

**YEASTCALM- sodium borate,calendula officinalis flowering top,candida albicans,goldenseal suppository**  
**Laboratoires Boirdon**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**YeastCalm**

**Active Ingredients\*\* (in each suppository)**

Borax 14X HPUS (0.15 g)

Calendula officinalis 1X HPUS (0.15 g)

Candida albicans 30X HPUS (0.15 g)

Hydrastis canadensis 5X HPUS (0.15 g) (contains less than 10 <sup>-3</sup> hydrastine and berberine alkaloids)

The letters "HPUS" indicate that the components in the product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Purpose\***

Borax 14X HPUS (0.15 g) ... Relieves thick vaginal discharge

Calendula officinalis 1X HPUS (0.15 g) ... Healing agent for vaginal mucosa

Candida albicans 30X HPUS (0.15 g) ... Relieves symptoms of yeast infections

Hydrastis canadensis 5X HPUS (0.15 g) ... Reduces vaginal discharge

**Uses\***

- **if this is the first time you have vaginal itching and discomfort, see your doctor to find out if you have a vaginal yeast infection**
- temporarily relieves symptoms of vaginal yeast infection (candidiasis) such as:
  - minor vaginal itching
  - burning
  - discomfort
  - discharge
  - promotes healing of the vaginal mucosa

**For vaginal use only. This product will not cure a yeast infection.**

**Do not use if you have never had a vaginal yeast infection diagnosed by a doctor.**

**YeastCalm vaginal suppository may damage condoms and diaphragms and cause them to fail.**

**Ask a doctor before use if you**

- have vaginal itching and discomfort for the first time

- have one or more of the following: abdominal, back or shoulder pain, fever, chills, nausea, vomiting, or foul-smelling discharge
- get vaginal yeast infections often (such as once a month or three in 6 months). You could be pregnant or have a serious underlying medical cause for your symptoms, including diabetes, or a weakened immune system.
- may have been exposed to the human immunodeficiency virus (HIV) that causes AIDS
- are under 12 years of age.

### **When using this product**

- do not use tampons, douches, spermicides or other vaginal products
- do not have vaginal intercourse (sex)

### **Stop use and ask a doctor if**

- symptoms do not improve in 3 days
- symptoms remain after 7 days
- you get abdominal pain, fever, chills, nausea, vomiting, foul-smelling vaginal discharge, or hives. These may be signs that this product is not working, or you may have a more serious condition, or allergic reaction.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

### **Directions**

- Before using YeastCalm vaginal suppository, read the enclosed educational insert for complete instructions and information.
- Adults 12 years of age and older: Insert one YeastCalm vaginal suppository high into the vagina at bedtime for 7 consecutive nights. Applicator is included.
- Children under 12 years of age: Ask a doctor.

gelatin, glycerin, purified water

BoironUSA.com

Info@Boiron.com

1-800-BOIRON-1 (1-800-264-7661)

Made in France

Distributed by Boiron Inc.

Newtown Square, PA 19073

- do not use if the suppository mold seal is broken
- do not store above 86° F (30° C)
- retain this carton for full drug facts

Yeast Infection Symptoms\*

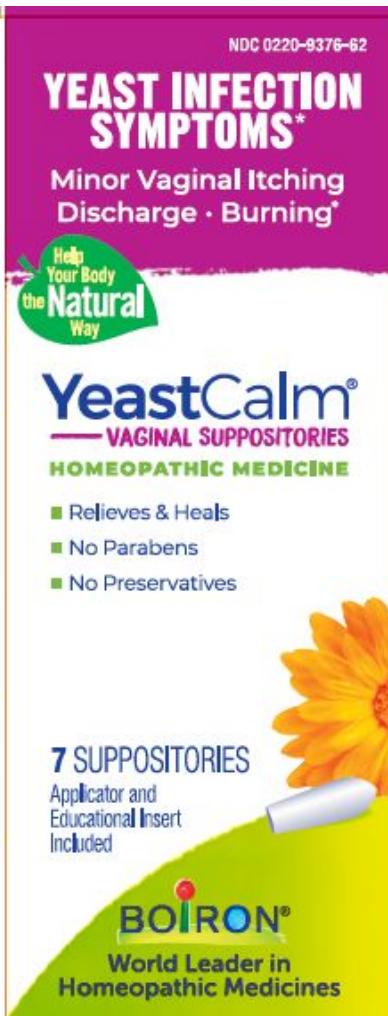
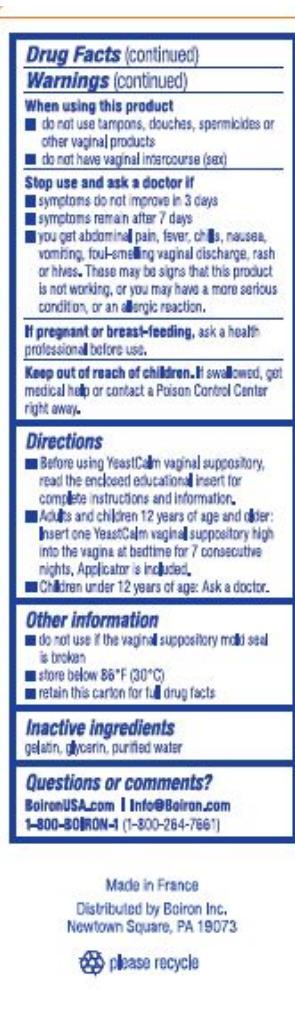
Minor Vaginal Itching Discharge Burning\*

