

GOODYS PM- acetaminophen and diphenhydramine citrate powder
Medtech Products Inc.

Goodys PM - 63029-656

Drug Facts

Active ingredients

(in each powder)

Acetaminophen 500 mg

Diphenhydramine Citrate 38 mg

Purposes

Pain reliever

Nighttime sleep-aid

Uses

- temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy Alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

● skin reddening ● blisters ● rash. If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- liver disease

- glaucoma
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are taking

- the blood thinning drug warfarin
- sedatives or tranquilizers

When using this product

- drowsiness will occur
- avoid alcoholic drinks
- be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
 - pain gets worse or lasts more than 10 days
 - redness or swelling is present
 - any new symptoms appear
- These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

Overdose warning:

Taking more than the recommended dose can cause serious health problems. In case of overdose, get medical help or contact Poison Control Center (1-800-222-1222) right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more than directed** (see overdose warning)
- **adults and children 12 years of age and over:** take 2 powders at bedtime, if needed, or as directed by a doctor. Drink a full glass of water with each dose, or may stir powder into a glass of water or other liquid.
- **do not give to children under 12 years of age**

Other Information

- each powder contains: **potassium 42 mg**
- store below 25°C (77°F)

Inactive ingredients

citric acid, docusate sodium, fumaric acid, glycine, lactose monohydrate, magnesium stearate, potassium chloride, silica gel, sodium benzoate, sodium citrate dihydrate

Questions or comments?

1-866-255-5197

Principal Display Panel

Goody's PM

Acetaminophen • Diphenhydramine Citrate

Pain Reliever/ Nighttime sleep-aid

FOR PAIN WITH SLEEPLESSNESS

16 Powder Packs

FAST PAIN RELIEF

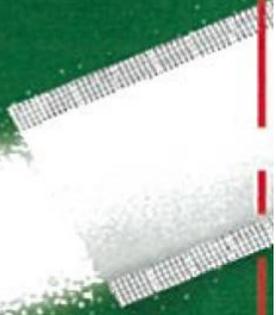
Goody's[®]

PM



NIGHTTIME

POWDER



ACETAMINOPHEN
DIPHENHYDRAMINE CITRATE
PAIN RELIEVER / NIGHTTIME SLEEP-AID

16 PACKS

Drug Facts (continued)

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goodyspowder.com

Keep carton for future reference.



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16 PACKS

ACETAMINOPHEN
DIPHENHYDRAMINE CITRATE
PAIN RELIEVER / NIGHTTIME SLEEP-AID

POWDER

NIGHTTIME

PM

Goodys[®]

FAST PAIN RELIEF

5061

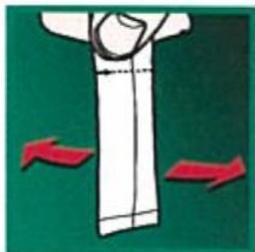
goodyspowder.com

FOR PAIN WITH
SLEEPLESSNESS

ACETAMINOPHEN 500 mg - PAIN RELIEVER
DIPHENHYDRAMINE CITRATE - 38 mg NIGHTTIME SLEEP-AID

Goodys[®]
PM

TO OPEN CHILD-RESISTANT PACKAGE



1. Shake pack so powder settles on bottom.



2. Pinch and tear at either arrow or use scissors.



3. Tilt head back and pour powder onto tongue.

0.125

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Diphenhydramine	
Citrate 38 mg.....	Nighttime sleep-aid

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TAMPER EVIDENT: DO NOT USE IF PACK IS DAMAGED OR OPEN.

GOODYS PM

acetaminophen and diphenhydramine citrate powder

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:63029-656
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
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ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg		
DIPHENHYDRAMINE CITRATE (UNII: 4OD433S209) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE CITRATE	38 mg		
Inactive Ingredients				
Ingredient Name		Strength		
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)				
DOCUSATE SODIUM (UNII: F05Q2T2JA0)				
FUMARIC ACID (UNII: 88XHZ13131)				
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)				
MAGNESIUM STEARATE (UNII: 70097M6I30)				
POTASSIUM CHLORIDE (UNII: 660YQ98I10)				
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)				
SODIUM BENZOATE (UNII: OJ245FE5EU)				
TRISODIUM CITRATE DIHYDRATE (UNII: B22547B95K)				
GLYCINE (UNII: TE7660XO1C)				
Product Characteristics				
Color	white	Score		
Shape		Size		
Flavor		Imprint Code		
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63029-656-16	16 in 1 CARTON; Type 0: Not a Combination Product	09/01/2013	
2	NDC:63029-656-06	6 in 1 CARTON; Type 0: Not a Combination Product	09/01/2013	
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC Monograph Drug	M013	09/01/2013		

Labeler - Medtech Products Inc. (122715688)