

RELIEVE A PAIN- lidocaine lotion

Relieve A Pain LLC

Active Ingredients

Lidocaine HCL 4.0% w/w

Purpose

Topical Analgesic

Uses

For temporary relief of pain and itching.

Warnings

For external use only

Avoid contact with eyes

Do not use in large quantities, particularly over raw surfaces or blistered areas.

Discontinue use and consult a doctor if

- Condition worsens, or if symptoms persist for more than 7 days or clear up and occur again within a few days.

Keep out of reach of children

- If the product is swallowed, get medical help or contact a Poison Control Center right away.

Directions

For adults and children 12 years or older: Apply to affected area not more than 3 to 4 times daily.

Children under 12 years of age: consult a physician.

Other information

Protect this product from excessive heat and direct sun.

Inactive Ingredients

Arnica Montana Flower Extract, C13-14 Isoparaffin, Chondroitin Sulfate, Dimethyl Sulfone (MSM), Emu Oil, Ethylhexylglycerin, Glucosamine Sulfate, Glycerin, Isopropyl

Palmitate, Laureth-7, Phenoxyethanol, Polyacrylamide, Propylene Glycol, Stearic Acid, Triethanolamine, Water

Product label

**Elisabeth
Lachmann MD**

**relieve·a
PAIN™**

**PHYSICIAN
FORMULATED**

**FAST-ACTING
PAIN RELIEF:**

- Back ▪ Muscle
- Joint Pain

Contains 4% Lidocaine

topical roll-on

3 fl oz / 89 ml

Drug Facts

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Distributed by Relieve-A-Pain LLC
New York, NY 10128

Questions or comments?
Call 646-237-8217



RELIEVE A PAIN

lidocaine lotion

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:87198-001
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
LIDOCAINE (UNII: 98PI200987) (LIDOCAINE - UNII:98PI200987)	LIDOCAINE	4 g in 100 g

Inactive Ingredients

Ingredient Name	Strength
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ)	
C13-14 ISOPARAFFIN (UNII: E4F12ROE70)	

SODIUM CHONDROITIN SULFATE (PORCINE; 5500 MW) (UNII: H5BJH23Z9A)	
DIMETHYL SULFONE (UNII: 9H4PO4Z4FT)	
EMU OIL (UNII: 344821WD61)	
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)	
GLUCOSAMINE SULFATE (UNII: 1FW7WLR731)	
GLYCERIN (UNII: PDC6A3C0OX)	
ISOPROPYL PALMITATE (UNII: 8CRQ2TH63M)	
LAURETH-7 (UNII: Z95S6G8201)	
PHENOXYETHANOL (UNII: HIE492ZZ3T)	
POLYACRYLAMIDE (1500 MW) (UNII: 5D6TC4BRWW)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TROLAMINE (UNII: 9O3K93S3TK)	
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:87198-001-01	89 g in 1 APPLICATOR; Type 0: Not a Combination Product	10/15/2025	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	10/15/2025	

Labeler - Relieve A Pain LLC (144857290)

Establishment

Name	Address	ID/FEI	Business Operations
Southeast Holding, LLC dba AIG Technologies		080504027	manufacture(87198-001)

Revised: 1/2026

Relieve A Pain LLC