# UMCKA COLDCARE DAY PLUS NIGHT- umcka coldcare day plus night Schwabe North America, Inc.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

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#### Umcka ColdCare Day + Night

#### **Active Ingredient**

Umcka CC Day: Pelargonium sidoides 1X

Umcka CC Night: Pelargonium sidoides 1X

Chamomilla recutila 2X

Humulus Lupulus 1X

Passiflora incarnate 1X

#### **Inactive Ingredient**

Umcka CC Day: Citric acid, maltodextrin, natural flavor, silica, turmeric color, xylitol. Umcka CC Night: Citric acid, honey, lactose monohydrate, lou han guo, maltodextrin, natural flavor, silica, stevia leaf extract, turmeric color, xylitol.

### **Dosage & Administration**

Directions

Umcka CC Day: Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children. For best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease.

Adults/Children 12 years of age and older: Take 1 packet 2 times daily

Children 6-11 years of age: Take 1 packet 2 times daily

Children under 6 years of age: Consult a doctor

Umcka CC Night: Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children. For best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease.

Adults/Children 12 years of age and older: Take 1 packet 30 minutes prior to bedtime

Children 6-11 years of age: Take 1/2 packet 30 minutes prior to bedtime

Children under 6 years of age: Consult a doctor

#### Indications & Usage

Umcka CC Day: Shortens duration and reduces severity of symptoms associated with common colds and throat/nasal/bronchial irritations: congestion, cough, hoarseness, sore throat

Umcka CC Night: Shortens duration and reduces severity of symptoms associated with common colds and throat/nasal/bronchial irritations: congestion, cough, hoarseness, sore throat

#### **Purpose**

Umcka CC Day: Shortens duration and reduces severity of symptoms associated with common colds and throat/nasal/bronchial irritations: congestion, cough, hoarseness, sore throat

Umcka CC Night: Shortens duration and reduces severity of symptoms associated with common colds and throat/nasal/bronchial irritations: congestion, cough, hoarseness, sore throat

#### **Warnings**

Umcka CC Day: Sore throat warning: severe or presistent sore throat for more than 2 days or if accompanied by high fever, headache, nausea, vomiting or rash may be serious. Consult a physician promptly.

Umcka CC Night: Sore throat warning: severe or presistent sore throat for more than 2 days or if accompanied by high fever, headache, nausea, vomiting or rash may be serious. Consult a physician promptly.

#### **Ask Doctor**

Umcka CC Day: Ask a doctor before use if you have a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema, have a cough that is accompanied by excessive phlegm (mucus), are taking any medications, have any allergy to plants of the Geraniaceae family.

Umcka CC Night: Ask a doctor before use if you have a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema, have a cough that is accompanied by excessive phlegm (mucus), are taking any medications, have any allergy to plants of the Geraniaceae family.

#### Stop Use

Umcka CC Day: Stop use and ask a doctor if new symptoms occur, symptoms worsen or do not get better within 7 days, fever worsens or lasts more than 3 days, cough lasts more than 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

Umcka CC Night: Stop use and ask a doctor if new symptoms occur, symptoms worsen or do not get better within 7 days, fever worsens or lasts more than 3 days, cough lasts

more than 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

#### **Pregnancy or Breast feeding**

Umcka CC Day: If pregnant or breast-feeding, ask a healthcare professional before use.

Umcka CC Night: If pregnant or breast-feeding, ask a healthcare professional before use.

#### Keep out of reach of children.

Umcka CC Day: Keep out of reach of children.

Umcka CC Night: Keep out of reach of children.

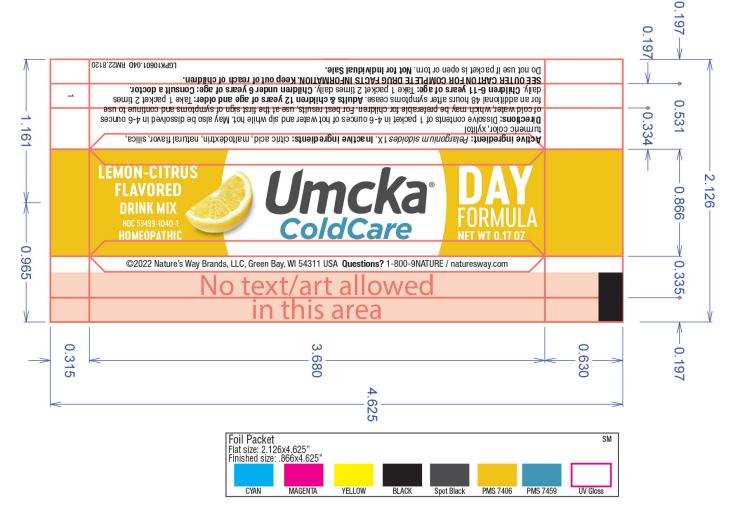
#### **Overdose**

Umcka CC Day: In case of overdose, seek medical help or contact a Poison Control Center immediately.

