

TERRAVITALS BAKNEK- zincum metallicum, lecithinum pellet

Terravitals LLC

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Terravitals Active Ingredients

Active ingredients .. Purpose **

Zincum metallicum 30C HPUS.....hard stool, small rather dry

Lecithin 30C HPUSbloating

** C' is homeopathic dilution.

'HPUS' indicates that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Internal small package:

Made in the USA

Terravitals[®] HOMEOPATHIC MEDICINE

NDC: 74474-401-01

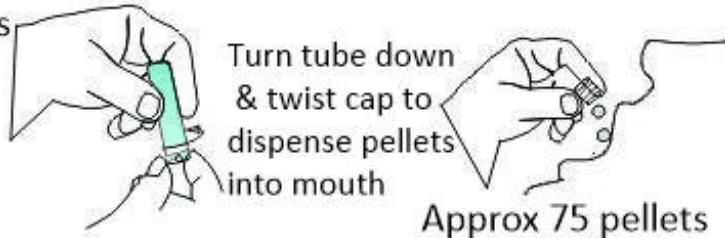
Constip[™]

Relieves occasional constipation*

Active ingredients (HPUS) Zinc met 30C, Lecithin 30C. **Inactive ingredient** Organic sucrose. ***Uses** For temporary relief of occasional constipation. ***Claims** based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated. **Warning:** ▪ **Stop use and ask a doctor** if symptoms persist for more than 5 days or worsen. ▪ **If pregnant or breastfeeding**, ask a health professional ▪ **Keep out of reach of children.** ▪ **Do not use** if seal is missing or broken. **Directions** Adults and adolescents 12 and over: Dissolve 1-2 pellets in mouth once a day before bedtime, until symptoms are relieved. **See outer packaging** for more information.

Questions/comments
www.terravitals.com

Exp: MM/YYYY
Lot: CYYADDXX



Terravitals Purpose

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Terravitals Warnings

Warnings Stop use and ask a doctor If symptoms persist more than 5 days or worsen.

If pregnant or breastfeeding, ask a health professional before use. Keep out of reach of children.

Keep out of reach of children.

Directions - Adults and adolescents 12 and over: Dissolve 1-2 pellets in mouth once a day before bedtime, until symptoms are relieved.

Terravitals Dosage

Oral soluble pellets

Terravitals Other

Other information: Store in a dry place between 15-30°C (59-86°F) and out of direct sunlight.

Do not use if the seal of pellet dispenser inside is missing or broken.

Terravitals BakNek Inactive Ingredient

Inactive ingredient Organic Sucrose certified by DE-OKO-070. (Organic logo)

Terravitals main panel

TERRAVITALS BakNek

Homeopathic Medicine

Relieves occasional constipation*

NDC 74474-401-01

Approx 75 Oral soluble pellets

Non-drowsy

Not habit-forming

No drug interactions

No known side effects

Made in the USA by Terravitals LLC, Gaithersburg MD 20879

www.terravitals.com

Exp: MM/YYYY

Lot: CTYYADDXX

Outer packaging label:


Terravitals®

HOMEOPATHIC MEDICINE

Constip™

Relieves occasional constipation*

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Approx 75 Oral soluble pellets

NDC 74474-401-01

Drug Facts

Active ingredients**Purpose
Zincum metallicum 30C HPUS.....hard stool, small rather dry
Lecithin 30C HPUS..... bloating

**'C' is homeopathic dilution.

'HPUS' indicates that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Uses* For temporary relief of occasional constipation.

Warnings Stop use and ask a doctor If symptoms persist more than 5 days or worsen. **If pregnant or breastfeeding**, ask a health professional before use. **Keep out of reach of children.**

Directions Adults and adolescents 12 and over: Dissolve 1-2 pellets in mouth once a day before bedtime, until symptoms are relieved.

Other information Store in a dry place between 15-30°C (59-86°F) and out of direct sunlight. **Do not use** if seal of internal pellet dispenser is missing or broken.

Inactive ingredient Organic sucrose certified by DE-OKO-070.

*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

Questions/comments?
info@terravitals.com



Exp: MM/YYYY
Lot: CTTYADDXX

TERRAVITALS BAKNEK

zincum metallicum, lecithinum pellet

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:74474-401 |
| Route of Administration | ORAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|---|-------------------|-----------|
| LECITHIN, SOYBEAN (UNII: 1DI56QDM62) (LECITHIN, SOYBEAN - UNII:1DI56QDM62) | LECITHIN, SOYBEAN | 30 [hp_C] |
| ZINC (UNII: J41CSQ7QDS) (ZINC - UNII:J41CSQ7QDS) | ZINC | 30 [hp_C] |

Inactive Ingredients

| Ingredient Name | Strength |
|-----------------------------------|----------|
| SUCROSE (UNII: C151H8M554) | |

Product Characteristics

| | | | |
|-----------------|-------------------------|---------------------|-----|
| Color | white (White spheroids) | Score | |
| Shape | | Size | 4mm |
| Flavor | | Imprint Code | |
| Contains | | | |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|--|----------------------|--------------------|
| 1 | NDC:74474-401-01 | 1 in 1 TUBE | 08/15/2021 | |
| 1 | | 1 in 1 BOTTLE, DISPENSING; Type 0: Not a Combination Product | | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|------------------------|--|----------------------|--------------------|
| unapproved homeopathic | | 08/15/2021 | |

Labeler - Terravitals LLC (117322434)

Establishment

| Name | Address | ID/FEI | Business Operations |
|-----------------|---------|-----------|------------------------|
| Terravitals LLC | | 117322434 | manufacture(74474-401) |

Revised: 8/2021

Terravitals LLC