OB COMPLETE PREMIER- .beta.-carotene, calcium as corbate, cholecalciferol, .alpha-tocopherol succinate, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, calcium malate, iron, ferrous as parto glycinate, magnesium malate, zinc glycinate, and copper tablet, coated Vertical Pharmaceuticals, LLC

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**OB** Complete® Premier

**SUPPLEMENT FACTS** 

Supplement Serving Size: 1 Tablet Servings Per Box: 30		
	Amount per Serving	% DV for Pregnant and Lactating Women
Vitamin A (as Beta Carotene) 630 mcg	RAE (2100 IU)	48%
Vitamin C (as Calcium Ascorbate)	120 mg	100%
Calcium (as DimaCal® di-Calcium Malate)*	100 mg	8%
Vitamin D (as Cholecalciferol)	20 mcg (800 IU)	133%
Vitamin E (as d-Alpha Tocopheryl Succinate)	13 mg <sup>†</sup> (20 IU)	68%
Thiamin (as Thiamine Mononitrate)	2 mg	143%
Riboflavin	3.4 mg	213%
Niacin (as Niacinamide)	10 mg NE	56%
Vitamin B6 (as Pyridoxine HCI)	10 mg	500%
Folate (Folic	1667 mcg DFE Acid 1000 mcg)	278%
Vitamin B12 (as Cyanocobalamin)	15 mcg	536%
Iron (as Ferronyl <sup>®</sup> Carbonyl Iron 30 mg and Sumalate <sup>®</sup> ** Ferrous Asparto Glycinate 20 mg	50 mg g)	185%
Magnesium (as Di-Magnesium Malate)*	15 mg	4%
Zinc (as TRAACS® Zinc Glycinate Chelate)*	10 mg	77%
Copper (as Copper Glycinate)	1 mg	77%

Coating (Hydroxypropylmethyl Cellulose, Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Talc and FDC Red #40 Lake), Fumed Silica, Stearic Acid, Magnesium Stearate, Acacia and Povidone K30.

## VEGETARIAN FRIENDLY

# GLUTEN-, LACTOSE- AND SUGAR-FREE

OB Complete® Premier is a prescription multivitamin/multimineral indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and non-lactating mothers.

#### CONTRAINDICATIONS

OB Complete® Premier should not be used by patients with a known hypersensitivity to any of the listed ingredients.

## **WARNINGS**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

## **PRECAUTIONS**

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin  $B_{12}$  is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive. Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

## **DRUG INTERACTIONS**

OB Complete® Premier tablets are not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Clopidogrel).

#### ADVERSE REACTIONS

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

#### DESCRIPTION

OB Complete® Premier is pink tablet, imprinted "VP043".

## **DIRECTIONS FOR USE**

One tablet daily or as directed by a physician.

#### **HOW SUPPLIED**

OB Complete® Premier is supplied in a carton of 30 tablets, packaged in 3 child resistant unit-dose blister cards of 10 tablets per card.

Product Code: 68025-043-30

#### **STORAGE**

Store at controlled room temperature 15°-30°C (59°-86°F) [See USP]. Protect from light, moisture and excessive heat.

## KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.

\*DimaCal and TRAACS are registered trademarks of Albion International, Inc. Malates covered by U.S. Patent No. 6,706,904. Chelate covered by U.S. Patent No. 7,838,042 and patents pending.

\*\*Sumalate® (Ferrous Asparto Glycinate) is a registered trademark of Albion International, Inc. and is covered by the following patents: U.S. Pat. No. 6,716,814; U.S. Pat. No. 8,007,846 and U.S. Pat. No. 8,425,956.

## For use on the order of a healthcare practitioner

Call your doctor about side effects. To report side effects, call Vertical Pharmaceuticals at 1-877-95-VERTI (1-877-958-3784) or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Customer Service: 1-866-600-4799

Distributed by: Vertical Pharmaceuticals, LLC Bridgewater, NJ 08807 Rev. 06/2018



PRINCIPAL DISPLAY PANEL - 30 Tablet Blister Pack Carton

68025-043-30

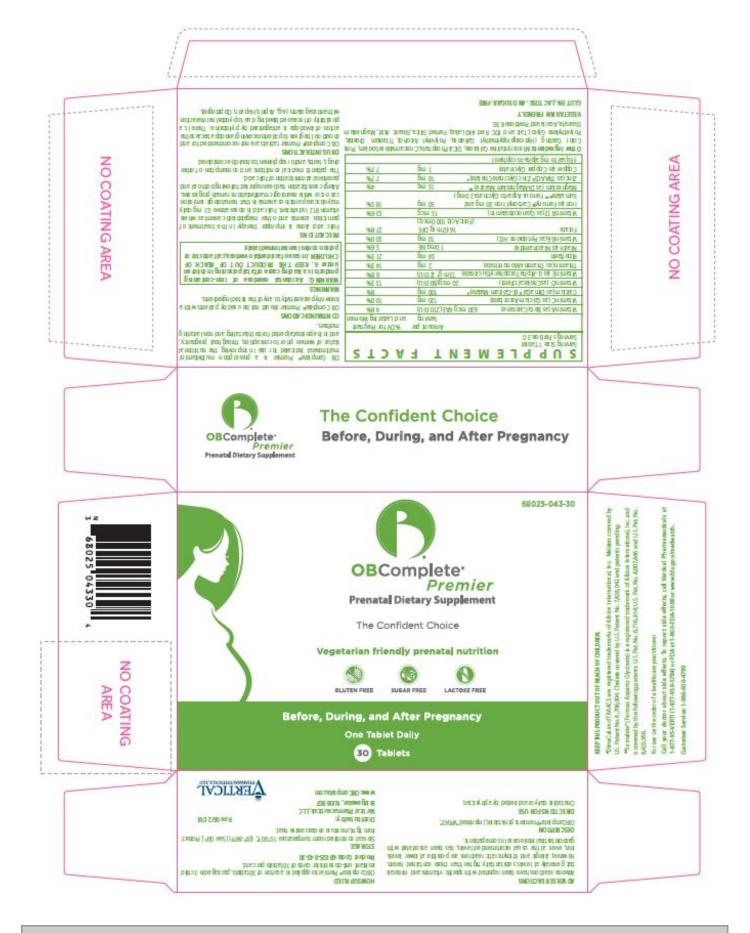
Vegetarian Friendly, Gluten, Lactose and Sugar-Free

