

UP AND UP NIGHTTIME FLU AND SEVERE COLD AND COUGH- acetaminophen, diphenhydramine hydrochloride, and phenylephrine hydrochloride powder, for solution

Target Corporation

**up & up
nighttime flu and severe cold and cough**

Drug Facts

<i>Active ingredients (in each packet)</i>	<i>Purposes</i>
Acetaminophen 650 mg	Pain reliever/fever reducer
Diphenhydramine hydrochloride 25 mg	Antihistamine/cough suppressant
Phenylephrine hydrochloride 10 mg	Nasal decongestant

Uses

- temporarily relieves these symptoms due to a cold:
 - minor aches and pains
 - minor sore throat pain
 - headache
 - nasal and sinus congestion
 - runny nose
 - sneezing
 - itchy nose or throat
 - itchy, watery eyes due to hay fever
 - cough due to minor throat and bronchial irritation
- temporarily reduces fever

Warnings

Allergy alert

Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Liver warning

This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours

- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Sore throat warning

If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting consult a doctor promptly.

Do not use

- in a child under 4 years of age
- if you are allergic to acetaminophen
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on the skin
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- liver disease
- heart disease
- high blood pressure
- thyroid disease
- diabetes
- glaucoma
- a sodium-restricted diet
- trouble urinating due to an enlarged prostate gland
- a breathing problem such as emphysema, asthma or chronic bronchitis
- cough that occurs with too much phlegm (mucus)
- cough that lasts or is chronic such as occurs with smoking, asthma or emphysema

Ask a doctor or pharmacist before use if you are taking

- sedatives or tranquilizers
- the blood thinning drug warfarin

When using this product

- **do not exceed recommended dosage**
- avoid alcoholic drinks
- marked drowsiness may occur
- alcohol, sedatives and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

Stop use and ask a doctor if

- nervousness, dizziness, or sleeplessness occurs
- fever gets worse or lasts more than 3 days
- redness or swelling is present

- new symptoms occur
- symptoms do not get better or worsen
- pain, cough or nasal congestion gets worse or lasts more than 7 days
- cough comes back or occurs with fever, rash or headache that lasts. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health care professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not use more than directed**
- take every 4 hours; do not take more than 5 packets in 24 hours unless directed by a doctor

Age	Dose
children under 4 years of age	do not use
children 4 to under 12 years of age	do not use unless directed by a doctor
adults and children 12 years of age and over	one packet

- dissolve contents of one packet into 8 oz. hot water: sip while hot. Consume entire drink within 10-15 minutes.
- if using a microwave, add contents of one packet to 8 oz. of cool water: stir briskly before and after heating. Do not overheat.

Other information

- **each packet contains:** potassium 4 mg, sodium 27 mg
- **phenylketonurics:** contains phenylalanine 34 mg per packet
- store at controlled room temperature 20°-25°C (68°-77°F). Protect product from heat and moisture.

Inactive ingredients

acesulfame potassium, aspartame, citric acid anhydrous, D&C yellow no. 10, FD&C blue no. 1, FD&C red no. 40, flavors, maltodextrin, sodium citrate anhydrous, sucrose, and pregelatinized starch.

Questions or Comments?

Call **1-800-910-6874**

Distributed by Target Corporation
Minneapolis, MN 55403

PRINCIPAL DISPLAY PANEL - 6 Packet Carton

See new warnings information & directions

NDC 11673-113-07

**Compare to active ingredients in
Theraflu[®] Nighttime Severe Cold & Cough***

**nighttime
severe cold,
cough and flu**

**acetaminophen (pain reliever/fever reducer)
diphenhydramine HCl (antihistamine/cough suppressant)
phenylephrine HCl (nasal decongestant)**

nasal congestion, cough,
runny nose, sneezing,
body ache, sore throat pain,
headache, fever

honey lemon infused
with chamomile and
white tea flavors

up & up

**HONEY
LEMON
FLAVOR**

**6
PACKETS**

6 PACKETS



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NDC 11673-113-07

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 HONEY LEMON FLAVOR
6 PACKETS

6 PACKETS

nighttime severe cold, cough and flu

(pain reliever/fever reducer)
diphenhydramine HCl
(antihistamine/cough suppressant)
phenylephrine HCl
(nasal decongestant)



*This product is not manufactured or
distributed by Novartis Consumer Health, Inc.
or their affiliates, owner of the registered
trademark Theraflu®

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Minneapolis, MN 55403
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READ ALL WARNINGS AND DIRECTIONS ON CARTON BEFORE USE.
KEEP CARTON FOR REFERENCE. DO NOT DISCARD.

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TAMPER EVIDENT INNER PACKET.
DO NOT USE IF SEALED PACKET IS TORN OR BROKEN

Drug Facts (continued)

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20662-0215-1
786

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acetaminophen, diphenhydramine hydrochloride, and phenylephrine hydrochloride powder, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:11673-113
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	650 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg

Inactive Ingredients

Ingredient Name	Strength
ACESULFAME POTASSIUM (UNII: 23OV73Q5G9)	
ASPARTAME (UNII: Z0H242BBR1)	
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
ANHYDROUS TRISODIUM CITRATE (UNII: RS7A450LGA)	
SUCROSE (UNII: C151H8M554)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:11673-113-07	6 in 1 CARTON; Type 0: Not a Combination Product	06/28/2013	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	06/28/2013	

Labeler - Target Corporation (006961700)

Establishment

Name	Address	ID/FEI	Business Operations
Sun Pharma Canada Inc.		243339023	manufacture(11673-113)

Revised: 7/2025

Target Corporation