

ZICAM EXTREME CONGESTION RELIEF- oxymetazoline hydrochloride spray
Church & Dwight Co., Inc.

Zicam® Extreme Congestion Relief Nasal Spray

Active ingredient

Oxymetazoline hydrochloride 0.05%

Purpose

Nasal decongestant

Uses

- temporarily relieves nasal congestion due to:
 - the common cold
 - hay fever
 - upper respiratory allergies
- temporarily relieves sinus congestion and pressure
- helps clear nasal passages
- shrinks swollen membranes

Warnings

Ask a doctor before use if you have

- heart disease
- high blood pressure
- thyroid disease
- diabetes
- trouble urinating due to an enlarged prostate gland

When using this product

- **do not use more than directed**
- do not use for more than 3 days. Use only as directed. Frequent or prolonged use may cause nasal congestion to recur or worsen.
- temporary discomfort such as burning, stinging, sneezing or an increase in nasal discharge may result
- use of this container by more than one person may spread infection

Stop use and ask a doctor if symptoms persist

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- adults and children 6 to under 12 years of age (with adult supervision): 2 or 3 sprays in each nostril not more often than every 10 to 12 hours. Do not exceed 2 doses in any 24-hour period.
- children under 6 years of age: ask a doctor

To use pump:

- to open, hold the actuator to squeeze and turn cap
- hold with thumb at bottom of bottle and nozzle between fingers
- before using the first time, prime pump by depressing several times
- place tip of nozzle just past nasal opening (approximately 1/8")
- pump 2 or 3 times in each nostril without tilting your head. Sniff deeply.
- wipe nozzle clean after use
- to close, turn cap until it 'clicks'

Other information

Inactive ingredients

aloe barbadensis gel, benzalkonium chloride, benzyl alcohol, disodium EDTA, disodium phosphate, glycerin, hydroxyethylcellulose, monosodium phosphate, purified water

Questions? Comments?

call 877-942-2626 toll free

www.zicam.com

PRINCIPAL DISPLAY PANEL - 15 mL Bottle Carton

ZICAM®

EXTREME
CONGESTION
RELIEF

OXYMETAZOLINE HCl 0.05%
NASAL DECONGESTANT

12
HOUR
RELIEF

COLDS*ALLERGIES

Fast, Powerful
Congestion
Relief

No-Drip Liquid®
NASAL SPRAY

Soothing
Aloe Vera

0.50 FL OZ (15 mL)

Drug Facts

Active ingredient **Purpose**
Oxymetazoline Nasal
hydrochloride 0.05%.....decongestant

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Drug Facts (continued)

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- to close, turn cap until it 'clicks'

Other information

- store between 15-29°C (59-84°F)
- retain carton for future reference on full labeling

Inactive ingredients
aloe barbadensis gel, benzalkonium chloride, benzyl alcohol, disodium EDTA, disodium phosphate, glycerin, hydroxyethylcellulose, monosodium phosphate, purified water

KEEP CARTON FOR COMPLETE WARNINGS AND INFORMATION; SEE OPPOSITE PANEL FOR DETAILED INSTRUCTIONS ON HOW TO USE PUMP

SATISFACTION GUARANTEED
Questions? Comments?
call 877-942-2626 toll free
www.zicam.com

DISTRIBUTED BY
CHURCH & DWIGHT CO., INC.
EWING, NJ 08020
US Patent No. 7,714,011

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12/09/09

ZICAM. ZICAM.

EXTREME CONGESTION RELIEF

OXYMETAZOLINE HCl 0.05% NASAL DECONGESTANT

12
HOUR
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COLDS+ALLERGIES

Fast, Powerful
Congestion
Relief

No-Drip Liquid®
NASAL SPRAY

Soothing
Aloe Vera

0.50 FL OZ (15 mL)

TO USE PUMP

- To open, hold white wings with thumb and forefinger; with other hand, pinch gray grips on cap and twist to open.
- Hold with thumb at bottom of bottle and nozzle between your fingers.
- Before using the first time, prime pump by firmly depressing several times.
- Place tip of nozzle just past nasal opening (approximately 1/8").
- Pump 2 or 3 times into each nostril without tilting your head.
- Sniff deeply. Do not use more often than once every 10 to 12 hours. Do not exceed 2 doses in any 24-hour period. Wipe nozzle clean after use.
- To close, hold white wings in place while turning the gray cap until it clicks.

ZICAM EXTREME CONGESTION RELIEF

oxymetazoline hydrochloride spray

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:10237-464
Route of Administration	NASAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
OXYMETAZOLINE HYDROCHLORIDE (UNII: K89MJ055VY) (OXYMETAZOLINE - UNII: 8VLN5B44ZY)	OXYMETAZOLINE HYDROCHLORIDE	0.5 mg in 1 mL

Inactive Ingredients

Ingredient Name	Strength
ALOE VERA LEAF (UNII: ZY81Z83H0X)	
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)	
BENZYL ALCOHOL (UNII: LKG8494WBH)	
EDETATE DISODIUM (UNII: 7FLD91C86K)	
SODIUM PHOSPHATE, DIBASIC, ANHYDROUS (UNII: 22ADO53M6F)	
GLYCERIN (UNII: PDC6A3C00X)	
HYDROXYETHYL CELLULOSE (100 MPA.S AT 2%) (UNII: R33S7TK2EP)	
SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM (UNII: 3980JIH2SW)	
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:10237-464-15	1 in 1 CARTON	10/01/2021	
1		15 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	10/01/2021	

Labeler - Church & Dwight Co., Inc. (001211952)

Revised: 12/2025

Church & Dwight Co., Inc.