

**BHI SINUS- euphorbia resinifera resin, goldenseal, potassium dichromate, potassium iodide, phosphorus, pulsatilla vulgaris, and thuja occidentalis leafy twig tablet**  
**MediNatura Inc**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**BHI Sinus Tablet**

**ACTIVE INGREDIENTS**

**Each tablet contains:** \*Euphorbium officinarum 6X, \*Hydrastis canadensis 6X, Kali bichromicum 6X, Kali iodatum 8X, \*Phosphorus 8X, \*Pulsatilla 4X, \*Thuja occidentalis 6X 42.9 mg each.

**\*Natural Ingredients**

**INACTIVE INGREDIENTS**

Inactive Ingredients: Dextrose, Magnesium Stearate, Maltodextrin

**PURPOSE**

**Sinus Relief Tablets**

**Relieves:**

- **Nasal Congestion**
- **Sinus Headache & Pressure**
- **Cold/Flu Nasal Symptoms**

**USES**

For the temporary relief of minor sinus congestion and pressure due to allergic rhinitis and colds

**Directions**

**At first sign of symptoms: Adults and children 4 years and older:** 1 tablet every 1/2 to 1 hour until symptoms lessen, then continue with standard dosage.

**Standard dosage: Adults and children 4 years and older:** Take 1-2 tablet every 4 to 6 hours. Do not exceed 12 tablets in 24 hours. **For children under 4,** consult your health professional.

Allow tablets to dissolve completely in the mouth, do not swallow.

## WARNINGS

**If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children.** If symptoms persist or worsen, a health professional should be consulted. **Do not** use if known sensitivity to BHI Sinus or any of its ingredients exists.

## KEEP OUT OF REACH OF CHILDREN

**Keep out of reach of children.**

**Drug Facts (Continued)**

**Uses:** For the temporary relief of minor sinus congestion and pressure due to allergic rhinitis and colds/flu.

**Warnings: If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children.** If symptoms persist or worsen, a health professional should be consulted. **Do not use** if known sensitivity to BHI Sinus or any of its ingredients exists.

**Directions:** At the first sign of symptoms: **Adults and children 4 years and older:** 1 tablet every 1/2 to 1 hour until symptoms lessen, then continue with standard dosage. **Standard dosage: Adults and children 4 years and older:** Take 1-2 tablets every 4-6 hours. Do not exceed 12 tablets in 24 hours. **For children under 4, consult your health professional. Allow tablets to dissolve completely in the mouth, do not swallow.**

**Other Information: Tamper Evident:** Use this product only if shrink seal around neck and cap is intact. Store at room temperature. Protect from light and moisture. **Please retain outer carton for full product instructions.**

**Inactive Ingredients:** Dextrose, Magnesium stearate, Maltodextrin

**Questions? Call weekdays 8AM-4PM Mountain 1-844-MediNatura (1-844-633-4628) or email [info@MediNatura.com](mailto:info@MediNatura.com)**

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**The BHI Story**

Dr. Reckeweg, M.D. believed that health comes from light – the sun gives life to plants, and plants give health to humans.

Dr. Reckeweg found that using multi-ingredient plant-based remedies gave his patients greater relief of more symptoms than single-ingredient products. His homeopathic remedies soon became the most popular ones in Germany.

After relocating to the sunny high desert of New Mexico, he founded the BHI brand. For over 40 years we have been faithful to Dr. Reckeweg's "sunny" philosophy which has given Americans guaranteed relief millions of times without the side-effects of non-natural medicines. If you don't love this remedy, send us your receipt for a full refund (visit [MediNatura.com](http://MediNatura.com) for details).

**BHI SINUS**  
Sinus Symptom Relief Tablets

**40+**  
years of  
safe relief

**NATURAL RELIEF** from

- Nasal Congestion
- Sinus Headache & Pressure
- Cold/Flu Nasal Symptoms

100 TABLETS  
MediNatura HOMEOPATHIC

**Drug Facts**

Active Ingredient**	Purpose
Euphorbium officinarum 6X.....	Relieves nasal congestion and runny nose
Hydrastis canadensis 6X.....	Relieves hayfever symptoms
Kali bichromicum 6X.....	Relieves sinus headache & pressure
Kali iodatum 6X.....	Relieves sneezing and runny nose
Phosphorus 6X.....	Relieves nasal congestion and sinus pressure
Platanus 4X.....	Relieves stuffy nose and sinus pressure
Thuja occidentalis 6X.....	Relieves runny nose and sinus headache

\*\*Natural Ingredient  
\*\*Each tablet contains equal amounts of each ingredient

X is a homeopathic dilution. For more information visit [www.MediNatura.com](http://www.MediNatura.com)

Claims based on homeopathic practice, not accepted medical evidence. Not FDA evaluated.

MediNatura  
10421 Research Rd,  
Albuquerque, NM 87123  
[www.MediNatura.com](http://www.MediNatura.com)

Made in a U.S. facility from global ingredients

RECYCLABLE  
7 87647 10060 6

Lot:  
Exp. date:

Add image transcription here...

**BHI SINUS**

euphorbia resinifera resin, goldenseal, potassium dichromate, potassium iodide, phosphorus, pulsatilla vulgaris, and thuja occidentalis leafy twig tablet

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:62795-1017
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>EUPHORBIA RESINIFERA RESIN</b> (UNII: 1T11O9028K) (EUPHORBIA RESINIFERA RESIN - UNII:1T11O9028K)	EUPHORBIA RESINIFERA RESIN	6 [hp_X]
<b>GOLDENSEAL</b> (UNII: ZW3Z11D0JV) (GOLDENSEAL - UNII:ZW3Z11D0JV)	GOLDENSEAL	6 [hp_X]
<b>POTASSIUM DICHROMATE</b> (UNII: T4423S18FM) (DICHROMATE ION - UNII:9LKY4BFN2V)	POTASSIUM DICHROMATE	6 [hp_X]
<b>POTASSIUM IODIDE</b> (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)	IODIDE ION	8 [hp_X]
<b>PHOSPHORUS</b> (UNII: 27YLU75U4W) (PHOSPHORUS - UNII:27YLU75U4W)	PHOSPHORUS	8 [hp_X]
<b>PULSATILLA VULGARIS</b> (UNII: I76KB35JEV) (PULSATILLA VULGARIS - UNII:I76KB35JEV)	PULSATILLA VULGARIS	4 [hp_X]
<b>THUJA OCCIDENTALIS LEAFY TWIG</b> (UNII: 1NT28V9397) (THUJA OCCIDENTALIS LEAFY TWG - UNII:1NT28V9397)	THUJA OCCIDENTALIS LEAFY TWG	6 [hp_X]

## Inactive Ingredients

Ingredient Name	Strength
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>DEXTROSE</b> (UNII: IY9XDZ35W2)	

## Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	9mm
<b>Flavor</b>		<b>Imprint Code</b>	Leafman
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:62795-1017-3	1 in 1 CARTON	01/01/2015	
1		100 in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
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unapproved homeopathic		01/01/2015	
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**Labeler** - MediNatura Inc (079324099)

## Establishment

Name	Address	ID/FEI	Business Operations
MediNatura Inc		102783016	manufacture(62795-1017)

Revised: 8/2022

MediNatura Inc