

## **ARNICARE BRUISE- arnica montana tablet**

### **Boiron**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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### **Arnicare Bruise Tablets**

#### **Active ingredient\*\*** (in each tablet)

Arnica montana 9C HPUS (2.5 mg)

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

#### **Purpose\***

Arnica montana 9C HPUS (2.5 mg) ... Reduces minor pain, swelling & discoloration from bruises

#### **Uses\***

reduces symptoms of bruising such as:

- minor pain
- swelling
- discoloration

**Ask a doctor before use if** bruising limits the range of motion of your eyes, limbs, head, pain is severe, or bruising is frequent.

#### **Stop use and ask a doctor if**

- adult's symptoms get worse or last more than 7 days
- child's symptoms get worse or last more than 5 days
- new symptoms occur, or if redness or swelling is present. These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health profession before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

#### **Directions**

Adults and children 6 years of age and older - As soon as bruising occurs, dissolve 2 tablets under the tongue and repeat 3 times a day. Decrease frequency with improvement.

Children 2 to 6 years of age - Dissolve 2 tablets in 1 tablespoon of water for easier intake. Follow directions above.

Children under 2 years of age - Ask a doctor.

- do not use if glued carton end flaps are open or if the blister seal is broken
- store below 86° F (30° C)

60 meltaway tablets

Bruise relief\*

Discoloration, Pain, Swelling\*

No Known Drug Interactions

\*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

\*\*C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

croscarmellose sodium, lactose, magnesium stearate

Arnicare.com

BoironUSA.com

Info@Boiron.com

1-800-BOIRON-1

(1-800-264-7661)

Made in France

Distributed by Boiron Inc.

Newtown Square, PA 19073

**Drug Facts**

**Active ingredients\* (in each tablet)**  
Arnica montana 9C HPUS (2.5 mg) **Purpose\***  
Reduces minor pain, swelling & discoloration from bruises

*The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.*

**Uses\*** reduces symptoms of bruising such as ■ minor pain ■ swelling ■ discoloration

**Warnings**  
**Ask a doctor before use** if bruising limits the range of motion of your eyes, limbs, head, pain is severe, or bruising is frequent.  
**Stop use and ask a doctor if**  
■ adult's symptoms get worse or last for more than 7 days  
■ child's symptoms get worse or last for more than 5 days  
■ new symptoms occur, or if redness or swelling is present. These could be signs of a serious condition.  
**If pregnant or breast-feeding**, ask a health professional before use.  
**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

|  |  |
|--|--|
| Adults and children 6 years of age and older | As soon as bruising occurs, dissolve 2 tablets under the tongue and repeat 3 times a day. Decrease frequency with improvement. |
| Children 2 to under 6 years of age           | Dissolve 2 tablets in 1 tablespoon of water for easier intake. Follow directions above.  |
| Children under 2 years of age                | Ask a doctor.  |

**Other information**  
■ do not use if glued carton end flaps are open or if the blister seal is broken  
■ store below 36°F (30°C)

\*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.  
\*\*C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

**Drug Facts (continued)**

**Inactive ingredients**  
croscarmellose sodium, lactose, magnesium stearate

**Questions or comments?**  
Arnicare.com  
BoironUSA.com  
Info@Boiron.com  
1-800-BOIRON-1  
(1-800-264-7661)

please recycle  
Made in France  
Distributed by Boiron Inc.  
Newtown Square, PA 19073

06969 08304 3

NDC 0220-9083-04

**BRUISE RELIEF\***  
Discoloration • Pain Swelling\*

**ARNICA MONTANA #1 BRUISE REDUCER**

**Arnicare®**  
**BRUISE**  
ARNICA MONTANA  
**HOMEOPATHIC MEDICINE**

- Helps Fade Bruises
- Heals from Within

**BOIRON®**  
World Leader in Homeopathic Medicines

**60**  
MELTAWAY TABLETS  
Unflavored



**Adults and children 6 years of age and older:** As soon as bruising occurs, dissolve 2 tablets under the tongue and repeat 3 times a day. Decrease frequency with improvement. **Children 2 to under 6 years of age:** Dissolve 2 tablets in 1 tablespoon of water for easier intake. Follow directions above. **Children under 2 years of age:** Ask a doctor.