## 7 Suppositories

Applicator and educational insert included

\*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

\*\*C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.



- Powered by plant-based & other pure active ingredients
- Helps relieve and heal delicate vaginal tissue\*
- No fragrances, parabens, or dyes
- Use at the first sign of symptoms



### The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.





## YEAST INFECTION SYMPTOM RELIEF\*

Minor Vaginal Itching • Discharge • Burning\*

HOMEOPATHIC MEDICINE

### 1. Why should I use YeastCalm® vaginal suppositories?

YeastCalm vaginal suppositories are indicated for the relief of minor vaginal yeast infection symptoms. If you have symptoms such as minor vaginal itching, burning, or discharge, and if at some time in the past your doctor has told you that symptoms like these were due to a vaginal yeast infection, then YeastCalm vaginal suppositories may work for you. **If this is the first time you have vaginal itching and discomfort, you should see your doctor or health care professional to find out what is the cause of your symptoms.**

### 2. What is a vaginal yeast infection (Candidiasis)?

A vaginal yeast infection is a common condition caused by an overgrowth of yeast (Candida) that may normally live in the vagina. Your doctor may call this infection "monilia" or "candidiasis." Some people may have a yeast infection on the skin outside the vagina (vulva) at the same time they have a vaginal infection.

### 3. Who can get a vaginal yeast infection?

You can get a vaginal yeast infection at any age. It is most common during the childbearing years. People who are pregnant or diabetic, taking antibiotics, birth control pills or steroids, or who have a weakened immune system are more likely to get repeated yeast infections that may not clear up easily with proper treatment. Some medical conditions can weaken the body's normal ability to fight infection. One of the most serious of these conditions is infection with the human immunodeficiency virus (HIV) that causes AIDS. The HIV virus causes the body to be more likely to get infections, including vaginal yeast infections that may not clear up easily with proper treatment. If you may have been exposed to HIV and get repeated vaginal yeast infections, you should see your doctor right away. For more information on HIV infection, please contact your doctor or the CDC National AIDS HOTLINE. The CDC phone numbers are: 1-800-CDC-INFO (English and Spanish) or 1-888-232-3448 (hearing impaired, TTY).

### 4. How can I tell that I have a vaginal yeast infection?

When you have a vaginal yeast infection, you may have one or more of the following symptoms: vaginal itching; discharge that may be thick, white, and lumpy like cottage cheese; vaginal soreness, irritation, or burning; rash or redness on the skin outside the vagina (vulva); burning on urination; or painful vaginal intercourse (sex). **Note:** Vaginal yeast infections do **not** cause fever, abdominal pain, or a foul-smelling vaginal discharge. If you have these symptoms, you should call your doctor right away.

### 5. Why do people get repeated vaginal yeast infections?

People may get repeated vaginal yeast infections that may not clear up easily with proper treatment. Here are some of the causes of repeated yeast infections: **hormonal changes** occurring a few days before the monthly period; **use of antibiotics**; **use of some birth control pills**; **pregnancy**; **diabetes ("hyperglycemia")** or **"high blood sugar"**; **clothing** — wearing many tight layers or moist clothing in the genital area; or **weakened immune system** — some drugs (such as chemotherapy or steroids) and medical conditions can weaken the body's normal ability to fight infections. One of the most serious of these conditions is infection with the human immunodeficiency virus (HIV) that causes AIDS. Infection with HIV causes the person to be more likely to get infections, including vaginal yeast infections.