OB COMPLETE® Premier

30 Tablets

**VERTICAL** 

PHARMACEUTICALS, LLC



## **OB COMPLETE PREMIER**

.beta.-carotene, calcium ascorbate, cholecalciferol, .alpha.-tocopherol succinate, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, calcium malate, iron, ferrous asparto

glycinate, magnesium malate, zinc glycinate, and copper tablet, coated

Product Information			
Product Type	DIETARY SUPPLEMENT	Item Code (Source)	NHRIC:68025-043
Route of Administration	ORAL		

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
.BETACARO TENE (UNII: 01YAE03M7J) (.BETACARO TENE - UNII:01YAE03M7J)	.BETACAROTENE	2100 [iU]	
CALCIUM ASCORBATE (UNII: 183E4W213W) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	120 mg	
CHOLECALCIFEROL (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	800 [iU]	
.ALPHATO COPHEROL SUCCINATE, D- (UNII: LU4B53JYVE) (.ALPHATOCOPHEROL, D UNII:N9 PR349 0 H9)	.ALPHATOCOPHEROL, D-	20 [iU]	
THIAMINE MONONITRATE (UNII: 8K0 I0 49 19 X) (Thiamine ION - UNII: 4ABT0 J9 45 J)	THIAMINE	2 mg	
RIBOFLAVIN (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	3.4 mg	
NIACINAMIDE (UNII: 25X51I8 RD4) (NIACINAMIDE - UNII:25X51I8 RD4)	NIACINAMIDE	10 mg	
<b>PYRIDO XINE HYDRO CHLO RIDE</b> (UNII: 68 Y4CF58 BV) (PYRIDO XINE - UNII: KV2JZ1BI6 Z)	PYRIDOXINE HYDROCHLORIDE	10 mg	
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg	
CYANO COBALAMIN (UNII: P6 YC3EG204) (CYANOCOBALAMIN - UNII:P6 YC3EG204)	CYANOCOBALAMIN	15 ug	
CALCIUM MALATE (UNII: D48 OP746 DW) (CALCIUM CATION - UNII:2M83C4R6 ZB)	CALCIUM CATION	100 mg	
IRON PENTACARBONYL (UNII: 6WQ62TAQ6Z) (FERROUS CATION - UNII:GW895810WR)	FERROUS CATION	30 mg	
<b>FERROUS ASPARTO GLYCINATE</b> (UNII: H7426 RGB3L) (FERROUS CATION - UNII: GW8 9 58 10 WR)	FERROUS CATION	20 mg	
MAGNESIUM MALATE (UNII: LA9 X9 UJA2Z) (MAGNESIUM CATION - UNII:T6 V3LHY8 38)	MAGNESIUM CATION	15 mg	
ZINC GLYCINATE (UNII: 681VJX72FE) (ZINC CATION - UNII:13S1S8SF37)	ZINC CATION	10 mg	
CUPRIC GLYCINATE (UNII: 68 VAV8 QID7) (CUPRIC CATION - UNII:8 CBV67279 L)	CUPRIC CATION	1 mg	

Inactive Ingredients	
Ingredient Name	Strength
CELLULO SE, MICRO CRYSTALLINE (UNII: OP1R32D61U)	
CALCIUM PHO SPHATE (UNII: 97Z1WI3NDX)	
CROSCARMELLOSE SODIUM (UNII: M28 OL1HH48)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
TITANIUM DIO XIDE (UNII: 15FIX9 V2JP)	
POLYETHYLENE GLYCOLS (UNII: 3WJQ0SDW1A)	
TALC (UNII: 7SEV7J4R1U)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
SILICON DIO XIDE (UNII: ETJ7Z6 XBU4)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
ACACIA (UNII: 5C5403N26O)	
PO VIDO NE K30 (UNII: U725QWY32X)	

# **Packaging**

#	Item Code	Package Description	Marketir	ng Start Date	Ma	rketing End Date
1	NHRIC:68025-043-30	3 in 1 CARTON				
1		10 in 1 BLISTER PACK				
Marketing Information						
I	Marketing Category Ap	oplication Number or Monogra	ph Citation	Marketing Start l	Date	Marketing End Date
D	ETARY SUPPLEMENT			12/31/2010		

Supplement Facts			
Serving Size:		Serving per Container :	
	<b>Amount Per Serving</b>	% Daily Value	
color			
imprint			
scoring	1		
shape			
size (solid drugs)	19 mm		

Labeler - Vertical Pharmaceuticals, LLC (173169017)

Revised: 7/2018 Vertical Pharmaceuticals, LLC