

**ZICAM INTENSE SINUS RELIEF- oxymetazoline hydrochloride spray**  
**Church & Dwight Co., Inc.**

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**Zicam® Intense Sinus Relief Nasal Spray**

***Drug Facts***

**Active ingredient**

Oxymetazoline hydrochloride 0.05%

**Purpose**

Nasal decongestant

**Uses**

- temporarily relieves nasal congestion due to:
  - the common cold
  - hay fever
  - upper respiratory allergies
- temporarily relieves sinus congestion and pressure
- helps clear nasal passages
- shrinks swollen membranes

**Warnings**

**Ask a doctor before use if you have**

- heart disease
- high blood pressure
- thyroid disease
- diabetes
- trouble urinating due to an enlarged prostate gland

**When using this product**

- **do not use more than directed**
- do not use for more than 3 days. Use only as directed. Frequent or prolonged use may cause nasal congestion to recur or worsen.
- temporary discomfort such as burning, stinging, sneezing or an increase in nasal discharge may result
- use of this container by more than one person may spread infection

**Stop use and ask a doctor if symptoms persist**

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

## **Directions**

- adults and children 6 to under 12 years of age (with adult supervision): 2 or 3 sprays in each nostril not more often than every 10 to 12 hours. Do not exceed 2 doses in any 24-hour period.
- children under 6 years of age: ask a doctor

## **To use pump:**

- to open, hold the actuator to squeeze and turn cap
- hold with thumb at bottom of bottle and nozzle between fingers
- before using the first time, prime pump by depressing several times
- place tip of nozzle just past nasal opening (approximately 1/8")
- pump 2 or 3 times in each nostril without tilting your head. Sniff deeply.
- wipe nozzle clean after use
- to close, turn cap until it 'clicks'

## **Other information**

- store between 15-29°C (59-84°F)
- retain carton for future reference on full labeling

## **Inactive ingredients**

aloe barbadensis gel, benzalkonium chloride, benzyl alcohol, disodium EDTA, disodium phosphate, dl-alpha tocopherol, eucalyptol, glycerin, hydroxyethylcellulose, menthol, monosodium phosphate, polysorbate 80, purified water

## **Questions? Comments?**

call 877-942-2626 toll free

[www.zicam.com](http://www.zicam.com)

## **PRINCIPAL DISPLAY PANEL - 15 mL Bottle Carton**

ZICAM®

INTENSE  
SINUS  
RELIEF

OXYMETAZOLINE HCl 0.05%  
NASAL DECONGESTANT

12  
HOUR  
RELIEF

COLDS\*ALLERGIES

Maximum Strength  
Relief of Sinus  
Pressure

No-Drip Liquid<sup>®</sup>  
NASAL SPRAY

Cooling  
Menthol & Eucalyptus

0.50 FL OZ (15 mL)

# ZICAM.

## INTENSE SINUS RELIEF

OXYMETAZOLINE HCl 0.05%, NASAL DECONGESTANT

SAFETY SEALED. DO NOT USE IF MARKED TAMPER EVIDENT SEAL AROUND THE BOTTLE IS BROKEN OR MISSING.

# ZICAM. ZICAM.

### Drug Facts

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Oxymetazoline Nasal  
hydrochloride 0.05%.....decongestant

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Stop use and ask a doctor if symptoms persist

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#### Directions

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### Drug Facts (continued)

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KEEP CARTON FOR COMPLETE WARNINGS AND INFORMATION; SEE OPPOSITE PANEL FOR DETAILED INSTRUCTIONS ON HOW TO USE PUMP

#### SATISFACTION GUARANTEED

Questions? Comments?  
call 877-942-2626 toll free  
www.zicam.com

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CHURCH & DWIGHT CO., INC.  
EWING, NJ 08628

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ZCFC-20400-02  
72026089

## INTENSE SINUS RELIEF

OXYMETAZOLINE HCl 0.05%  
NASAL DECONGESTANT



COLDS • ALLERGIES



Maximum Strength  
Relief of Sinus  
Pressure

No-Drip Liquid®  
NASAL SPRAY

Cooling  
Menthol & Eucalyptus

0.50 FL OZ (15 mL)

#### TO USE PUMP

- To open, hold white wings with thumb and forefinger; with other hand, pinch gray grips on cap and twist to open.
- Hold with thumb at bottom of bottle and nozzle between your fingers.
- Before using the first time, prime pump by firmly depressing several times.
- Place tip of nozzle just past nasal opening (approximately 1/8").
- Pump 2 or 3 times into each nostril without tilting your head.
- Sniff deeply. Do not use more often than once every 10 to 12 hours. Do not exceed 2 doses in any 24-hour period. Wipe nozzle clean after use.
- To close, hold white wings in place while turning the gray cap until it clicks.



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## ZICAM INTENSE SINUS RELIEF

oxymetazoline hydrochloride spray

### Product Information

Product Type

HUMAN OTC DRUG

Item Code (Source)

NDC:10237-471

**Route of Administration** NASAL

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>OXYMETAZOLINE HYDROCHLORIDE</b> (UNII: K89MJ0S5VY) (OXYMETAZOLINE - UNII:8VLN5B44ZY)	OXYMETAZOLINE HYDROCHLORIDE	0.5 mg in 1 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)	
<b>BENZALKONIUM CHLORIDE</b> (UNII: F5UM2KM3W7)	
<b>BENZYL ALCOHOL</b> (UNII: LKG8494WBH)	
<b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)	
<b>SODIUM PHOSPHATE, DIBASIC, ANHYDROUS</b> (UNII: 22ADO53M6F)	
<b>.ALPHA.-TOCOPHEROL, DL-</b> (UNII: 7QWA1RIO01)	
<b>EUCALYPTOL</b> (UNII: RV6J6604TK)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>HYDROXYETHYL CELLULOSE (100 MPAS AT 2%)</b> (UNII: R33S7TK2EP)	
<b>MENTHOL, UNSPECIFIED FORM</b> (UNII: L7T10EIP3A)	
<b>SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM</b> (UNII: 3980JIH2SW)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>WATER</b> (UNII: 059QF0KO0R)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:10237-471-15	1 in 1 CARTON	02/28/2022	
1		15 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	02/28/2022	

**Labeler** - Church & Dwight Co., Inc. (001211952)

Revised: 11/2024

Church & Dwight Co., Inc.