

NIGHTTIME SLEEP AID- diphenhydramine hydrochloride capsule, liquid filled H E B

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

Active ingredient (in each softgel)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as asthma, emphysema, or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

When using this product

avoid alcoholic beverages

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. (1800-222-1222)

Directions

- take only one dose (2 softgels) per day (24 hours)

- swallow whole; do not crush, chew, or dissolve
- adults & children 12 yrs and over
 - take 2 softgels at bedtime, if needed or as directed by a doctor
- children under 12 years of age: do not use

Other information

- store between 20-25°C (68-77°F)
- avoid excessive heat above 40°C (104°F) and high humidity
- protect from light

Inactive ingredients

edible white ink, FD&C blue #1, FD&C red #40, gelatin, glycerin, polyethylene glycol 400, propylene glycol*, purified water, sorbitan, sorbitol

*may contain this ingredient

Questions or comments?

Call toll free: 1-877-753-3935 Monday-Friday 9AM-5PM EST

Principal Display Panel

Compare to Vicks® ZZZQuil® active ingredient**

See Warnings

Nighttime Sleep-Aid

Diphenhydramine HCl 25 mg

Helps You Fall Asleep

- Non Habit-Forming
- Not For Treating Cold or Flu

SOFTGELS

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Failure to follow these warnings could result in serious consequences.

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

TAMPER EVIDENT: DO NOT USE IF CARTON IS OPENED OR IF BLISTER UNIT IS TORN, BROKEN OR SHOWS ANY SIGNS OF TAMPERING.

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

MADE WITH PRIDE AND CARE FOR

H-E-B®, SAN ANTONIO, TX 78204

Product Label

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Active ingredient (in each softgel) Diphenhydramine HCl 25 mg	Purpose Nighttime sleep-aid
Uses ■ for the relief of occasional sleeplessness ■ reduces time to fall asleep if you have difficulty falling asleep	
Warnings	
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Ask a doctor before use if you have ■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma ■ trouble urinating due to an enlarged prostate gland	
Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.	
When using this product, avoid alcoholic beverages.	
Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)	
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Compare to Vicks® ZzzQuil® active ingredient**

NDC 37808-104-24
See Warnings

H-E-B

MADE WITH PRIDE AND CARE FOR H-E-B® SAN ANTONIO, TX 78204

100% GUARANTEE promise
If you aren't completely pleased with this product, we'll be happy to replace it or refund your money. You have our word on it.

Nighttime Sleep-Aid
Diphenhydramine HCl 25 mg

Helps You Fall Asleep

- Non Habit-Forming
- Not For Treating Cold Or Flu

24 SOFTGELS

actual size

8150-1707

PLD-C188E FC004430

Lot No.:

Exp. Date:

H-E-B Nighttime Sleep-Aid

NIGHTTIME SLEEP AID

diphenhydramine hydrochloride capsule, liquid filled

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37808-104
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: HBR47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)	

WATER (UNII: 059QF0KO0R)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
SORBITOL (UNII: 506T60A25R)	
SORBITAN (UNII: 6O92ICV9RU)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	

Product Characteristics

Color	PURPLE	Score	no score
Shape	CAPSULE	Size	15mm
Flavor		Imprint Code	A41;602
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-104-24	24 in 1 CARTON	12/31/2014	
1		1 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH FINAL	part338	12/31/2014	

Labeler - HEB (007924756)

Revised: 12/2019

HEB