NICOTINE TRANSDERMAL SYSTEM STEP 1- nicotine patch, extended release NICOTINE TRANSDERMAL SYSTEM STEP 2- nicotine patch, extended release NICOTINE TRANSDERMAL SYSTEM STEP 3- nicotine patch, extended release Strategic Sourcing Services LLC

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**Drug Facts** 

### Active ingredient Step 1 (in each patch)

Nicotine, 21 mg delivered over 24 hours

### Active ingredient Step 2 (in each patch)

Nicotine, 14 mg delivered over 24 hours

### Active ingredient Step 3 (in each patch)

Nicotine, 7 mg delivered over 24 hours

### Purpose

Stop smoking aid

### Use

reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

### Warnings

**If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider.** Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

### Ask a doctor before use if you have

- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.

### Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

## When using this product

- do not smoke even when not wearing the patch. The nicotine in your skin will still be entering your blood stream for several hours after you take off the patch.
- if you have vivid dreams or other sleep disturbances remove this patch at bedtime

## Stop use and ask a doctor if

- skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat

## Keep out of reach of children and pets.

Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

# Directions

- if you are under 18 years of age, ask a doctor before use
- before using this product, read the enclosed self-help guide for complete directions and other information
- begin using the patch on your quit day
- if you smoke **more than 10 cigarettes per day,** use the following schedule below:

STEP 1	STEP 2	STEP 3		
Use one 21 mg patch/day	Use one 14 mg patch/day	Use one 7 mg patch/day		
Weeks 1-4	Weeks 5-6	Weeks 7-8		

- if you smoke **10 or less cigarettes per day**, start with **Step 2** for 6 weeks, then **Step 3** for 2 weeks
- apply one new patch every 24 hours on skin that is dry, clean and hairless
- remove backing from patch and immediately press onto skin. Hold for 10 seconds.
- wash hands after applying or removing patch. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.
- the used patch should be removed and a new one applied to a different skin site at the same time each day
- if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning
- do not wear more than one patch at a time
- do not cut patch in half or into smaller pieces
- do not leave patch on for more than 24 hours because it may irritate your skin and loses strength after 24 hours
- to avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures
- It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

# Other information

store at 20-25°C (68-77°F)

Acrylate adhesive, aluminized polyester, cellulose paper, methacrylic acid copolymer

## Questions or comments?

## call **1-800-585-8682**

Weekdays (9am-8pm ET) or visit us at www.habitrol.com

# TO INCREASE YOUR SUCCESS IN QUITTING:

- 1. You must be motivated to quit.
- 2. Use one patch daily according to directions.
- 3. It is important to complete treatment.

4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

5. Use patch with a behavioural support program, such as the one described in the enclosed booklet.

For your family's protection, patches are supplied in child-resistant pouches. **Do not use if individual pouch is open or torn.** 

- Not for sale to persons under 18 years of age.
- Proof of age required.
- Not for sale in vending machines or from any source where proof of age cannot be verified.

# **Principal Display Panel**



# Nicotine Transdermal System PATCH

21 mg delivered over 24 hours

## **STOP SMOKING AID**

## Includes: Behavior Support Program with self-help guide

# **STEP 1**

IF YOU SMOKE **MORE** THAN 10 CIGARETTES PER DAY: START WITH STEP 1 IF YOU SMOKE 10 OR **LESS** CIGARETTES PER DAY: START WITH STEP 2



**Principal Display Panel** 



# ${\it Nicotine Trans \, dermal System PATCH}$

14 mg delivered over 24 hours

# **STOP SMOKING AID**

# Includes: Behavior Support Program with self-help guide

# **STEP 2**

IF YOU SMOKE **MORE** THAN 10 CIGARETTES PER DAY: USE AFTER COMPLETING STEP 1 IF YOU SMOKE 10 OR **LESS** CIGARETTES PER DAY: START WITH STEP 2



