

MENSTRUAL COMPLETE- menstrual complete tablet, film coated
Allegiant Health

470 - Menstrual Complete

Active ingredient(s)

Acetaminophen 500 mg
Caffeine 60 mg
Pyrilamine maleate 15 mg

Purpose

Pain reliever
Diuretic
Antihistamine

Use(s)

for the temporary relief of these symptoms associated with menstrual periods:

- water-weight gain ■ backache ■ muscle aches
- cramps ■ fatigue ■ headache ■ bloating

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include: ■ skin reddening ■ blisters ■ rash
If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if

- you have
- difficulty in urination due to enlargement of the prostate

gland ■ liver disease ■ glaucoma
■ a breathing problem such as emphysema or chronic
bronchitis

Ask a doctor or pharmacist before use if

you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- drowsiness may occur
- alcohol, sedatives, and tranquilizers may increase drowsiness ■ avoid alcoholic beverages
- excitability may occur, especially in children
- use caution when driving a motor vehicle or operating machinery
- limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart rate. The recommended dose of this product contains about as much caffeine as a cup of coffee.

Stop use and ask a doctor if

- new symptoms occur
 - redness or swelling is present
 - pain gets worse or lasts more than 10 days
 - fever gets worse or lasts more than 3 days
- These could be signs of a serious condition.

If pregnant or breastfeeding,

a health professional before use.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- do not take more than directed
- adults and children 12 years and over:
 - take 2 caplets with water
 - repeat every 6 hours, as needed
 - do not exceed 6 caplets per day
- children under 12 years: ask a doctor

Other information

■ store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F) ■ use by expiration date on package

Inactive ingredients

corn starch, croscarmellose sodium, crospovidone, hypromellose, magnesium stearate, microcrystalline cellulose, polydextrose, polyethylene glycol, povidone, silicon dioxide, stearic acid, titanium dioxide, triacetin

Questions/Comments

1-888-952-0050

Principal Display Panel

HealthA2Z[®] *Compare to the active ingredients in Midol[®] Complete
NDC 69168-470-06


Menstrual COMPLETE

Acetaminophen 500 mg / Pain Reliever
Caffeine 60 mg / Diuretic
Pyriminamine Maleate 15 mg / Antihistamine

Multi-Symptom Relief:
Cramps, Bloating,
Fatigue, Backache
and Headache

120
Caplets

Actual Size



TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

| Drug Facts | Active ingredients (in each caplet) | Purpose |
|----------------------------|-------------------------------------|---------|
| Acetaminophen 500 mg | Pain reliever | |
| Caffeine 60 mg | Diuretic | |
| Pyriminamine maleate 15 mg | Antihistamine | |

Uses for the temporary relief of these symptoms associated with menstrual periods:

- water-weight gain
- backache
- muscle aches
- cramps
- headache
- bloating
- fatigue

Warnings

Liver warnings: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include: ■ skin redness ■ blisters ■ rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

*This product is not manufactured or distributed by Bayer HealthCare LLC, owner of the registered trademark Midol[®] Complete. Distributed by: Allegiant Health 50844 ORG062339032 Deer Park, NY 11729



X004GB5K41
HealthA2Z Menstrual Backache & Headache
New

PEEL HERE FOR MORE DRUG FACTS

STOP PEELING

| | |
|---|---|
| <p>Other information</p> <p>store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F) ■ use by expiration date on package</p> <p>Inactive ingredients</p> <p>corn starch, croscarmellose sodium, crospovidone, hypromellose, magnesium stearate, microcrystalline cellulose, polydextrose, polyethylene glycol, povidone, silicon dioxide, stearic acid, titanium dioxide, triacetin</p> <p>Questions or comments? 1-888-952-0050</p> | <p>Drug Facts (continued)</p> <ul style="list-style-type: none"> ■ if you have ever had an allergic reaction to this product or any of its ingredients <p>Ask a doctor before use if you have</p> <ul style="list-style-type: none"> ■ difficulty in urination due to enlargement of the prostate gland ■ liver disease ■ glaucoma ■ a breathing problem such as emphysema or chronic bronchitis <p>Ask a doctor or pharmacist before use if you are</p> <ul style="list-style-type: none"> ■ taking the blood thinning drug warfarin ■ taking sedatives or tranquilizers <p>When using this product</p> <ul style="list-style-type: none"> ■ drowsiness may occur ■ alcohol, sedatives and tranquilizers may increase drowsiness ■ avoid alcoholic beverages ■ excitability may occur, especially in children ■ use caution when driving a motor vehicle or operating machinery ■ limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart rate. The recommended dose of this product contains about as much caffeine as a cup of coffee. <p>Stop use and ask a doctor if</p> <ul style="list-style-type: none"> ■ new symptoms occur ■ redness or swelling is present ■ pain gets worse or lasts more than 10 days ■ fever gets worse or lasts more than 3 days <p>These could be signs of a serious condition.</p> <p>If pregnant or breast-feeding, ask a health professional before use.</p> <p>Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.</p> <p>Directions</p> <ul style="list-style-type: none"> ■ do not take more than directed ■ adults and children 12 years and over: <ul style="list-style-type: none"> ■ take 2 caplets with water ■ repeat every 6 hours, as needed ■ do not exceed 6 caplets per day ■ children under 12 years: ask a doctor |
|---|---|

Menstrual Complete

MENSTRUAL COMPLETE

menstrual complete tablet, film coated

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:69168-470 |
| Route of Administration | ORAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|---|--------------------------|-----------------|
| ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D) | ACETAMINOPHEN | 500 mg |
| CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E) | CAFFEINE | 60 mg |
| PYRILAMINE MALEATE (UNII: R35D29L3ZA) (PYRILAMINE - UNII:HPE317O9TL) | PYRILAMINE MALEATE | 15 mg |

Inactive Ingredients

| Ingredient Name | Strength |
|--|-----------------|
| STARCH, CORN (UNII: O8232NY3SJ) | |
| CROSCARMELLOSE SODIUM (UNII: M28OL1HH48) | |
| CROSPVIDONE (UNII: 2S7830E561) | |
| HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO) | |
| MAGNESIUM STEARATE (UNII: 70097M6I30) | |
| MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U) | |
| POLYDEXTROSE (UNII: VH2XOU12IE) | |
| POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A) | |
| POVIDONE (UNII: FZ989GH94E) | |
| SILICON DIOXIDE (UNII: ETJ7Z6XBU4) | |
| STEARIC ACID (UNII: 4ELV7Z65AP) | |
| TITANIUM DIOXIDE (UNII: 15FIX9V2JP) | |
| TRIACETIN (UNII: XHX3C3X673) | |

Product Characteristics

| | | | |
|-----------------|-------|---------------------|----------|
| Color | white | Score | no score |
| Shape | OVAL | Size | 17mm |
| Flavor | | Imprint Code | 44;390 |
| Contains | | | |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|----------|------------------|--|-----------------------------|---------------------------|
| 1 | NDC:69168-470-82 | 90 in 1 BOTTLE; Type 0: Not a Combination Product | 11/05/2024 | |
| 2 | NDC:69168-470-06 | 120 in 1 BOTTLE; Type 0: Not a Combination Product | 11/05/2024 | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
| OTC Monograph Drug | M013 | 11/05/2024 | |

Labeler - Allegiant Health (079501930)

Revised: 11/2024

Allegiant Health