

**THERAWORX RELIEF MUSCLE CRAMP AND SPASM RELIEF- magnesium sulfate heptahydrate spray, metered  
AVADIM HOLDINGS, INC**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Theraworx Relief Muscle Cramp and Spasm Relief Spray**

***Drug Facts***

***Active Ingredient***

Contains Magnesium Sulfate (Magnesia sulphurica) 6X 0.05% HPUS The letters H.P.U.S. indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

***Purpose***

Muscle Soreness Relief

***Uses***

- prevents muscle cramps
- releases muscle tightness
- reduces muscle soreness

***Warnings***

**For external use only.** If eye contact occurs, rinse thoroughly with water.

**When using this product**

• avoid eye contact • do not store at temperature above 120°F • use only as directed • not for ingestion

**Stop use and ask a doctor if**

unintended effects occur.

**If pregnant or breastfeeding,**

ask a health professional before use.

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center right away.

## Directions

• shake well • apply 6–8 pumps onto entire muscle group(s) or area • briskly rub in until absorbed • use as needed • allow to air dry

## Inactive Ingredients

Aqua (Water), Cocamidopropyl Betaine, Aloe Barbadensis Leaf Juice, Colloidal Silver, Tocopheryl Acetate, Glycerin, Allantoin, Beta Glucan, Citrus Paradisi (Grapefruit) Fruit Extract, Lauryl Glucoside, Tetrasodium EDTA, PEG/PPG-4/12 Dimethicone, Methylparaben, Propylparaben, Parfum (Fragrance)

## Package Labeling:

- Prevents and relieves muscle cramps and spasms as well as post-cram soreness when used daily
- Clinically trusted formulation with no sticky residue
- Fast acting, non-greasy
- Use as needed

**HOW TO USE:**

**STEP 1** Shake bottle well

**STEP 2** Apply 6-8 pumps to each impacted muscle group

**STEP 3** Rub in briskly until absorbed into skin

**STEP 4** Repeat **STEPS 2 & 3**, and allow to air dry

Store between 32°F and 120°F



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CLINICALLY TRUSTED



**Theraworx**<sup>®</sup>

RELIEF FOR  
**MUSCLE  
CRAMPS**

**SPRAY**

7.1 fl oz (210 mL)

**Drug Facts**

**Active Ingredient**  
Contains Magnesium Sulfate  
(*Magnesia sulphurica*) 6X 0.05% HPUS

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**Purpose** Muscle Soreness Relief

**Uses**  
■ prevents cramps and spasms ■ releases muscle tightness ■ relieves muscle soreness

**Warnings**  
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**When using this product**  
■ avoid eye contact ■ store between 32°F and 120°F ■ use only as directed ■ not for ingestion

**Stop use and ask a doctor if** unintended effects occur.

**If pregnant or breastfeeding,** ask a health professional before use.

**Keep out of reach of children.**  
If swallowed, get medical help or contact a Poison Control Center right away.

**Directions**  
■ shake well ■ apply 6–8 pumps to each impacted muscle group ■ rub in briskly until absorbed ■ repeat ■ allow to air dry ■ use as needed

**Inactive Ingredients (Alphabetical)**  
Allantoin, Aloe barbadensis Leaf Extract, Aloe barbadensis Leaf Juice, Aqua (Water), Benzyl Alcohol, Citric Acid, Cocamidopropyl Betaine, Colloidal Silver, Decyl Glucoside, Ethylhexylglycerin, Glycerin, PEG/PPG-4/12 Dimethicone, Parfum (Fragrance), Potassium Sorbate, Sodium Benzoate, Tetrasodium EDTA, Tocopherol Acetate, Yeast Extract

NDC 61594-004-00

Theraworx<sup>®</sup> is a trademark of and manufactured by Avadim Health  
Swannanoa, NC 28778 • 1-877-677-2723  
TWR-08SP • MA-6-185 • 7.1 fl oz (210 mL)  
[theraworx.com](http://theraworx.com)

## THERAWORX RELIEF MUSCLE CRAMP AND SPASM RELIEF

magnesium sulfate heptahydrate spray, metered

### Product Information

Product Type

HUMAN OTC DRUG

Item Code (Source)

NDC:61594-004

**Route of Administration** TOPICAL

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM SULFATE HEPTAHYDRATE</b> (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	6 [hp_X] in 210 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>ALLANTOIN</b> (UNII: 344S277G0Z)	
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>BENZYL ALCOHOL</b> (UNII: LKG8494WBH)	
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	
<b>COCAMIDOPROPYL BETAINE</b> (UNII: 5OCF3011KX)	
<b>SILVER</b> (UNII: 3M4G523W1G)	
<b>DECYL GLUCOSIDE</b> (UNII: Z17H97EA6Y)	
<b>ETHYLHEXYLGLYCERIN</b> (UNII: 147D247K3P)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>PEG/PPG-4/12 DIMETHICONE</b> (UNII: JAN3585W85)	
<b>POTASSIUM SORBATE</b> (UNII: 1VPU26JZZ4)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>EDETATE SODIUM</b> (UNII: MP1J8420LU)	
<b>.ALPHA.-TOCOPHEROL ACETATE</b> (UNII: 9E8X80D2L0)	
<b>YEAST, UNSPECIFIED</b> (UNII: 3NY3SM6B8U)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:61594-004-00	210 mL in 1 BOTTLE; Type 2: Prefilled Drug Delivery Device/System (syringe, patch, etc.)	07/22/2017	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		07/22/2017	

**Labeler** - AVADIM HOLDINGS, INC (118512488)

**Registrant** - AVADIM HOLDINGS, INC (118512488)