

ALLERGY RELIEF- diphenhydramine hcl tablet, film coated
H E B

HEB 44-329

Active ingredient (in each tablet)

Diphenhydramine HCl 25 mg

Purpose

Antihistamine

Uses

- temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:
 - runny nose
 - itchy, watery eyes
 - sneezing
 - itching of the nose or throat
- temporarily relieves these symptoms due to the common cold:
 - runny nose
 - sneezing

Warnings

Do not use

- to make a child sleepy
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

- marked drowsiness may occur
- avoid alcoholic beverages
- alcohol, sedatives, and tranquilizers may increase drowsiness
- use caution when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- **do not take more than directed**
- take every 4 to 6 hours, or as directed by a doctor
- do not take more than 6 times in 24 hours

adults and children 12 years and over	1 to 2 tablets
children 6 to under 12 years	1 tablet
children under 6 years	do not use

Other information

- **each tablet contains:** calcium 30 mg
- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN**
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- protect from moisture
- see end flap for expiration date and lot number

Inactive ingredients

corn starch, D&C red #27 aluminum lake, dibasic calcium phosphate dihydrate, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, silicon dioxide, stearic acid, talc, titanium dioxide

Questions or comments?

1-800-426-9391

Principal display panel

Compare to Benadryl® Allergy ULTRATAB® Tablets active ingredient*

NDC 37808-932-08

H-E-B®

Allergy Relief

Diphenhydramine HCl, 25 mg
Antihistamine

ALLERGY RELIEF

diphenhydramine hcl tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37808-932
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
STARCH, CORN (UNII: O8232NY3SJ)	
D&C RED NO. 27 ALUMINUM LAKE (UNII: ZK64F7XSTX)	
DIBASIC CALCIUM PHOSPHATE DIHYDRATE (UNII: O7TSZ97GEP)	
MAGNESIUM STEARATE (UNII: 70097M6130)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	pink	Score	no score
Shape	OVAL	Size	11mm
Flavor		Imprint Code	44;329
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-932-08	2 in 1 CARTON	03/02/1990	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:37808-932-78	600 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	03/02/1990	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	03/02/1990	

Labeler - H E B (007924756)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	pack(37808-932)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(37808-932) , pack(37808-932)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(37808-932)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	manufacture(37808-932)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	pack(37808-932)

Revised: 1/2026

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