GOODYS PM- acetaminophen and diphenhydramine citrate powder
Medtech Products Inc.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Goodys PM

Drug Facts

Active ingredients

(in each powder)
Acetaminophen 500 mg
Diphenhydramine Citrate 38 mg

Purposes

Pain reliever
Nighttime sleep-aid

Uses

• temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

• more than 4,000 mg of acetaminophen in 24 hours
• with other drugs containing acetaminophen
• 3 or more alcoholic drinks every day while using this product

Allergy Alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

● skin reddening ● blisters ● rash. If a skin reaction occurs, stop use and seek medical help right away.

Do not use

• with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
• in children under 12 years of age
• with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

• liver disease
• glaucoma
• a breathing problem such as emphysema or chronic bronchitis
• trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are taking

• the blood thinning drug warfarin
• sedatives or tranquilizers

When using this product

• drowsiness will occur
• avoid alcoholic drinks
• be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

• sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
• pain gets worse or lasts more than 10 days
• redness or swelling is present
• any new symptoms appear
These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

Overdose warning:

Taking more than the recommended dose can cause serious health problems. In case of overdose, get medical help or contact Poison Control Center (1-800-222-1222) right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

• **do not take more than directed** (see overdose warning)
• **adults and children 12 years of age and over:** take 2 powders at bedtime, if needed, or as directed by a doctor. Drink a full glass of water with each dose, or may stir powder into a glass of water or other liquid.
• **do not give to children under 12 years of age**

Other Information

• each powder contains: **potassium 42 mg**
• store below 25°C (77°F)

Inactive ingredients

citric acid, docusate sodium, fumaric acid, glycine, lactose monohydrate, magnesium stearate, potassium chloride, silica gel, sodium benzoate, sodium citrate dihydrate

Questions or comments?

1-866-255-5197

Principal Display Panel

Goody's PM
Acetaminophen • Diphenhydramine Citrate
Pain Reliever/ Nighttime sleep-aid
FOR PAIN WITH SLEEPLESSNESS

16 Powder Packs

Drug Facts (continued)

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Drug Facts (continued)

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goodyspowder.com

Keep carton for future reference.

Dist. by Medtech Products Inc.
Tarrytown, NY 10591
A Prestige Consumer Healthcare company
GDUS008102

