

**CARING MILL CHEST RUB- camphor, eucalyptus oil, menthol ointment
FSA Store Inc.**

Drug Facts - Caring Mill Chest Rub

Active ingredients

Camphor 4.8%

Eucalyptus oil 1.2%

Menthol 2.6%

Purpose

Camphor - Cough suppressant & topical analgesic

Eucalyptus oil - Cough suppressant

Menthol - Cough suppressant & topical analgesic

Uses

- temporarily relieves cough due to minor throat and bronchial irritation associated with a cold
- temporarily relieves minor aches and pains of muscles and joints

Warnings

For external use only

Ask a doctor before use if you have

- cough that occurs with too much phlegm (mucus)
- chronic cough that lasts or as occurs with smoking, asthma, or emphysema

When using this product

- **do not heat, microwave, or add to hot water or any container where heating water. May cause splattering and result in burns.**
- do not take by mouth or place in nostrils
- do not get into eyes
- do not apply to wounds or damaged skin
- do not bandage tightly

Stop use and ask a doctor if

- cough lasts more than 7 days, comes back, or occurs with fever, rash, or headache that lasts. These could be signs of a serious condition.
- muscle aches and pains worsen, persist for more than 7 days, or clear up and occur again within a few days

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- **see important warning under "When using this product"**
- adults and children 2 years and over:
 - rub a thick layer on the throat and chest for cough, or rub on sore aching muscles or joints
 - cover with a warm, dry cloth if desired
 - clothing should be left loose about throat and chest to help vapors reach the nose and mouth
 - use up to 3 times daily or as directed by a doctor
- children under 2 years: ask a doctor

Inactive ingredients

fragrance, petrolatum, thymol, turpentine oil

Questions?

Call: **1-877-636-2677**

Principal Display Panel



CARING MILL CHEST RUB

camphor, eucalyptus oil, menthol ointment

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:81522-725
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CAMPBOR (SYNTHETIC) (UNII: 5TJD82A1ET) (CAMPBOR (SYNTHETIC) - UNII:5TJD82A1ET)	CAMPBOR (SYNTHETIC)	48 mg in 1 g
EUCALYPTUS OIL (UNII: 2R04ONI662) (EUCALYPTUS OIL - UNII:2R04ONI662)	EUCALYPTUS OIL	12 mg in 1 g
MENTHOL, UNSPECIFIED FORM (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	26 mg in 1 g

Inactive Ingredients

Ingredient Name	Strength
PETROLATUM (UNII: 4T6H12BN9U)	
THYMOL (UNII: 3J50XA376E)	
TURPENTINE (UNII: XJ6RUH004G)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:81522-725-01	1 in 1 CARTON	01/28/2022	
1		50 g in 1 JAR; Type 0: Not a Combination Product		
2	NDC:81522-725-02	1 in 1 CARTON	01/28/2022	
2		100 g in 1 JAR; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	01/28/2022	

Labeler - FSA Store Inc. (049283340)

Revised: 12/2024

FSA Store Inc.