

**ZICAM COLD REMEDY- galphimia glauca flowering top, luffa operculata fruit, and schoenocaulon officinale seed gel
Church & Dwight Co., Inc.**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Zicam[®] Cold Remedy Medicated Nasal Swabs

Drug Facts

Active ingredients

Galphimia glauca 4x, Luffa operculata 4x, Sabadilla 4x

Purpose

Reduces duration and severity of the common cold and helps relieve nasal congestion

Uses

Reduces duration of the common cold and helps relieve nasal congestion

Zicam[®] Cold Remedy was formulated to shorten the duration of the common cold and may not be effective for flu or allergies.

Warnings

- **For nasal use only**

Do not use if you have a sensitivity or allergy to any of the ingredients. If an allergic reaction occurs, stop use and seek medical help right away.

Ask a doctor before use if you have

- ear, nose, or throat sensitivity
- susceptibility to nosebleeds

When using this product

- avoid contact with eyes. Rinse right away with water if it gets in eyes and seek medical help right away.
- the use of individual swabs by more than one person may spread infection
- temporary discomfort such as burning, stinging, sneezing, or an increase in nasal discharge may occur

Stop use and ask a doctor if

- symptoms get worse or last more than 7 days or are accompanied by fever
- redness or swelling is present
- new symptoms occur

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- **for best results, use at the first sign of a cold and continue to use until symptoms completely subside**
- adults and children 12 years of age and older:
 - open tube (also see illustration on side of carton)
 - hold tube between thumb and forefinger at the blue band
 - with other hand, hold at handle base, snap open tube and pull out swab
 - apply medication just inside first nostril. Using swirling motion, rotate swab 3 times within nostril. While swirling, gently press outside of first nostril to ensure transfer of medication. Re-dip swab in tube and mix to re-saturate with medication. Swirl 3 more times in the same nostril while gently pressing outside of nostril. Re-dip swab in tube and mix. Repeat identical sequence in second nostril. Do not insert swab more than 1/4" past nasal opening.
 - discard swab after use
 - wait at least 30 seconds before blowing nose
 - use 1 tube every 3 hours, not to exceed 5 tubes in one 24 hour period
- children under 12 years of age: do not use

Other information

- store at room temperature 15-29°C (59-84°F)

Inactive ingredients

benzalkonium chloride, dibasic sodium phosphate, eucalyptol, eugenol, glycine, hypromellose, menthol, monobasic sodium phosphate, phenethyl alcohol, polysorbate 80, purified water, saccharin sodium, sodium chloride, succinic acid

Questions? Comments? Side Effects?

call 877-942-2626 toll free

PRINCIPAL DISPLAY PANEL - 20 Swab Tube Carton

ZICAM®

COLD REMEDY

SHORTENS COLDS

TAKE AT THE FIRST

THE

PRE-COLD[®]

MEDICINE

SIGN OF A COLD

THE

ONLY

COLD SHORTENING

NASAL SWAB

Medicated

NASAL SWABS

**With Cooling Menthol
& Eucalyptus**

20 SINGLE-USE SWABS

ZINC-FREE

HOMEOPATHIC

SAFETY SEALED. DO NOT USE IF INDIVIDUAL MARKED SWABS ARE DAMAGED OR BROKEN.

ZICAM[®] COLD REMEDY

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Active Ingredients **Purpose**
Galphimia glauca 4x, Luffa operculata 4x, Sabadilla 4x.....and helps relieve nasal congestion
Reduces duration of the common cold

Uses
Reduces duration of the common cold and helps relieve nasal congestion
Zicam[®] Cold Remedy was not formulated to be effective for flu or allergies.

Warnings

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Ask a doctor before use if you have

- ear, nose, or throat sensitivity
- susceptibility to nosebleeds
- When using this product
- avoid contact with eyes. Rinse right away with water if it gets in eyes and seek medical help right away.
- the use of individual swabs by more than one person may spread infection
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Stop use and ask a doctor if

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- redness or swelling is present
- new symptoms occur

If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If ingested, get medical help or contact a Poison Control Center right away.

