

**SLEEP- aesculus hippocastanum, flos, ferrum phos, kali carb, kali phos, mag phos, nat mur, populus termula, flos, prunus cerasifera, flos spray
Siddha Flower Essences LLC**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Drug Facts

Active Ingredient

Each dose contains equal parts of:

Aesculus hippocastanum, flos (White Chestnut) 5X HPUS

Ferrum Phos 12X HPUS

Kali Carb 6C HPUS

Kali Phos 6X HPUS

Mag Phos 12X HPUS

Nat Mur 6X HPUS

Populus termula, flos (Aspen) 5X HPUS

Prunus cerasifera, flos 5X HPUS

Purpose

Each dose contains equal parts of:

Aesculus hippocastanum, flos (White Chestnut) 5X HPUS.....can't sleep because of thoughts going around in head

Ferrum Phos 12X HPUS.....restlessness and sleeplessness; anxious dreams

Kali Carb 6C HPUS.....agitated sleep; sleepless after 2 a.m.

Kali Phos 6X HPUS.....sleeplessness from excessive mental exertion; worry over business troubles; from nervous exhaustion

Mag Phos 12X HPUS.....sleep disturbed by

troublesome dreams

Nat Mur 6X HPUS.....drowsiness during day;
difficulty falling asleep; agitated sleep

Populus termula, flos (Aspen) 5X HPUS.....imagination runs wild

Prunus cerasifera, flos (Cherry Plum) 5X HPUS.....feeling blocked or
congested inside

The letters HPUS indicate ingredients are in the Homeopathic Pharmacopoeia of the
United States.

Uses

- temporarily relieves symptoms of
- occasional sleeplessness
- agitated sleep
- sleeplessness from mental exertion
- drowsiness during day
- anxious dreams
- persistent unwanted thoughts

indications are based on homeopathic materia medica, not clinical tests.

Warnings

Stop use and ask a doctor if symptoms persist or worsen

If pregnant or breast-feeding ask a health professional before use

Keep out of reach of children

Directions

- spray in mouth at bedtime
- for maximum effect spray in mouth one hour before bed and again at bedtime
- can also be used after waking up in the middle of the night
- use 5 days per week until symptoms are relieved

adults and children 12 years and over 4-5 sprays per dose

children 2 years to under 12 years 2-3 sprays per dose

children under 2 years

consult a doctor

Other Information

- do not use if plastic seal around cap is broken or missing.
- store in a cool, dry place.

Inactive Ingredients

Dandelion*, German Chamomile*, Licorice*, Lotus*, Natural Flavor, Purified Water, Sandalwood*, Valerian*, Ylang Ylang*

*flower essence

Questions or Comments?

Call 800.570.0021

Between 9am-5pm PST

info@siddhaflowers.com

siddhaflowers.com

MFD by Siddha Flower Essences
Oxnard, CA 93030

Made in USA

Side Panel

homeopathy and flower essences:

- Jump start your body's natural ability to heal
- Natural, safe and non-habit forming
- No contraindications. May be effectively used with drugs and other supplements
- Alcohol, sugar, dairy and gluten free
- Prepared in purified water with natural preservatives
- Blends time-tested natural medicine with modern technology

- One month supply

FOUNDATIONAL REMEDIES

may be used with targeted remedies

stress relief
daily alignment

emotional detox
deep-seated stress

TARGETED REMEDIES

sleep	male virility
healthy hair	blood sugar
female balance	lung and sinus
muscles and joints	throat and voice
youthful skin	teeth and gums
happy heart	hearing
digestion	sight

Principal Display Panel

one who is the
excellent dream

sleep

homeopathic oral spray

non GMO • no alcohol

NDC: 69779-012-01



SIDDHA
REMEDIES

ELEVATE YOUR NATURE

sleep

Difficulty Falling Asleep
Restless & Sleepless
Agitated Sleep

sugar, dairy & gluten free
Homeopathic Remedy
1 US fl oz (29.6mL)



Lot No.

With Love & Gratitude

Drug Facts

Active Ingredient Purpose

Each dose contains equal parts of:

Aesculus hippocastanum, flos 5X HPUS can't (White Chestnut) sleep because of thoughts going around in head

Ferrum Phos 12X HPUS restlessness and sleeplessness; anxious dreams

Kali Carb 6C HPUS agitated sleep; sleepless after 2 a.m.

Kali Phos 6X HPUS sleeplessness from excessive mental exertion; worry over business troubles; from nervous exhaustion

Mag Phos 12X HPUS sleep disturbed by troublesome dreams

Nat Mur 6X HPUS drowsiness during day; difficulty falling asleep; agitated sleep

Populus tremuloides, flos 5X HPUS (Aspen) imagination runs wild

Prunus cerasifera, flos 5X HPUS feeling blocked or congested inside (Cherry Plum)

The letters HPUS indicate ingredients are in the Homeopathic Pharmacopoeia of the United States

Uses • temporarily relieves symptoms of

- occasional sleeplessness
- agitated sleep
- sleeplessness from mental exertion
- drowsiness during day
- anxious dreams
- persistent unwanted thoughts

indications are based on homeopathic materia medica, not clinical tests.