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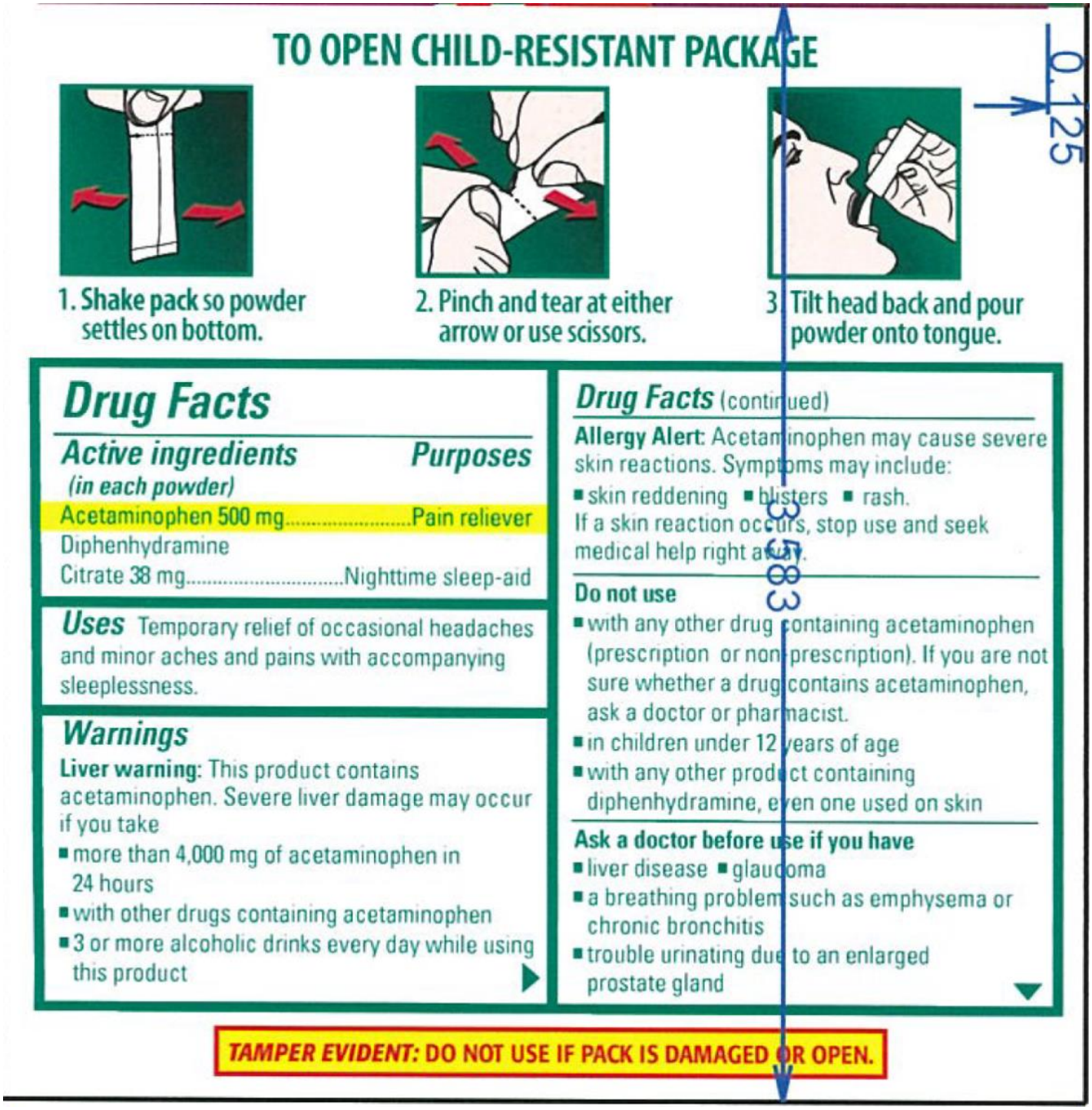
FAST PAIN RELIEF
Goody's®
PM
NIGHTTIME
POWDER
661
ACETAMINOPHEN
DIPHENHYDRAMINE CITRATE
PAIN RELIEVER / NIGHTTIME SLEEP-AID
16 PACKS


Goody's
PM
ACETAMINOPHEN 500 mg – PAIN RELIEVER
DIPHENHYDRAMINE CITRATE – 38 mg NIGHTTIME SLEEP-AID
FOR PAIN WITH SLEEPLESSNESS
goodyspowder.com
3.63"



GOODYS PM

acetaminophen and diphenhydramine citrate powder

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:63029-656
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	**Basis of Strength**	**Strength**

ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE CITRATE (UNII: 4OD433S209) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE CITRATE	38 mg

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
DOCUSATE SODIUM (UNII: F05Q2T2JA0)	
FUMARIC ACID (UNII: 88XHZ13131)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
POTASSIUM CHLORIDE (UNII: 660YQ98I10)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
TRISODIUM CITRATE DIHYDRATE (UNII: B22547B95K)	
GLYCINE (UNII: TE7660XO1C)	

Product Characteristics

Color	WHITE	**Score**	
Shape		**Size**	
Flavor		**Imprint Code**	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63029-656-06	6 in 1 CARTON; Type 0: Not a Combination Product	09/01/2013	
2	NDC:63029-656-16	16 in 1 CARTON; Type 0: Not a Combination Product	09/01/2013	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH FINAL	part341	09/01/2013	

Labeler - Medtech Products Inc. (122715688)

Revised: 4/2020 Medtech Products Inc.