

**NIGHTTIME SLEEP-AID- diphenhydramine hydrochloride liquid**  
**DeMoulas Market Basket**

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**Nighttime Sleep-Aid 522**

**Active ingredients**

**DRUG FACTS**

**(in each 30 mL dose cup or 2 tablespoons)**

Diphenhydramine HCL 50 mg

**Purpose**

Nighttime sleep-aid

**Keep out of reach of children**

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

**Uses**

- reduces time to fall asleep if you have difficulty falling asleep
- for relief of occasional sleeplessness

**Warnings**

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin
- with any other drugs that cause drowsiness such as antihistamines and nighttime cough, cold/flu products

**Ask a doctor before use if you have**

- heart disease
- trouble urinating due to an enlarged prostate gland
- glaucoma
- a breathing problem such as asthma, emphysema or chronic bronchitis

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers or any other sleep aid

**When using this product**

- do not use more than directed
- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery
- alcohol, sedatives, and tranquilizers may increase drowsiness

### **Stop use and ask a doctor if**

- sleepiness persists continuously for more than two weeks. Insomnia may be a symptom of a serious underlying medical illness.

### **If pregnant or breast feeding**

ask a health professional before use.

### **Other information**

- **each 30 mL dose (2 tablespoons) contains: sodium 23 mg**
- dosage cup provided
- store at room temperature

### **Inactive ingredients**

citric acid, FD and C Blue # 1, FD and C Red # 40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, sodium benzoate, sodium citrate, sodium saccharin

### **Questions?**

Call weekdays from 9:30 AM to 4:30 PM EST at 1-877-798-5944

### **Directions**

- take only as recommended
- use dosage cup or tablespoon

Age

Dose

Adults and children 12 years and over  
bedtime if needed or as directed by a doctor

One dose = 2 tablespoons (30 mL) at

### **Product Label**

**\*COMPARE TO THE ACTIVE INGREDIENT IN ZzzQuil™ NIGHTTIME SLEEP-AID**

**Nighttime**

**SLEEP-AID**

**Diphenhydramine**

# Non-Habit Forming

# Warming Berry Flavored Liquid

# No for treating Cold or Flu

12 FL OZ (354 mL)

\*This product is not manufactured or distributed by Proctor and Gamble, owner of the registered trademark ZzzQuil™ .

DISTRIBUTED BY DEMOULAS SUPERMARKETS INC.

875 EAST STREET

TEWKSBURY, MA 01876

LR-053 Rev 01

DO NOT USE IF IMPRINT SHRINK BAND IS MISSING OR BROKEN

Failure to follow these warnings could result in serious consequences

**Drug Facts (continued)**

**Directions**

- take only as recommended
- use dosage cup or tablespoon

Age	Dose
Adults & children 12 years and over	One dose = 2 tablespoons (30 mL) at bed time, if needed or as directed by a doctor

**Other information**

- each 30 mL dose (2 tablespoons) contains: sodium 23 mg
- dosage cup provided
- store at room temperature

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875 EAST STREET  
TEWKSBURY, MA 01876


LR-053  
Rev 01



**Nighttime Sleep-Aid**

**DIPHENHYDRAMINE HCl**

Non-Habit Forming  
Not for treating Cold or Flu



Warming Berry Flavored Liquid

12 FL OZ (354 mL)

**DO NOT USE IF IMPRINTED SHRINK BAND IS MISSING OR BROKEN**  
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**Drug Facts**

Active ingredients	Purpose
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## NIGHTTIME SLEEP-AID

diphenhydramine hydrochloride liquid

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:53942-522
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII: 8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

## Inactive Ingredients

<b>Ingredient Name</b>	<b>Strength</b>
<b>CITRIC ACID ACETATE</b> (UNII: DSO12WL7AU)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>HIGH FRUCTOSE CORN SYRUP</b> (UNII: XY6UN3QB6S)	
<b>POLOXAMER 407</b> (UNII: TUF2IVW3M2)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>SODIUM CITRATE</b> (UNII: 1Q73Q2JULR)	
<b>SACCHARIN SODIUM</b> (UNII: SB8ZUX40TY)	

## Product Characteristics

<b>Color</b>		<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	BERRY	<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:53942-522-28	354 mL in 1 BOTTLE; Type 0: Not a Combination Product	09/19/2013	

## Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M010	09/19/2013	

**Labeler** - DeMoulas Market Basket (007869647)

**Registrant** - AptaPharma Inc. (790523323)

**Establishment**

Name	Address	ID/FEI	Business Operations
AptaPharma Inc.		790523323	manufacture(53942-522)

Revised: 12/2023

DeMoulas Market Basket