### 6. Are vaginal yeast infections sexually transmitted?

Yeast infections are usually not spread by having vaginal intercourse (sex). However, if your partner has a rash, itching, or discomfort in their genital area, they should see a doctor. Your partner should tell the doctor that you are treating your vaginal yeast infection with YeastCalm vaginal suppositories.

### 7. How can I help prevent repeated vaginal yeast infections?

To lower your chances of getting another yeast infection:

- **Talk with your doctor about any drugs you are now taking.** You are more likely to get a vaginal yeast infection if you are taking certain drugs, such as antibiotics, steroids, or birth control pills.
- **Try to keep the genital area cool and dry.** Yeast grows well in warm, moist areas. The following suggestions may be helpful:
  1. Wear cotton underwear and loose-fitting clothes.
  2. Change out of damp clothes or a wet bathing suit as soon as possible.
  3. If you use panty liners when you are not having a menstrual period, change the panty liners often.

### 8. Can I use YeastCalm vaginal suppositories during my menstrual period?

Yes, YeastCalm vaginal suppositories can be used during your menstrual period. In fact, many people get vaginal yeast infections just before their period because of hormonal changes. Using YeastCalm vaginal suppositories during your period will not affect how well the product works. Do not use tampons while using this product because tampons may remove some of the YeastCalm vaginal suppository from the vagina. Use deodorant-free sanitary napkins or pads instead and change them often.

### 9. Can I use other vaginal products with YeastCalm vaginal suppositories?

This drug should **not** be used with other vaginal products.

- Douches and tampons may remove some of YeastCalm vaginal suppository from the vagina.
- Spermicides may interfere with YeastCalm vaginal suppositories.
- YeastCalm vaginal suppositories may damage condoms and diaphragms and cause them to fail. Do not rely on condoms and diaphragms to prevent pregnancy or sexually transmitted diseases while using this product.

### 10. How can I get the best results when treating my infection?

- Be sure to use this product for the full 7 days, even if your symptoms go away sooner.
- Use the medicine at bedtime for 7 days in a row, even during your menstrual period.
- Wear cotton underwear and loose-fitting clothes.
- Dry the genital area thoroughly after a shower, bath, or swim. Change out of a wet bathing suit or damp clothes as soon as possible. A dry genital area is less likely to lead to the overgrowth of yeast.
- Wipe from front to back after a bowel movement or after urination.
- Do not douche because douching may wash YeastCalm vaginal suppository out of the vagina.
- Do not use tampons, because they may remove some YeastCalm vaginal suppository from the vagina. Use deodorant-free sanitary napkins or pads as needed.
- Do not use spermicides, as they may interfere with YeastCalm vaginal suppository.
- Do not have vaginal intercourse (sex) while using YeastCalm vaginal suppositories.
- Do not scratch the skin outside the vagina. Scratching can cause more irritation and can spread the infection.
- Tell your doctor about any drugs you are now taking. Certain drugs, such as antibiotics, steroids, and birth control pills, may make it more likely for you to get a vaginal yeast infection.
- If you have any other medical questions or concerns about vaginal yeast infections, call your doctor.

(See label on back of box)

## 11. What warnings should I know about when using YeastCalm vaginal suppositories?

For vaginal use only.

This product will not cure a yeast infection.

Do not use if you have never had a vaginal yeast infection diagnosed by a doctor.

YeastCalm vaginal suppositories may damage condoms and diaphragms and cause them to fail.

Ask a doctor before use if you: ■ have vaginal itching and discomfort for the first time

■ have one or more of the following: abdominal pain, fever, chills, nausea, vomiting, or foul-smelling vaginal discharge

■ get vaginal yeast infections often (such as once a month or three in 6 months). You could be pregnant or have a serious underlying medical cause for your symptoms, including diabetes, or a weakened immune system.

■ may have been exposed to the human immunodeficiency virus (HIV) that causes AIDS

■ are under 12 years of age.

When using this product: ■ do not use tampons, douches, spermicides, or other vaginal products

■ do not have vaginal intercourse (sex).

Stop use and ask a doctor if: ■ symptoms do not improve in 3 days ■ symptoms remain after 7 days

■ you get abdominal pain, fever, chills, nausea, vomiting, foul-smelling vaginal discharge, rash, or hives. These may be signs that this product is not working, or you may have a more serious condition, or an allergic reaction.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of the reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

## 12. What side effects may occur with YeastCalm vaginal suppositories?

A mild increase in vaginal burning, itching, or irritation may occur when YeastCalm vaginal suppository is inserted. Stop using YeastCalm vaginal suppository and talk to your doctor if you have abdominal pain, hives, or skin rash, or if you have severe vaginal burning, itching, irritation, or swelling.