Warnings
Stop use and ask a doctor if symptoms persist or worsen
If pregnant or breast-feeding ask a health professional before use
Keep out of reach of children →

Drug Facts (continued)

Directions

- spray in mouth at bedtime
 - for maximum effect spray in mouth one hour before bed and again at bedtime
 - can also be used after waking up in the middle of the night
 - use 5 days per week until symptoms are relieved
- | | |
|---------------------------------------|---------------------|
| adults and children 12 years and over | 4-5 sprays per dose |
| children 2 years to under 12 years | 2-3 sprays per dose |
| children under 2 years | consult a doctor |

Other Information

- do not use if plastic seal around cap is broken or missing.
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Inactive Ingredients

Dandelion*, Distilled Water, German Chamomile*, Licorice*, Lotus*, Natural Flavor, Sandalwood*, Valerian*, Ylang Ylang*

* flower essence

Questions or Comments?

Call 800.570.0021
Between 9am-5pm PST
info@siddharemedies.com
siddharemedies.com
MFD by Siddha Remedies
Oxnard, CA 93030
Made in USA

homeopathy & flower essences:

- Jump start your body's natural ability to heal
- Natural, safe and non-habit forming
- No contraindications. May be effectively used with drugs and other supplements
- Alcohol, sugar, dairy & gluten free
- Prepared in distilled water with natural preservatives
- Blends time-tested natural medicine with modern technology
- One month supply

FOUNDATIONAL REMEDIES

may be used with targeted remedies

- stress relief
- daily alignment
- emotional detox
- deep-seated stress

TARGETED REMEDIES

sleep	male balance
healthy hair	blood sugar
female balance	lung & sinus
muscles & joints	throat & voice
youthful skin	teeth & gums
happy heart	hearing
digest	sight

100% natural - no alcohol

siddha cell salts + flower essences

sleep

Difficulty Falling Asleep

Restless and Sleepless

Agitated Sleep

sugar, dairy and gluten free

Homeopathic Remedy

1 US fl oz (29.6mL)

SLEEP			
aesculus hippocastanum, flos, ferrum phos, kali carb, kali phos, mag phos, nat mur, populus termula, flos, prunus cerasifera, flos spray			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69779-012
Route of Administration	ORAL		
Active Ingredient/Active Moiety			
Ingredient Name		Basis of Strength	Strength
AESCULUS HIPPOCASTANUM FLOWER (UNII: KK0Z92II8M) (AESCULUS HIPPOCASTANUM FLOWER - UNII:KK0Z92II8M)		AESCULUS HIPPOCASTANUM FLOWER	5 [hp_X] in 29.6 mL
FERROSO FERRIC PHOSPHATE (UNII: 91GQH8I5F7) (FERROSO FERRIC PHOSPHATE - UNII:91GQH8I5F7)		FERROSO FERRIC PHOSPHATE	12 [hp_X] in 29.6 mL
POTASSIUM CARBONATE (UNII: BQN1B9B9HA) (CARBONATE ION - UNII:7UJQ5OPE7D)		POTASSIUM CARBONATE	6 [hp_C] in 29.6 mL
POTASSIUM PHOSPHATE, DIBASIC (UNII: CI71S98N1Z) (POTASSIUM CATION - UNII:295O53K152)		POTASSIUM PHOSPHATE, DIBASIC	6 [hp_X] in 29.6 mL

MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	12 [hp_X] in 29.6 mL
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM CHLORIDE	6 [hp_X] in 29.6 mL
POPULUS TREMULA FLOWERING TOP (UNII: 5Q01F7TPJJ) (POPULUS TREMULA FLOWERING TOP - UNII:5Q01F7TPJJ)	POPULUS TREMULA FLOWERING TOP	5 [hp_X] in 29.6 mL
PRUNUS CERASIFERA FLOWER (UNII: 0KD7R09EAS) (PRUNUS CERASIFERA FLOWER - UNII:0KD7R09EAS)	PRUNUS CERASIFERA FLOWER	5 [hp_X] in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
TARAXACUM OFFICINALE FLOWERING TOP (UNII: DQS85W46HV)	
MATRICARIA RECUTITA FLOWERING TOP (UNII: 3VNC7T6Z02)	
LICORICE (UNII: 61ZBX54883)	
NELUMBO NUCIFERA FLOWER (UNII: 61W322NLDV)	
WATER (UNII: 059QF0KO0R)	
SANDALWOOD (UNII: 3641YW25N2)	
VALERIAN (UNII: JWF5YAW3QW)	
CANANGA ODORATA FLOWER (UNII: 76GTF6Z97M)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69779-012-01	1 in 1 CARTON	04/09/2015	
1		29.6 mL in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:69779-012-02	1 in 1 CARTON	04/03/2019	
2		7.5 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		04/09/2015	

Labeler - Siddha Flower Essences LLC (053674034)

Registrant - Siddha Flower Essences LLC (053674034)

Establishment

Name	Address	ID/FEI	Business Operations
Siddha Flower Essences LLC		053674034	manufacture(69779-012)

