

**EPSOM SALT- magnesium sulfate granule**  
**Chain Drug Consortium, LLC**

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**Drug Facts**

**Active ingredient**

Magnesium sulfate USP 100%

**Purpose**

Saline laxative

**Uses**

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

**Warnings**

**Ask a doctor before use if you have**

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

**Ask a doctor or pharmacist before use if you are**

presently taking a prescription drug.

**When using this product**

- **do not use more than directed**

**Stop use and ask a doctor if**

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

**If pregnancy or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons in a full glass (8oz) of water

**Not recommended for children under 6 years of age.**

**Inactive Ingredients**

None

**Other information**

- **each teaspoon contains:** magnesium 495 mg

**Questions or comments?**

For laxative or soak, call **1-877-753-3935 Monday- Friday 9AM-5PM EST**

**Principal Display Panel****Multi-Purpose****EPSOM SALTS**

Magnesium Sulfate USP

Saline Laxative

Soaking aid for minor discomfort and tired feet

Saline laxative for short-term relief of constipation

NET WT OZ (lb) kg

**TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.**

Distributed By:

Pharmacy Value Alliance, LLC

407 East Lancaster Avenue,

Wayne, PA 19087

**Package Label**



TEAR ALONG DOTTED LINE. PRESS ZIPPER TO RESEAL.

RESEALABLE POUCH

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.



Multi-Purpose  
**Epsom Salt**

Magnesium Sulfate USP

*Saline laxative*

*Soaking aid for minor discomfort  
and tired feet*

*Saline laxative for the short-term  
relief of constipation*

NET WT. 96 oz (6 lb) / 2.72 kg



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TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

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 Not recommended for children under 6 years of age.

**Other information**  
 ■ each teaspoon contains: magnesium 495 mg  
**Inactive ingredient** none  
**Questions or comments?**  
 For laxative or soak, call 1-877-753-3935 Monday-Friday 9AM-5PM EST

**For external use**  
**As a soaking solution:**  
 Pour 2 cups of epsom salt under warm, running bath water. Soak for 15 minutes, three times a week, to aid minor sprains and bruises.  
**As a warm compress:**  
 Dissolve 1 cup of epsom salt in 1 quart of water. Using a towel, apply solution to the affected area for 15-30 minutes to help reduce swelling. Repeat as needed.  
**Warning:**  
 Where prompt relief is not obtained or where there is evidence of irritation or infection, discontinue use and consult a doctor. Do not use if pregnant or diabetic, unless advised by a doctor.  
 KEEP OUT OF REACH OF CHILDREN. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) immediately.  
 Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

**Epsom Salt is a trusted remedy that is useful every season of the year.**

**BEAT WINTER BLUES**  Simply dissolve two cups of epsom salt in a warm bath:  
 • for a calm and refreshing soak  
 • to warm and relax your muscles

**A MINERAL SPRING SPA**  Springtime is your fresh start to working out, often times leading to overexertion.  
 Just dissolve two cups of epsom salt in warm bath water, settle in, and experience the relief and relaxation.

**FIRST AID SUMMER SALTS**  Mix 1 cup of epsom salt in 1 quart of cold water to make a compress. Apply with a washcloth as a wet dressing to relieve mild sunburn, mosquito bites, and bee stings.

**RELAX INTO AUTUMN**  By dissolving two cups of epsom salt in a warm bath, you'll be able to:  
 • revitalize tired and aching muscles  
 • feel refreshed and rejuvenated

If for any reason you are not satisfied with this product, please return it to the store where purchased for a full refund.



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## PREMIER VALUE Multi-Purpose Epsom Salt

### EPSOM SALT

magnesium sulfate granule

#### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:68016-732
<b>Route of Administration</b>	ORAL, TOPICAL		

#### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM SULFATE, UNSPECIFIED</b> (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE, UNSPECIFIED	1 g in 1 g

#### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68016-732-06	2720 g in 1 POUCH; Type 0: Not a Combination Product	08/31/2017	12/31/2026
2	NDC:68016-732-01	454 g in 1 POUCH; Type 0: Not a Combination Product	08/31/2017	12/31/2026
3	NDC:68016-732-04	1814 g in 1 POUCH; Type 0: Not a Combination Product	08/31/2017	12/31/2026

#### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	08/31/2017	12/31/2026

**Labeler** - Chain Drug Consortium, LLC (101668460)