

# **RELIEVE A PAIN- lidocaine lotion**

## **Relieve A Pain LLC**

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### **Active Ingredients**

Lidocaine HCL 4.0% w/w

### **Purpose**

Topical Analgesic

### **Uses**

For temporary relief of pain and itching.

### **Warnings**

#### **For external use only**

#### **Avoid contact with eyes**

**Do not use** in large quantities, particularly over raw surfaces or blistered areas.

#### **Discontinue use and consult a doctor if**

- Condition worsens, or if symptoms persist for more than 7 days or clear up and occur again within a few days.

#### **Keep out of reach of children**

- If the product is swallowed, get medical help or contact a Poison Control Center right away.

### **Directions**

For adults and children 12 years or older: Apply to affected area not more than 3 to 4 times daily.

Children under 12 years of age: consult a physician.

### **Other information**

Protect this product from excessive heat and direct sun.

### **Inactive Ingredients**

Arnica Montana Flower Extract, C13-14 Isoparaffin, Chondroitin Sulfate, Dimethyl Sulfone (MSM), Emu Oil, Ethylhexylglycerin, Glucosamine Sulfate, Glycerin, Isopropyl

Palmitate, Laureth-7, Phenoxyethanol, Polyacrylamide, Propylene Glycol, Stearic Acid, Triethanolamine, Water

## Product label

**Elisabeth  
Lachmann MD**

**relieve-a  
PAIN™**



**FAST-ACTING  
PAIN RELIEF:**

- Back ▪ Muscle
- Joint Pain

**Contains 4% Lidocaine**

**topical roll-on**

3 fl oz / 89 ml

**Drug Facts**

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Arnica Montana Flower Extract, C13-14 Isoparaffin, Chondroitin Sulfate, Dimethyl Sulfone (MSM), Emu Oil, Ethylhexylglycerin, Glucosamine Sulfate, Glycerin, Isopropyl Palmitate, Laureth-7, Phenoxyethanol, Polyacrylamide, Propylene Glycol, Stearic Acid, Triethanolamine, Water

Distributed by Relieve-A-Pain LLC  
New York, NY 10128

Questions or comments?  
Call 646-237-6217



## RELIEVE A PAIN

lidocaine lotion

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:87198-001
Route of Administration	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
LIDOCAINE (UNII: 98PI200987) (LIDOCAINE - UNII:98PI200987)	LIDOCAINE	4 g in 100 g

### Inactive Ingredients

Ingredient Name	Strength
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ)	
C13-14 ISOPARAFFIN (UNII: E4F12ROE70)	

**SODIUM CHONDROITIN SULFATE (PORCINE; 5500 MW) (UNII: H5BJH23Z9A)**

**DIMETHYL SULFONE (UNII: 9H4PO4Z4FT)**

**EMU OIL (UNII: 344821WD61)**

**ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)**

**GLUCOSAMINE SULFATE (UNII: 1FW7WLR731)**

**GLYCERIN (UNII: PDC6A3C00X)**

**ISOPROPYL PALMITATE (UNII: 8CRQ2TH63M)**

**LAURETH-7 (UNII: Z95S6G8201)**

**PHENOXYETHANOL (UNII: HIE492ZZ3T)**

**POLYACRYLAMIDE (1500 MW) (UNII: 5D6TC4BRWW)**

**PROPYLENE GLYCOL (UNII: 6DC9Q167V3)**

**STEARIC ACID (UNII: 4ELV7Z65AP)**

**TROLAMINE (UNII: 9O3K93S3TK)**

**WATER (UNII: 059QF0KO0R)**

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:87198-001-01	89 g in 1 APPLICATOR; Type 0: Not a Combination Product	10/15/2025	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	10/15/2025	

**Labeler** - Relieve A Pain LLC (144857290)

## Establishment

Name	Address	ID/FEI	Business Operations
Southeast Holding, LLC dba AIG Technologies		080504027	manufacture(87198-001)

Revised: 1/2026

Relieve A Pain LLC