

NIGHTTIME SLEEP AID- diphenhydramine hcl solution H E B

HEB Nighttime Sleep-Aid Drug Facts

Active ingredient (in each 30 mL)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to an enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

When using this product

- avoid alcoholic beverages

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over	30 mL at bed time if needed or as directed by a doctor
children under 12 yrs	do not use

Other information

- **each 30 mL contains:** sodium 20 mg
- store at 20-25°C (68-77°F)

Inactive ingredients

alcohol, anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

Questions?

1-800-719-9260

Package/Label Principal Display Panel

Compare to Vicks® ZzzQuil® active ingredient

H-E-B®

Nighttime Sleep-Aid

Diphenhydramine HCl 50 mg per 30 mL

Helps You Fall Asleep

ALCOHOL 10%

- Not for Treating Colds or Flu
- Non-Habit Forming
- Berry Flavor

12 FL OZ (355 mL)

Compare to Vicks® ZzzQuil® active ingredient*

NDC 37808-186-40

H-E-B

Nighttime Sleep-Aid

Diphenhydramine HCl
50 mg per 30 mL

Helps You Fall Asleep

ALCOHOL 10%

- Not for Treating Colds or Flu
- Non-Habit Forming
- Berry Flavor



12 FL OZ (355 mL)

18640 1J F4

GLUTEN FREE

MADE WITH
PRIDE & CARE FOR H-E-B®
SAN ANTONIO, TX 78204

100% GUARANTEE promise If you aren't completely pleased with this product, we'll be happy to replace it or refund your money. You have our word on it.

DO NOT USE IF PRINTED NECKBAND IS BROKEN OR MISSING 8150-2203

Drug Facts

Active ingredient (in each 30 mL)	Purpose
Diphenhydramine HCl 50 mg.....	Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

When using this product

- avoid alcoholic beverages

0 41220128079 7

PEEL BACK FOR DRUG FACTS

18640 1J B1

Drug Facts (continued)

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over	30 mL at bed time if needed or as directed by a doctor
children under 12 yrs	do not use

Other information

- each 30 mL contains: sodium 20 mg
- store at 20-25°C (68-77°F)

Inactive ingredients alcohol, anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

Questions? 1-800-719-9260

*This product is not manufactured or distributed by Procter & Gamble, distributor of Vicks® ZzzQuil®.

ADHESIVE AREA • NO VARNISH • NO TYPE
NO COATING

NIGHTTIME SLEEP AID

diphenhydramine hcl solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37808-186
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients

Ingredient Name	Strength
ALCOHOL (UNII: 3K9958V90M)	
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	

FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
POLOXAMER 407 (UNII: TUF2IVW3M2)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SACCHARIN SODIUM (UNII: SB8ZUX40TY)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM CITRATE, UNSPECIFIED FORM (UNII: 1Q73Q2JULR)	

Product Characteristics

Color	PURPLE	Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-186-40	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	10/30/2013	
2	NDC:37808-186-30	177 mL in 1 BOTTLE; Type 0: Not a Combination Product	04/11/2016	06/30/2024

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	10/30/2013	

Labeler - H E B (007924756)

Revised: 10/2024

H E B