

**MUCUS RELIEF DM- dextromethorphan hbr and guaifenesin tablet, film coated  
ARMY AND AIR FORCE EXCHANGE SERVICE**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Exchange Select 44-533**

***Active ingredients (in each immediate-release tablet)***

Dextromethorphan HBr 20 mg

Guaifenesin 400 mg

***Purpose***

Cough suppressant

Expectorant

***Uses***

- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive
- temporarily relieves:
  - the intensity of coughing
  - the impulse to cough to help you get to sleep
  - cough due to minor throat and bronchial irritation associated with the common cold

***Warnings***

**Do not use**

if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have**

- cough accompanied by too much phlegm (mucus)
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema

**When using this product**

**do not exceed recommended dosage.**

**Stop use and ask a doctor if**

cough persists more than 7 days, tends to recur, or is accompanied by a fever, rash, or persistent headache. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- take with a full glass of water
- adults and children 12 years of age and over: 1 tablet every 4 hours. Do not take more than 6 tablets in 24 hours.
- children under 12 years: do not use

**Other information**

- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN**
- see end flap for expiration date and lot number
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)

**Inactive ingredients**

D&C yellow #10 aluminum lake, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, povidone, silicon dioxide, sodium starch glycolate, stearic acid

**Questions or comments?**

**1-800-426-9391**

**Principal Display Panel**

exchange√select™

**MAXIMUM STRENGTH**

**Mucus Relief DM**

Dextromethorphan HBr 20 mg, Guaifenesin 400 mg

Cough Suppressant

Expectorant

**Immediate Release**

Controls Cough

Thins & Loosens Mucus

**Hours of Relief**

Film Coated

**30 Tablets**

Actual Size

√ quality value

**"SATISFACTION GUARANTEED OR YOUR MONEY BACK"**

Manufactured For Your Military Exchanges

Distributed by: LNK International, Inc.

Hauppauge, NY 11788

1-800-426-9391

50844 REV0118C53301

**TAMPER EVIDENT: DO NOT USE IF PACKAGE IS OPENED OR IF BLISTER UNIT IS**

**TORN, BROKEN OR SHOWS ANY SIGNS OF TAMPERING**

exchange select™

MAXIMUM STRENGTH

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Cough Suppressant  
Expectorant



Hours of Relief

Film Coated  
30 Tablets



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Cough Suppressant  
Expectorant

Immediate  
Release

Controls Cough  
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30 Tablets

No Print Area

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TAMPER EVIDENT: DO NOT USE IF  
PACKAGE IS OPENED OR IF BLISTER  
UNIT IS TORN, BROKEN OR SHOWS  
ANY SIGNS OF TAMPERING

exchange select™

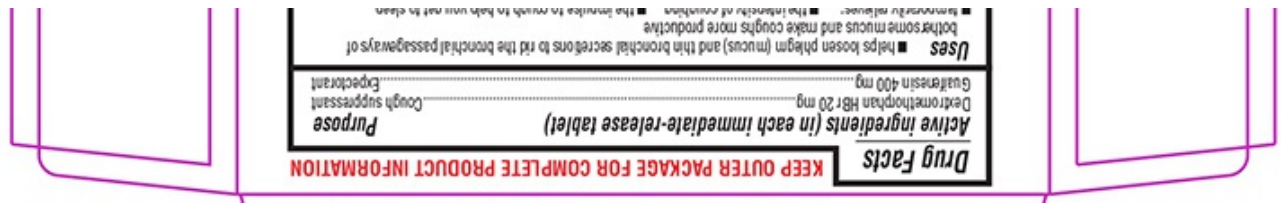
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# Mucus Relief DM

Dextromethorphan HBr 20 mg, Guaifenesin 400 mg

B-0066E-533-01-R  
REV0118C53301

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<b>Questions or comments?</b> 1-800-426-9391



## Exchange Select 44-533

### MUCUS RELIEF DM

dextromethorphan hbr and guaifenesin tablet, film coated

#### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:5530 1-533
<b>Route of Administration</b>	ORAL		

#### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	20 mg
GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	400 mg

#### Inactive Ingredients

Ingredient Name	Strength
D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALTO DEXTRIN (UNII: 7CVR7L4A2D)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POVIDONE (UNII: FZ989GH94E)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
SODIUM STARCH GLYCOLATE TYPE A POTATO (UNII: 5856J3G2A2)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	

#### Product Characteristics

<b>Color</b>	YELLOW	<b>Score</b>	2 pieces
<b>Shape</b>	OVAL	<b>Size</b>	16mm
<b>Flavor</b>		<b>Imprint Code</b>	44;533
<b>Contains</b>			

#### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-533-01	3 in 1 CARTON	12/31/2005	
1		10 in 1 BLISTER PACK; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH FINAL	part341	12/31/2005	

**Labeler** - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	PACK(55301-533)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	MANUFACTURE(55301-533)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	PACK(55301-533)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	PACK(55301-533)

Revised: 7/2019

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