

**MENSTRUAL COMPLETE- acetaminophen, caffeine, pyrilamine maleate tablet,
film coated
H E B**

HEB 44-390

Active ingredients (in each caplet)

Acetaminophen 500 mg
Caffeine 60 mg
Pyrilamine maleate 15 mg

Purpose

Pain reliever
Diuretic
Antihistamine

Uses

for the temporary relief of these symptoms associated with menstrual periods:

- bloating
- headache
- muscle aches
- cramps
- backache
- fatigue
- water-weight gain

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- difficulty in urination due to enlargement of the prostate gland
- liver disease
- glaucoma
- a breathing problem such as emphysema or chronic bronchitis

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- drowsiness may occur
- avoid alcoholic beverages
- alcohol, sedatives, and tranquilizers may increase drowsiness
- excitability may occur, especially in children
- use caution when driving a motor vehicle or operating machinery
- limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart rate. The recommended dose of this product contains about as much caffeine as a cup of coffee.

Stop use and ask a doctor if

- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more than directed**
- adults and children 12 years and over:
 - take 2 caplets with water
 - repeat every 6 hours, as needed

- do not exceed 6 caplets per day
- children under 12 years: ask a doctor

Other information

- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

Inactive ingredients

corn starch, croscarmellose sodium, crospovidone, hypromellose, magnesium stearate, microcrystalline cellulose, polydextrose, polyethylene glycol, povidone, silicon dioxide, stearic acid, titanium dioxide, triacetin

Questions or comments?

1-800-426-9391

Principal Display Panel

Compare to Midol® Complete

active ingredients*

NDC 37808-389-10

H-E-B®

Menstrual Complete

Acetaminophen, Caffeine,
and Pyrilamine maleate

Pain Reliever/Diuretic/Antihistamine

Relieves:

- Cramps
- Bloating
- Fatigue
- Backache
- Headache

Multi-Symptom

40 CAPLETS

actual
size

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY
SEAL UNDER CAP IS BROKEN OR MISSING**

*This product is not manufactured or distributed by Bayer HealthCare LLC,
owner of the registered trademark Midol® Complete.

50844 REV0623A39010

MADE WITH PRIDE AND CARE FOR
H-E-B®, SAN ANTONIO, TX 78204

H-E-B®
100%
GUARANTEE
promise

If you aren't completely pleased
with this product, we'll be happy to
replace it or refund your money.
You have our word on it.

100% GUARANTEE promise

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MADE WITH PRIDE AND CARE FOR H-E-B®, SAN ANTONIO, TX 78204

TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

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active ingredients*

NDC 37808-389-10

H-E-B®

Menstrual Complete

Acetaminophen, Caffeine, and Pyrilamine maleate

Pain Reliever/Diuretic/Antihistamine

Relieves:

- Cramps
- Bloating
- Fatigue
- Backache
- Headache

Multi-Symptom

40 CAPLETS

actual size



Drug Facts (continued)

Do not use ■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

■ if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- difficulty in urination due to enlargement of the prostate gland
- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- glaucoma

Ask a doctor or pharmacist before use if you are

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When using this product

- drowsiness may occur
- avoid alcoholic beverages
- alcohol, sedatives, and tranquilizers may increase drowsiness

Drug Facts (continued)

Stop use and ask a doctor if

- new symptoms occur
- rash or sweating is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition. If pregnant or breast-feeding, ask a health professional before use.

Drug Facts (continued)

Excitability may occur, especially in children

- use caution when driving a motor vehicle or operating machinery

Limit the use of caffeine-containing medications, foods, or beverages while taking this product, because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart rate. The recommended dose of this product contains about as much caffeine as a cup of coffee.

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Drug Facts (continued)

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- repeat every 6 hours, as needed
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Questions or comments?
1-800-426-9391

43258-2403



0 41220 35996 7

No print/No varnish
Lot & Exp date

HEB 44-390

B-0712-390-10-RR
REV0623A39010

MENSTRUAL COMPLETE

acetaminophen, caffeine, pyrilamine maleate tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37808-389
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E)	CAFFEINE	60 mg
PYRILAMINE MALEATE (UNII: R35D29L3ZA) (PYRILAMINE - UNII:HPE317O9TL)	PYRILAMINE MALEATE	15 mg

Inactive Ingredients

Ingredient Name	Strength
STARCH, CORN (UNII: O8232NY3SJ)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
CROSPVIDONE, UNSPECIFIED (UNII: 2S7830E561)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYDEXTROSE (UNII: VH2XOU12IE)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
TRIACETIN (UNII: XHX3C3X673)	

Product Characteristics

Color	white	Score	no score
Shape	OVAL	Size	17mm
Flavor		Imprint Code	44;390
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-389-10	1 in 1 CARTON	05/03/2024	
1		40 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
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OTC Monograph Drug	M013	05/03/2024	
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Labeler - H E B (007924756)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	pack(37808-389)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(37808-389) , pack(37808-389)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(37808-389)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		117025878	manufacture(37808-389)

Revised: 5/2026

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