## 13. How do I use a YeastCalm vaginal suppository?

This product is for adults and children 12 years of age and older. For children under 12 years, ask a doctor. Insert one vaginal suppository high into the vagina at bedtime for 7 consecutive nights.

Read the full directions below before using.

1. Remove the suppository from its packaging (see diagram 1).



2. Place suppository in the wider end of the applicator (see diagram 2).



3. Hold the barrel as shown in the picture (see diagram 3).



4. Gently insert the applicator into the vagina as far back as it will go comfortably. This can be done while lying on your back with your knees bent, or while standing with your feet apart and your knees bent (as shown in diagram 3).



5. While holding the barrel, push the plunger as far as it will go. Remove the applicator from the vagina.



6. Clean the applicator after each use. Pull the two pieces apart. Wash them with soap and warm water. Rinse well and dry. Put the two pieces back together and store in a clean, dry place (see diagram 4).

7. Once inside the vagina, the suppository melts. Lie down as soon as possible. This will keep leakage to a minimum.

8. Repeat steps 1 through 7 before bedtime for the next 6 nights. To protect your clothing, you may want to use deodorant-free pads or panty liners while you are using YeastCalm vaginal suppositories.

## 14. What should I do if I have questions about YeastCalm vaginal suppositories?

If you have any medical questions, call your doctor. If you have any other questions or need more information on this product, call the Boiron Information Center at 1-800-BOIRON-1 (1-800-264-7661) or email [Info@Boiron.com](mailto:Info@Boiron.com).

## 15. Other Information:

### Active ingredients\* (in each suppository)

Boiron 14X HPUS (0.15 g)	Relieves thick vaginal discharge
Calendula officinalis 1X HPUS (0.15 g)	Relieving agent for vaginal discharge
Candida albicans 30X HPUS (0.15 g)	Relieves symptoms of yeast infection
Hydrastis canadensis 5X HPUS (0.15 g)	Reduces vaginal discharge (contains less than 10% hydrastis and berberine alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Inactive ingredients:** gelatin, glycerin, purified water

**Other information:** Do not use if vaginal suppository melt seal is broken.

**Storage:** Store below 86°F (30°C).



World Leader in Homeopathic Medicines

[BoironUSA.com](http://BoironUSA.com)

BoironUSA.com  
[Info@Boiron.com](mailto:Info@Boiron.com)  
1-800-BOIRON-1  
(1-800-264-7661)

Boiron Information Center  
4 Campus Boulevard  
Newtown Square, PA  
19073

\*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE, NOT FDA EVALUATED.

\*C, K, CK, and X are homeopathic dilutions; see [BoironUSA.com/Info](http://BoironUSA.com/Info) for details.





## YEASTCALM

sodium borate,calendula officinalis flowering top,candida albicans,goldenseal suppository

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0220-9376
<b>Route of Administration</b>	VAGINAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>GOLDENSEAL</b> (UNII: ZW3Z11D0JV) (GOLDENSEAL - UNII:ZW3Z11D0JV)	GOLDENSEAL	5 [hp_X]
<b>CALENDULA OFFICINALIS FLOWERING TOP</b> (UNII: 18E7415PXQ) (CALENDULA OFFICINALIS FLOWERING TOP - UNII:18E7415PXQ)	CALENDULA OFFICINALIS FLOWERING TOP	1 [hp_X]
<b>SODIUM BORATE</b> (UNII: 91MBZ8H3QO) (BORATE ION - UNII:440AE30D22)	SODIUM BORATE	14 [hp_X]
<b>CANDIDA ALBICANS</b> (UNII: 4D7G21HDBC) (CANDIDA ALBICANS - UNII:4D7G21HDBC)	CANDIDA ALBICANS	30 [hp_X]

### Inactive Ingredients

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0KO0R)	

**GELATIN** (UNII: 2G86QN327L)

**GLYCERIN** (UNII: PDC6A3C00X)

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9376-62	7 in 1 BOX; Type 0: Not a Combination Product	10/01/2021	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		10/01/2021	

**Labeler** - Laboratoires Boiron (282560473)

**Registrant** - Boiron Inc. (014892269)

## Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9376)

Revised: 1/2026

Laboratoires Boiron