

ALKA-SELTZER HANGOVER RELIEF- anhydrous citric acid, aspirin, and sodium bicarbonate tablet, effervescent
Bayer HealthCare LLC.

Alka-Seltzer Hangover Relief

Drug Facts

Active Ingredients (in each tablet)

Aspirin 500 mg (NSAID)*

Caffeine 65 mg

*nonsteroidal anti-inflammatory drug

Pain reliever

Alertness aid/pain reliever aid

Uses

Uses

- for the temporary relief of minor aches and pains associated with a hangover
- helps restore mental alertness or wakefulness when experiencing fatigue or drowsiness associated with a hangover
- for temporary relief of headaches, body aches, and pain alone

Warnings

Warnings

Reye's syndrome: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this

product, if changes in behavior with nausea and vomiting occur, consult a doctor because these

symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

Allergy alert: Aspirin may cause a severe allergic reaction which may include:

● hives ● facial swelling ● asthma (wheezing) ● shock

Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding.

The chance is higher if you:

● are age 60 or older

● have had stomach ulcers or bleeding problems

● take a blood thinning (anticoagulant) or steroid drug

● take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen,

naproxen, or others)

● have 3 or more alcoholic drinks every day while using this product

● take more or for a longer time than directed

Caffeine warning: The recommended dose of this product contains about as much caffeine as a cup of

coffee. Limit the use of caffeine- containing medications, foods, or beverages while

taking this

product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart beat.

● For occasional use only. Do not use for more than 2 days for a hangover unless directed by a doctor. Not intended for use as a substitute for sleep. If fatigue or drowsiness persists or continues to recur, consult a doctor.

Reye's syndrome

Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

Allergy alert

Aspirin may cause a severe allergic reaction which may include:

● hives ● facial swelling ● asthma (wheezing) ● shock

Stomach bleeding warning

This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you:

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

Caffeine warning

The recommended dose of this product contains about as much caffeine as a cup of coffee. Limit the use of caffeine- containing medications, foods, or beverages while taking this

product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart beat.

● For occasional use only. Do not use for more than 2 days for a hangover unless directed by a doctor. Not intended for use as a substitute for sleep. If fatigue or drowsiness persists or continues to recur, consult a doctor.

Do not use

- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if

- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have asthma
- you have a sodium-restricted diet

Ask a doctor or pharmacist before use if you are

taking a prescription drug for

- diabetes ● gout ● arthritis

Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding:
 - feel faint
 - vomit blood
 - have bloody or black stools
 - have stomach pain that does not get better
- pain lasts for more than 10 days or gets worse
- redness or swelling is present
- ringing in the ears or a loss of hearing occurs
- new symptoms occur

If pregnant or breast-feeding, ask a health professional before use. **It is especially important**

not to use aspirin at 20 weeks or later in pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

Directions

- fully dissolve 2 tablets in 4 ounces of water before taking

Adults 18 years and over	2 tablets every 6 hours as needed, or as directed by a doctor	do not exceed 8 tablets in 24 hours
Adults 60 years and over	2 tablets every 6 hours as needed, or as directed by a doctor	do not exceed 5 tablets in 24 hours
Children under 18 years	consult a doctor	

Other information

- each tablet contains: potassium 115 mg
- each tablet contains: sodium 371 mg
- **Phenylketonurics:** Contains Phenylalanine 5.4 mg per tablet
- store at room temperature. Avoid excessive heat

Inactive ingredients

anhydrous citric acid, aspartame, dimethicone, docusate sodium, FD&C red No. 40, FD&C yellow No. 6, flavor, mannitol, potassium bicarbonate, povidone, sodium benzoate, sodium bicarbonate, sucralose

Questions or comments?

1-800-986-0369 (Mon - Fri 9AM - 5PM EST)

Dist. by: Bayer HealthCare LLC

Whippany, NJ 07981

PRINCIPAL DISPLAY PANEL - 20 Tablet Carton



ALKA-SELTZER HANGOVER RELIEF

anhydrous citric acid, aspirin, and sodium bicarbonate tablet, effervescent

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0280-0084
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E)	CAFFEINE	65 mg
ASPIRIN (UNII: R16CO5Y76E) (ASPIRIN - UNII:R16CO5Y76E)	ASPIRIN	500 mg

Inactive Ingredients

Ingredient Name	Strength
SODIUM BICARBONATE (UNII: 8MDF5V39QO)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
ASPARTAME (UNII: Z0H242BBR1)	
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
DOCUSATE SODIUM (UNII: F05Q2T2JA0)	
DIMETHICONE 100 (UNII: RO266O364U)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
POTASSIUM BICARBONATE (UNII: HM5Z15LEBN)	
CALCIUM SILICATE (UNII: S4255P4G5M)	
POVIDONE (UNII: FZ989GH94E)	
MANNITOL (UNII: 3OWL53L36A)	

Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	25mm
Flavor		Imprint Code	A;S
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0280-0084-01	10 in 1 CARTON	02/21/2022	
1		2 in 1 POUCH; Type 0: Not a Combination Product		
2	NDC:0280-0084-02	18 in 1 CARTON	04/19/2023	
2		2 in 1 POUCH; Type 0: Not a Combination Product		
3	NDC:0280-0084-03	60 in 1 CARTON	04/19/2023	
3		2 in 1 POUCH; Type 0: Not a Combination Product		
4	NDC:0280-0084-04	2 in 1 CARTON	04/19/2023	
4		2 in 1 POUCH; Type 0: Not a Combination Product		
5	NDC:0280-0084-05	1600 in 1 BOX	05/23/2023	
5		2 in 1 POUCH; Type 0: Not a Combination		

5		Product	
6	NDC:0280-0084-06	30 in 1 CARTON	10/13/2025
6		2 in 1 POUCH; Type 0: Not a Combination Product	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	02/21/2022	

Labeler - Bayer HealthCare LLC. (112117283)

Revised: 10/2025

Bayer HealthCare LLC.