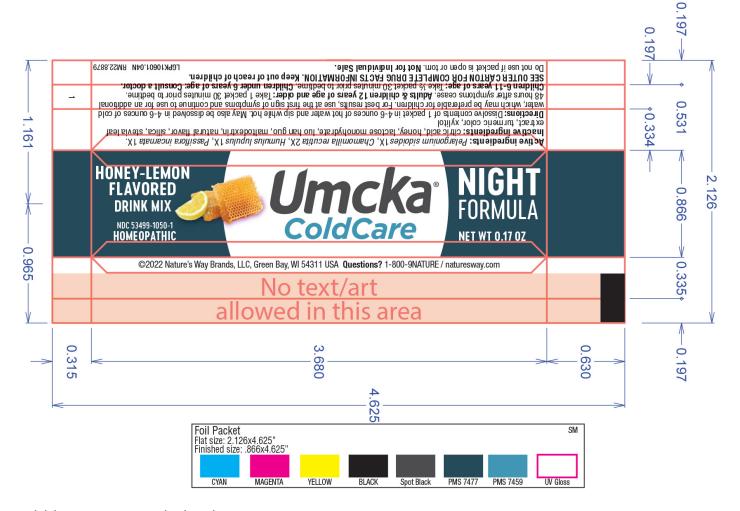
Umcka CC Night: In case of overdose, seek medical help or contact a Poison Control Center immediately.



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UMCKA COLDCARE DAY PLUS NIGHT umcka coldcare day plus night kit						
Produ	ıct Informat	ion				
Produc	t Type	HUMAN OTC DRUG	Item Code (Source)	NDC:53499-1060		
Packa	ging					
# It	em Code	<b>Package Description</b>	<b>Marketing Start Date</b>	Marketing End Date		
1 NDC:5	53499-1060-1	1 in 1 CARTON	12/09/2015	02/28/2026		
Quant	ity of Parts					
Part #	Pa	ckage Quantity	Total Produ	uct Quantity		
Part 1	1 POUCH		5 g			
Part 2	1 POUCH		5 g			
Part	Part 1 of 2					

## **UMCKA COLDCARE DAY**

pelargonium sidoides root powder

#### **Product Information**

Item Code (Source) NDC:53499-1040

**Route of Administration** Oral

## **Active Ingredient/Active Moiety**

Ingredient Name	<b>Basis of Strength</b>	Strength
	PELARGONIUM SIDOIDES ROOT	1 [hp_X] in 5 g

Inactive Ingredients			
Ingredient Name	Strength		
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)			
MALTODEXTRIN (UNII: 7CVR7L4A2D)			
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)			
TURMERIC (UNII: 856YO1Z64F)			
XYLITOL (UNII: VCQ006KQ1E)			

Product Characteristics				
Color		Score		
Shape		Size		
Flavor	LEMON, CITRUS	Imprint Code		
Contains				

Packaging				
# Item Code	Package Description	Marketing Start Date	Marketing End Date	
1 NDC:53499- 1040-1	8 in 1 PACKAGE			
1	5 g in 1 POUCH; Type 0: Not a Combination Product			

Marketing Information					
Marketing Application Number or Monograph Marketing Start Marketing End Category Citation Date Date					
unapproved homeopathic		12/09/2015	02/28/2026		

## Part 2 of 2

## **UMCKA COLDCARE NIGHT**

pelargonium sidoides root, chamomile, humulus lupulus whole, passiflora incarnata whole powder

#### **Product Information**

Item Code (Source) NDC:53499-1050

**Route of Administration** ORAL

Active Ingredient/Active Moiety				
Ingredient Name	<b>Basis of Strength</b>	Strength		
PELARGONIUM SIDOIDES ROOT (UNII: H6J53HEX8E) (PELARGONIUM SIDOIDES ROOT - UNII: H6J53HEX8E)	PELARGONIUM SIDOIDES ROOT	1 [hp_X] in 5 g		
CHAMOMILE (UNII: FGL3685T2X) (CHAMOMILE - UNII:FGL3685T2X)	CHAMOMILE	2 [hp_X] in 5 g		
<b>HUMULUS LUPULUS WHOLE</b> (UNII: 912A6Q1N4A) ( HUMULUS LUPULUS WHOLE - UNII:912A6Q1N4A)	HUMULUS LUPULUS WHOLE	1 [hp_X] in 5 g		
PASSIFLORA INCARNATA WHOLE (UNII: R48E2W2LMO) ( PASSIFLORA INCARNATA WHOLE - UNII:R48E2W2LMO)	PASSIFLORA INCARNATA WHOLE	1 [hp_X] in 5 g		

Inactive Ingredients		
Ingredient Name	Strength	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)		
HONEY (UNII: Y9H1V576FH)		
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)		
SIRAITIA GROSVENORII FRUIT (UNII: NOU2FB51TW)		
MALTODEXTRIN (UNII: 7CVR7L4A2D)		
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)		
STEVIA LEAF (UNII: 6TC6NN0876)		
TURMERIC (UNII: 856YO1Z64F)		
XYLITOL (UNII: VCQ006KQ1E)		

Product Characteristics				
Color		Score		
Shape		Size		
Flavor	HONEY, LEMON	Imprint Code		
Contains				

P	Packaging					
#	Item Code	Package Description	Marketing Start Date	Marketing End Date		
1	NDC:53499- 1050-1	4 in 1 PACKAGE				
1		5 g in 1 POUCH; Type 0: Not a Combination Product				

Marketing Information					
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date		
unapproved homeopathic		12/09/2015	02/28/2026		

Marketing Information					
Marketing Application Number or Monograph Marketing Start Marketing End Category Citation Date Date					
unapproved homeopathic		12/09/2015	02/28/2026		

## Labeler - Schwabe North America, Inc. (831153908)

Establishment			
Name	Address	ID/FEI	<b>Business Operations</b>
Schwabe North America, Inc.		831153908	manufacture(53499-1060)

Establishment					
Name	Address	ID/FEI	Business Operations		
ProSolutions, Inc.		070769782	label(53499-1060), pack(53499-1060)		

Revised: 10/2024 Schwabe North America, Inc.