</b> (UNII: 059QF0KO0R)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72793-100-01	118 mL in 1 TUBE; Type 0: Not a Combination Product	05/28/2019	
2	NDC:72793-100-02	30 mL in 1 BOTTLE, PUMP; Type 0: Not a Combination Product	05/28/2019	06/14/2022
3	NDC:72793-100-03	946 mL in 1 BOTTLE, PUMP; Type 0: Not a Combination Product	12/06/2019	
4	NDC:72793-100-04	6 mL in 1 PACKET; Type 0: Not a Combination Product	12/06/2019	
5	NDC:72793-100-05	99 mL in 1 BOTTLE, WITH APPLICATOR; Type 0: Not a Combination Product	05/04/2020	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	05/28/2019	

**Labeler** - Mountainside Medical Equipment, Inc. (119735871)

**Establishment**

<b>Name</b>	<b>Address</b>	<b>ID/FEI</b>	<b>Business Operations</b>
Fragrance Manufacturing, Inc.		793406000	manufacture(72793-100)

Revised: 8/2025

Mountainside Medical Equipment, Inc.