Directions

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SHORTENS COLDS

That first snuffle, sneeze or throat tickle... you have a Pre-Cold,[®] the first sign a full blown cold is coming.

Take Zicam[®] Nasal Swabs now — to shorten a cold.

KEEP CARTON FOR COMPLETE WARNINGS AND INFORMATION

SATISFACTION GUARANTEED

Questions? Comments? call 877-942-2626 toll free

www.zicam.com

Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

DISTRIBUTED BY CHURCH & DWIGHT CO., INC. EWING, NJ 08029
U.S. Patent Nos. 7,115,276; 7,507,901; 8,133,592; 8,034,401; 8,555,069.

With Plant-Derived Active Ingredients

70101518 ZCFC-30120-01

ZINC-FREE HOMEOPATHIC



THE ONLY COLD SHORTENING NASAL SWAB

Medicated NASAL SWABS

With Cooling Menthol & Eucalyptus

20 SINGLE-USE SWABS

ZINC-FREE HOMEOPATHIC

ZINC-FREE HOMEOPATHIC

DIRECTIONS

1. Hold tube between thumb and forefinger at the blue band.
2. With the other hand hold at base of handle and snap open tube.
3. Pull out swab.
4. Apply medication just inside first nostril. Using swirling motion, rotate swab 3 times within nostril. While swirling, gently press outside of first nostril to ensure transfer of medication. Re-dip swab in tube and mix to re-saturate with medication. Swirl 3 more times in the same nostril while gently pressing outside of nostril. Re-dip swab in tube and mix. Repeat identical sequence in second nostril. Do not insert swab more than 1/4" past nasal opening. Discard swab after use.



ZICAM COLD REMEDY

galphimia glauca flowering top, luffa operculata fruit, and schoenocaulon officinale seed gel

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:10237-472
Route of Administration	NASAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
GALPHIMIA GLAUCA FLOWERING TOP (UNII: 93PH5Q8M7E) (GALPHIMIA GLAUCA FLOWERING TOP - UNII:93PH5Q8M7E)	GALPHIMIA GLAUCA FLOWERING TOP	4 [hp_X] in 1.2 mL
LUFFA OPERCULATA FRUIT (UNII: C4MO6809HU) (LUFFA OPERCULATA FRUIT - UNII:C4MO6809HU)	LUFFA OPERCULATA FRUIT	4 [hp_X] in 1.2 mL
SCHOENOCAULON OFFICINALE SEED (UNII: 6NAF1689IO) (SCHOENOCAULON OFFICINALE SEED - UNII:6NAF1689IO)	SCHOENOCAULON OFFICINALE SEED	4 [hp_X] in 1.2 mL

Inactive Ingredients

Ingredient Name	Strength
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)	
SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM (UNII: GR686LBA74)	
EUCALYPTOL (UNII: RV6J6604TK)	
EUGENOL (UNII: 3T8H1794QW)	
GLYCINE (UNII: TE7660XO1C)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MENTHOL, UNSPECIFIED FORM (UNII: L7T10EIP3A)	
SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM (UNII: 3980JIH2SW)	
PHENYLETHYL ALCOHOL (UNII: ML9LGA7468)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
WATER (UNII: 059QF0KO0R)	
SACCHARIN SODIUM (UNII: SB8ZUX40TY)	
SODIUM CHLORIDE (UNII: 451W47IQ8X)	
SUCCINIC ACID (UNII: AB6MNQ6J6L)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:10237-472-20	20 in 1 CARTON	02/28/2022	
1		1.2 mL in 1 TUBE, WITH APPLICATOR; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		02/28/2022	

Labeler - Church & Dwight Co., Inc. (001211952)

Revised: 2/2022

Church & Dwight Co., Inc.