## **Principal Display Panel**



# Nicotine Transdermal SystemPATCH

7 mg delivered over 24 hours

# **STOP SMOKING AID**

# Includes: Behavior Support Program with self-help guide

# STEP 3

FOR USE AFTER COMPLETING STEP 2



NICOTINE TRANSDEF	RMAL SYSTEM	STEP 1						
nicotine patch, extended release								
F,								
Product Information								
Product Type	HUMAN OTC DRUG	Item Code (Source	)	NDC:49348-144(ND	C:43598-448)			
Route of Administration TRANSDERMAL								
Active Ingredient/Active Moi	o tx							
U U	5		P					
Ingre	dient Name		Bas	sis of Strength	Strength			
NICOTINE (UNII: 6M3C89ZY6R) (NICO	DTINE - UNII:6M3C89ZY6	R)	NICOT	INE	21 mg in 24 h			
Inactive Ingredients								

		Ingredient Name				Strength
Methacrylic Acid	I (UNII:	1CS02G8656)				
Packaging						
# Item Code		Package Description		Marketing Date	-	Marketing End Date
1 NDC:49348- 144-46	14 in 1 CARTON 11/02/2					
1	24 h in 1 PATCH; Type 2: Prefilled Drug Delivery Device/System (syringe, patch, etc.)					
	- C					
Marketing	Info	rmation				
Marketing Cate	egory	Application Number or Monograph Citation	Marke	ting Start Da	te Ma	rketing End Date
NDA		NDA020076	11/02/202	15		
NICOTINE	тр	ANSDERMAL SYSTEM STEP 2				

nicotine patch, extended release

### **Product Information**

Product T ype	HUMAN OTC DRUG	Item Code (Source)	NDC:49348-145(NDC:43598-447)
Route of Administration	TRANSDERMAL		

Active Ingredient/Active Moiety		
Ingredient Name	<b>Basis of Strength</b>	Strength
NICOTINE (UNII: 6 M3C89ZY6R) (NICOTINE - UNII:6 M3C89ZY6R)	NICOTINE	14 mg in 24 h
NICOTINE (UNII: 6 M3C89ZY6R) (NICOTINE - UNII:6 M3C89ZY6R)	NICOTINE	14 mg in 24 h

Inactive Ingredients	
Ingredient Name	Strength
Methacrylic Acid (UNII: 1CS02G8656)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date			
1	NDC:49348- 145-46	14 in 1 CARTON	11/02/2015				
1		24 h in 1 PATCH; Type 2: Prefilled Drug Delivery Device/System (syringe, patch, etc.)					
Marketing Information							

NDA
11011

11/02/2015

<b>NICO</b> nicotine			ANSDER ed release	RMAL SYSTEM	STEP 3				
Produc	ct Infor	matio	on						
Product	roduct Type HUMAN OTC DRUG Item Code (Source) NDC:49348-146(NDC:43598-446)							DC:43598-446)	
Route of	f Adminis	strati	on	TRANSDERMAL					
Active	Ingredi	ient//	Active Moi	ety					
			Ingre	dient Name			Basis of St	trength	Strength
NICOTIN	NE (UNII: 6	M3C8	9ZY6R) (NICC	TINE - UNII:6M3C89ZY6	R)	1	NICOTINE		7 mg in 24 h
Inactiv	e Ingre	dien	ts						
				Ingredient Name					Strength
Methacry	ylic Acid	(UNII:	1CS02G8656)						
Packag	ging								
# Item	n Code			Package Description	on		Marketing Date	-	Marketing End Date
1 NDC:49		14 in	1 CARTON				11/02/2015		
1			n 1 PATCH; Ty ge, patch, etc.)	pe 2: Prefilled Drug Delive	ery Device/Syste	m			
Marketing Information									
Market	ing Cate	gory	Applicatio	on Number or Monogra	raph Citation Marke		eting Start Date Ma		rketing End Date
NDA			NDA020076			11/02/20	) 15		

Labeler - Strategic Sourcing Services LLC (116956644)

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Strategic Sourcing Services LLC