READY-TO-USE ENEMA - sodium phosphate enema Target Corporation

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

Active ingredient (in each 118 mL delivered dose)

Sodium Phosphate 19 g

Dibasic Sodium Phosphate 7 g

Purpose

saline laxative & bowel cleanser

Use

for relief of occasional constipation or bowel cleansing before rectal examinations

Warnings

For rectal use only

Dosage warning: Using more than one enema in 24 hours can be harmful

Ask a doctor before using this product if you:

- Are on a sodium-restricted diet
- Have kidney disease

Ask a doctor before using any laxative if you have:

- Abdominal pain, nausea, or vomiting
- A sudden change in bowel habits lasting more than 2 weeks
- Already used a laxative for more than 1 week

Stop use and ask a doctor if you have:

- Rectal bleeding
- No bowel movement after the enema is given

These symptoms may indicate a serious condition

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children

If swallowed, get medical help or contact a Poison Control Center right away.

When using this product, do not use more than directed.

Serious side effects may occur from excess dosage.

Directions

One dose daily. Do not use more unless directed by a doctor. See Warnings.

adults & children 12 years	1 Bottle
and older	
children under 12 years	Ask your child's pediatrician
children under 2 years	DO NOT USE

Other Information

- Each 118 mL contains: sodium 4.4 g
- This product generally results in a bowel movement in 1 to 5 minutes
- Tamper Evident: If the bottle is open do not use
- Consult PHYSICIAN DESK REFERENCE® for complete professional labeling.

Inactive Ingredients

Benzalkonium chloride, disodium EDTA and purified water

Questions or comments?

Call 1-877-545-3635

Principal Display Panel



ready-to-use enema

Use this carton for discarding enema after use.



Drug Facts Active ingredients

(in each 118 mL delivered dose) Monobasic sodium phosphate 19g...... Dibasic sodium phosphate 7g.....

Remove green protective cap from tip before using saline laxative & bowel cleanser saline laxative & bowel cleanser

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 No bowel movement after the enema is given

These symptoms may indicate a serious condition

If pregnant or breast feeding, ask a health professional before use. Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center immediately.

One dose daily. Do not use more unless directed by a doctor. See Warnings.

Adults and children 12 years and over 1 Bottle Children under 12 Ask your child's pediatrician Children under 2 years DO NOT LISE

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Directions for Use:

To open bottle – hold bottle by neck and twist off tab. Discard tab Remove enema tip from protective plastic wrap and screw enema tip securely onto open bottle



Gently insert enema tip into rectum applying a gentle side-to-side movement, with the tip pointing towards the navel. Do NOT force the enema tip into not note the enema up into rectum as this may cause injury. Insertion may be easier if the recipient of the enema bears down, as if having a bowel movement. This can help to relax the muscles around the anus. Squeeze bottle until nearly all the liquid Squeeze bottle until nearly all the liquid has been expleid. It is not necessary to empty the bottle completely since it contains more liquid than needed. Gently remove bir from rectum and maintain position until urge to move bowels is strong (usually 1-5 minutes).

Positions for using an enema: Left side position: Lie on left side with right knee bent as shown. Arms should be placed in comfortable position.



Knee-chest position: Kneel, then lower head and chest forward until left side of face is resting on surface and left arm is folded comfortably – as shown.

up & up® Brand enema is manufactured by BFS Pharma, Randolph, MA 02368 © BFS Pharma 2011

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TAR03SLRT02-V1R1

ready-to-use enema

sodium phosphates rectal solution

Compare to active ingredients of Fleet® Saline Enema*

for relief of occasional constipation and bowel cleansing comfortable, lubricated tip works in minutes latex free



2 BOTTLES 4.5 FL OZ (133 mL) EACH ready-to-use

NDC 11673-222-02

BOTTLES



upaup

Principal Package Display

READY-TO-USE ENEMA

sodium phosphate enema

Product Information

Product Type HUMAN OTC DRUG Item Code (Source) NDC:11673-222

Route of Administration RECTAL

Active Ingredient/Active Moiety

ı	J v		
	Ingredient Name	Basis of Strength	Strength
l	SODIUM PHO SPHATE, MO NO BASIC (UNII: 3980 JIH2SW) (PHO SPHATE ION - UNII: NK0 8 V8 K8 HR)	SODIUM PHOSPHATE, MONOBASIC	19 g in 118 mL
l	SO DIUM PHO SPHATE, DIBASIC (UNII: GR686LBA74) (PHO SPHATE ION - UNII: NK08 V8 K8 HR)	SODIUM PHOSPHATE, DIBASIC	7 g in 118 mL

Inactive Ingredients			
Ingredient Name	Strength		
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)			
EDETATE DISO DIUM (UNII: 7FLD9 1C86K)			
WATER (UNII: 059QF0KO0R)			

P	Packaging					
#	Item Code	Package Description	Marketing Start Date	Marketing End Date		
1	NDC:11673-222-02	2 in 1 CARTON				
1		133 mL in 1 BOTTLE				

Marketing Information					
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date		
OTC monograph not final	part334	08/23/2012			

Labeler - Target Corporation (006961700)

Revised: 8/2012 Target Corporation