

**EQUATE MUSCLE CRAMP AND SPASM RELIEF- magnesium sulfate  
heptahydrate liquid  
Walmart, inc**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Equate Muscle Cramp and Spasm Relief Foam**

***Drug Facts***

***Active Ingredient***

Contains Magnesium Sulfate (Magnesia sulphurica) 6X 0.05% HPUS

"HPUS" indicates the active ingredient in this product is in the Homeopathic Pharmacopoeia of the United States.

***Purpose***

Muscle Soreness Relief

***Uses***

- Prevents Cramps and Spasms
- Releases Muscle Tightness
- Relieves Muscle Soreness

***Warnings***

**For external use only.**

**When using this product**

- Avoid eye contact
- Store between 32°F and 120°F
- Use only as directed
- Not for ingestion

**Stop use**

Stop use and ask a doctor if unintended effects occur.

**Pregnancy or breast feeding**

If pregnant or breastfeeding, ask a health professional before use.

**Keep out of reach of children.**

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

### **When using**

**USE ONLY AFTER DIAGNOSIS BY A PHYSICIAN AND UNDER THE SUPERVISION OF A PHYSICIAN.** If eye contact occurs, rinse with water.

### ***Directions***

Directions • Shake bottle well • Apply 2 pumps on each impacted muscle group. • Rub in briskly until absorbed • Repeat • Allow to air dry • Use as needed

### ***Inactive Ingredients***

Inactive ingredients

Aloe vera leaf juice, Ascorbic acid, Caprylyl glycol, Citric acid, Cocamidopropyl betaine, Disodium laureth sulfosuccinate, Ethanol, Glycerin, Ionic colloidal silver, Methyl gluceth-10, PEG-8 Dimethicone, PEG-14, PEG-33, Phenoxyethanol, Potassium sorbate, Purified water, Sodium benzoate, Sodium bicarbonate, Sodium cocoyl isethionate, Sorbic acid, Tocopherols (soy)

### **Questions...?**

Questions or Comments?

1-888-287-1915

### **Principal Display Panel**

FDA Disclaimer: Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

Prevents cramps and spasms  
Releases muscle tightness  
Relieves muscle soreness

**Instructions:**

**STEP 1**  
Shake well.

**STEP 2**  
Apply 2 pumps on each impacted muscle group and rub in briskly until absorbed.

**STEP 3**  
Repeat STEP 2, and allow to air dry.

Use as needed.

**Thigh:** Apply from hip to knee.  
**Foot:** Apply from ankle to toes.  
**Lower Back:** Apply from tailbone to center of back.  
**Hamstring:** Apply from lower buttocks to back of knee.  
**Calf:** Apply from back of knee to ankle.



Satisfaction guaranteed - Or we'll replace it or give you your money back. For questions or comments or to report an undesired reaction or side effect, please call 1-888-287-1915.



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NDC 79903-100-18

**equate™**



**Muscle Cramp & Spasm Relief Foam**  
with magnesium sulfate



No-mess foam

**HOMEOPATHIC†**

**3.4 FL OZ (100mL)**

**Drug Facts**

**Active ingredient** Magnesium sulfate (Magnesia sulphurica) 6X 0.05% HPUS. **Purpose** Muscle Soreness Relief

\*HPUS indicates the active ingredient is in the Homeopathic Pharmacopoeia of the United States.

**Uses:**

- Prevents Cramps and Spasms
- Releases muscle Tightness
- Relieves muscle soreness. \*These statements are based upon traditional homeopathic practice. They have not been reviewed by the Food and Drug Administration.

**Warnings:**

- For external use only.
- When using this product:
  - Avoid eye contact
  - Store between 32°F and 120°F
  - Use only as directed
  - Not for ingestion.

Stop use and ask a doctor if unintended effects occur.

USE ONLY AFTER DIAGNOSIS BY A PHYSICIAN AND UNDER THE SUPERVISION OF A PHYSICIAN. • If eye contact occurs, rinse with water. If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- Shake bottle well.
- Apply 2 pumps on each impacted muscle group.
- Rub in briskly until absorbed.
- Repeat
- Allow to air dry.
- Use as needed.

**Inactive ingredients**

Aloe vera leaf juice, Ascorbic acid, Caprylyl glycol, Citric acid, Cocamidopropyl betaine, Disodium laureth sulfosuccinate, Ethanol, glycerin, Ionic colloidal silver, Methyl gluceth-10, PEG-8 dimethicone, PEG-14, PEG-33, Phenoxyethanol, Potassium sorbate, Purified water, Sodium benzoate, Sodium bicarbonate, Sodium cocoyl isethionate, Sorbic acid, Tocopherols (soy).

**Questions or comments?**  
1-888-287-1915

DISTRIBUTED BY: Walmart Inc., Bentonville, AR 72716

\*This product is not manufactured or distributed by Avadim Technologies Inc., owner of the registered trademark Therawork®.

**EQUATE MUSCLE CRAMP AND SPASM RELIEF**

magnesium sulfate heptahydrate liquid

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:79903-100
<b>Route of Administration</b>	TOPICAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM SULFATE HEPTAHYDRATE</b> (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	6 [hp_X] in 100 mL

**Inactive Ingredients**

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>COCAMIDOPROPYL BETAINE</b> (UNII: 5OCF3O11KX)	
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)	
<b>SILVER</b> (UNII: 3M4G523W1G)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>ASCORBIC ACID</b> (UNII: PQ6CK8PD0R)	
<b>DISODIUM LAURETH SULFOSUCCINATE</b> (UNII: D6DH1DTN7E)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	

<b>SODIUM COCOYL ISETHIONATE</b> (UNII: 518XTE8493)
<b>TOCOPHEROL</b> (UNII: R0ZB2556P8)
<b>PEG-8 DIMETHICONE</b> (UNII: GIA7T764OD)
<b>POTASSIUM SORBATE</b> (UNII: 1VPU26JZZ4)
<b>ALCOHOL</b> (UNII: 3K9958V90M)
<b>METHYL GLUCETH-10</b> (UNII: N0MWT4C7WH)
<b>POLYETHYLENE GLYCOL 700</b> (UNII: 762678AC5R)
<b>PHENOXYETHANOL</b> (UNII: HIE492ZZ3T)
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)
<b>POLYETHYLENE GLYCOL 1500</b> (UNII: 1212Z7S33A)
<b>SORBIC ACID</b> (UNII: X045WJ989B)
<b>CAPRYLYL GLYCOL</b> (UNII: 00YIU5438U)
<b>SODIUM BICARBONATE</b> (UNII: 8MDF5V39QO)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:79903-100-18	100 mL in 1 BOTTLE; Type 0: Not a Combination Product	04/19/2022	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		04/19/2022	

**Labeler** - Walmart, inc (051957769)

Revised: 12/2025

Walmart, inc