|   |   |
|---|---|
| <b>Drug Facts</b>   |   |
| <b>Active ingredient</b> <sup>†</sup> (in each tablet)<br>Arnica montana 9C HPUS (2.5 mg)   | <b>Purpose</b><br>Relieves discoloration, pain, and swelling associated with bruising.  |
| <small>The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.</small>  |   |
| <b>Uses</b> reduces symptoms of bruising such as: ■ discoloration ■ pain ■ swelling   |   |
| <b>Warnings</b>   |   |
| <b>Ask a doctor before use if</b>   |   |
| <ul style="list-style-type: none"> <li>■ bruising limits the range of motion of your eyes, limbs, head</li> <li>■ pain is severe</li> <li>■ bruising is frequent.</li> </ul>  |   |
| <b>Stop use and ask a doctor if</b> symptoms persist for more than 7 days or worsen, new symptoms occur, or if redness or swelling is present. These could be signs of a serious condition.                         |   |
| <b>If pregnant or breastfeeding,</b> ask a health professional before use.  |   |
| <b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away.  |   |
| <b>Directions</b>   |   |
| Adults and children 6 years of age and older:   | As soon as bruising occurs, dissolve 2 tablets in the mouth and repeat every hour for 2 more hours. Then, dissolve 2 tablets in the mouth every 6 hours until bruising has faded. |
| Children 2 to 5 years of age:   | Dissolve 2 tablets in 1 tablespoon of water for easier intake. Follow directions above.   |
| Children under 2 years of age:  | Ask a doctor.   |
| <b>Other information</b>  |   |
| <ul style="list-style-type: none"> <li>■ do not use if glued carton end flaps are open or if the blister seal is broken</li> <li>■ store below 86°F (30°C)</li> </ul>   |   |
| <small>† CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.<br/>           °C, K, CK, and X are homeopathic dilutions; see BoironUSA.com/info for details.</small> |   |

**Drug Facts (continued)**

**Inactive ingredients**  
croscarmellose sodium, lactose, magnesium stearate

**Questions or comments?**  
 Arnicare.com  
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**The Boiron Promise**

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit [BoironUSA.com/promise](http://BoironUSA.com/promise) for details.

Made in France  
 Distributed by Boiron Inc.,  
 Newtown Square, PA 19073

**NEW!** NDC 0220 9083 04

**BRUISE RELIEF\***  
 Discoloration • Pain  
 Swelling

**Arnicare®**  
**BRUISE**  
 ARNICA MONTANA  
 HOMEOPATHIC MEDICINE

- Heals from Within
- Powered by Plants

**60** MELTAWAY TABLETS  
 Unflavored

**BOIRON®**  
 World Leader in Homeopathic Medicines

**BRUISE RELIEF**

**Arnicare®**  
 ARNICA MONTANA 9C  
**BRUISE**

**Adults and children 6 years of age and older:** As soon as bruising occurs, dissolve 2 tablets in the mouth and repeat every hour for 2 more hours. Then, dissolve 2 tablets in the mouth every 6 hours until bruising has faded. **Children 2 to 5 years of age:** Dissolve 2 tablets in 1 tablespoon of water for easier intake. Follow directions above. **Children under 2 years of age:** Ask a doctor.

# ARNICARE BRUISE

arnica montana tablet

## Product Information

|                                |                |                           |               |
|--------------------------------|----------------|---------------------------|---------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:0220-9083 |
| <b>Route of Administration</b> | ORAL           |                           |               |

## Active Ingredient/Active Moiety

| <b>Ingredient Name</b>   | <b>Basis of Strength</b> | <b>Strength</b> |
|--|--------------------------|-----------------|
| ARNICA MONTANA (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W) | ARNICA MONTANA           | 9 [hp_C]        |

## Inactive Ingredients

| <b>Ingredient Name</b>                       | <b>Strength</b> |
|--|-----------------|
| CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)     |                 |
| MAGNESIUM STEARATE (UNII: 70097M6I30)        |                 |
| LACTOSE, UNSPECIFIED FORM (UNII: J2B2A4N98G) |                 |

## Product Characteristics

|                 |                |                     |          |
|-----------------|----------------|---------------------|----------|
| <b>Color</b>    | white          | <b>Score</b>        | no score |
| <b>Shape</b>    | ROUND (Boiron) | <b>Size</b>         | 9mm      |
| <b>Flavor</b>   |                | <b>Imprint Code</b> | ;        |
| <b>Contains</b> |                |                     |          |

## Packaging

| # | Item Code        | Package Description                                     | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:0220-9083-04 | 60 in 1 BLISTER PACK; Type 0: Not a Combination Product | 01/18/2022           |                    |

## Marketing Information

| <b>Marketing Category</b> | <b>Application Number or Monograph Citation</b> | <b>Marketing Start Date</b> | <b>Marketing End Date</b> |
|---------------------------|---|-----------------------------|---------------------------|
| unapproved homeopathic    |   | 01/18/2022                  |                           |

**Labeler** - Boiron (282560473)

**Registrant** - Boiron Inc. (014892269)

**Establishment**

| Name   | Address | ID/FEI    | Business Operations    |
|--------|---------|-----------|------------------------|
| Boiron |         | 282560473 | manufacture(0220-9083) |

Revised: 7/2025

Boiron