

**PAIN RELIEF ROLL-ON MUSCLE- camphor (natural) gel**  
**J.R. Watkins, LLC.**

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**Pain Relief Roll-On  
Muscle**

**Drug Facts**

**Active Ingredient**

Camphor 1.5%

**Purpose**

Topical Analgesic

**Uses**

For the temporary relief of pain

**Warnings**

**For external use only.**

**Flammable:**Keep away from fire or flame and heated surfaces.

**Do not use**

- On open wounds, damaged or irritated skin
- With a heating pad or TENS device
- With any other creams, ointments, sprays, liniments, or other topical products containing camphor

**When using this product**

- Do not bandage tightly
- Use only as directed
- Avoid contact with eyes or mucous membranes

**Stop use and ask a doctor if**

- Condition worsens
- Rash, itching, redness, or excessive irritation of skin develops
- Symptoms persist for more than 7 days
- Symptoms clear up and occur again within a few days

**If pregnant or breastfeeding**

Ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison

Control Center right away.

### **Directions**

- Adults and children 12 years of age and older:
- Apply to affected area not more 4 times a day
- Massage painful area until absorbed into skin
- Wash hands after each use with cold water
- Children under 12 years of age: consult a doctor.

### **Other information**

- Store away from children
- Store in dry, well-ventilated conditions at room temperature (59-77°F)

### **Inactive ingredients**

Arnica montana flower extract, cholecalciferol, denatured alcohol, ethylhexylglycerin, glycerin, hydroxyethylcellulose, magnesium chloride hexahydrate, Mentha piperita (peppermint) oil, phenoxyethanol, polysorbate 20, water

### **Questions or Comments?**

J.R. WATKINS, LLC  
OAKLAND, CA 94612  
1-888-384-1945  
**JRWATKINS.COM**

### **PRINCIPAL DISPLAY PANEL - 85 g Bottle Label**

ESTD 1868

J.R.  
WATKINS  
REMEDIES FOR BODY™

MUSCLE

PAIN RELIEF  
ROLL-ON

USED BY  
ATHLETES


WITH NATURAL MAGNESIUM,  
VITAMIN D, CAMPHOR  
& PEPPERMINT

PENETRATING  
PAIN RELIEF FOR  
MUSCLE STRAINS  
AND SORENESS,

# AND ACHING JOINTS

Net wt. 3.0 oz (85 g)

<b>Drug Facts</b>	
<b>Active ingredient</b> Camphor 1.5%	<b>Purpose</b> Topical Analgesic
<b>Uses</b> For the temporary relief of pain.	
<b>Warnings</b> For external use only.	
<b>Flammable:</b> Keep away from fire or flame and heated surfaces	
<b>Do Not Use:</b> • On open wounds, damaged or irritated skin • With a heating pad or TENS device • With any other creams, ointments, sprays, liniments, or other topical products containing camphor	
<b>When using this product:</b> • Do not bandage tightly • Use only as directed • Avoid contact with eyes or mucous membranes	
<b>Stop use and ask a doctor if:</b> • Condition worsens • Rash, itching, redness, or excessive irritation of skin develops • Symptoms persist for more than 7 days • Symptoms clear up and occur again within a few days	
<b>If pregnant or breastfeeding:</b> Ask a health professional before use.	
<b>Keep out of reach of children:</b> If swallowed, get medical help or contact Poison Control Center right away.	
<b>Directions</b> Adults and children 12 years of age and over: • Apply to affected area not more than 4 times a day • Massage painful area until absorbed into skin • Wash hands after each use with cold water • Children under 12 years of age: consult a doctor.	
<b>Other Information:</b> • Store Away from Children • Store in dry, well ventilated conditions at room temperature (59-77F)	
<b>Inactive ingredients</b> Arnica montana flower extract, cholecalciferol, denatured alcohol, ethylhexylglycerin, glycerin, hydroxyethylcellulose, magnesium chloride hexahydrate, Mentha piperita (peppermint) oil, phenoxyethanol, polysorbate 20, water.	



## MUSCLE PAIN RELIEF ROLL-ON

WITH NATURAL MAGNESIUM, VITAMIN D, CAMPHOR & PEPPERMINT

PENETRATING PAIN RELIEF FOR MUSCLE STRAINS AND SORENESS, AND ACHING JOINTS

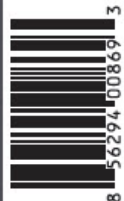
Net wt. 3.0 oz (85 g)

PAIN RELIEF FOR MUSCLE STRAINS AND SORENESS, AND ACHING JOINTS

PARABEN FREE  
CRUELTY FREE

Questions or Comments?  
J.R. WATKINS, LLC  
OAKLAND, CA 94612  
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JRWATKINS.COM

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⏰ ↓ LOT ⚠️

## PAIN RELIEF ROLL-ON MUSCLE

camphor (natural) gel

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:72342-190
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>CAMPHOR (NATURAL)</b> (UNII: N20HL7Q941) (CAMPHOR (NATURAL) - UNII:N20HL7Q941)	CAMPHOR (NATURAL)	1.5 g in 100 g

### Inactive Ingredients

Ingredient Name	Strength
<b>ARNICA MONTANA FLOWER</b> (UNII: OZ0E5Y15PZ)	

<b>CHOLECALCIFEROL</b> (UNII: 1C6V77QF41)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>ETHYLHEXYLGLYCERIN</b> (UNII: 147D247K3P)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>HYDROXYETHYL CELLULOSE, UNSPECIFIED</b> (UNII: T4V6TWG28D)	
<b>MAGNESIUM CHLORIDE</b> (UNII: 02F3473H9O)	
<b>PEPPERMINT OIL</b> (UNII: AV092KU4JH)	
<b>PHENOXYETHANOL</b> (UNII: HIE492ZZ3T)	
<b>POLYSORBATE 20</b> (UNII: 7T1F30V5YH)	
<b>WATER</b> (UNII: 059QF0KO0R)	

<b>Packaging</b>				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72342-190-85	85 g in 1 BOTTLE, WITH APPLICATOR; Type 0: Not a Combination Product	12/15/2020	

<b>Marketing Information</b>			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	12/15/2020	

**Labeler** - J.R. Watkins, LLC. (081071049)

Revised: 3/2024

J.R. Watkins, LLC.