

CVS FIBER THERAPY- methylcellulose tablet
CVS PHARMACY

CVS Fiber Therapy Methylcellulose 500 mg 100 Caplets

Active ingredient (in each caplet)

Methylcellulose (a non-allergenic fiber) 500 mg

Purpose

Bulk-forming laxative

Uses

- Relieves occasional constipation (irregularity)
- Generally produces a bowel movement in 12-72 hours

Warnings

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- abdominal pain, nausea or vomiting
- a sudden change in bowel habits that persists for 2 weeks

Stop use and ask a doctor if

- constipation lasts more than 7 days
 - You have rectal bleeding
- These could be signs of a serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

Directions

Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking.

- **See choking warning.**

AGE	DOSE	MAXIMUM DOSE
adults & children over 12	Start with 2 caplets. Increase as	do not exceed 12

years	needed up to 6 times per day.	caplets per day.
children (6 to 12 years)	Start with 1 caplet. Increase as needed up to 6 times per day.	do not exceed 6 caplets per day.
children under 6 years	consult a physician	consult a physician

Other information

- **each caplet contains:** calcium 18 mg
- store at room temperature
- protect contents from moisture
- keep tightly closed

Inactive ingredients

adipic acid, calcium carbonate, crospovidone, FD&C yellow no. 6, magnesium stearate, microcrystalline cellulose, polysorbate 80, silica.

Questions or comments?

1-866-467-2748

Principal Display Panel

*Compare to the active ingredient in Citrucel® Caplets

NDC 51316-122-00

Fiber Therapy

Methylcellulose

- Gentle and clinically proven effective†
- Gives you additional fiber to help relieve occasional constipation
- Fiber for irregularity that won't cause excess gas††

100 Fiber Caplets

TAMPER EVIDENT: DO NOT USE IF PRINTED INNER SEAL UNDER CAP IS TORN OR MISSING.

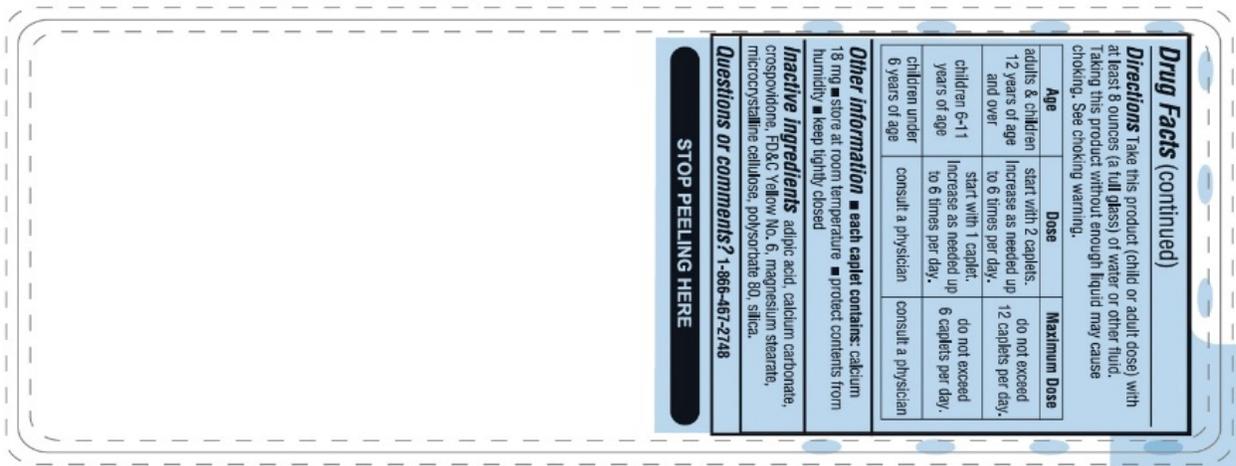
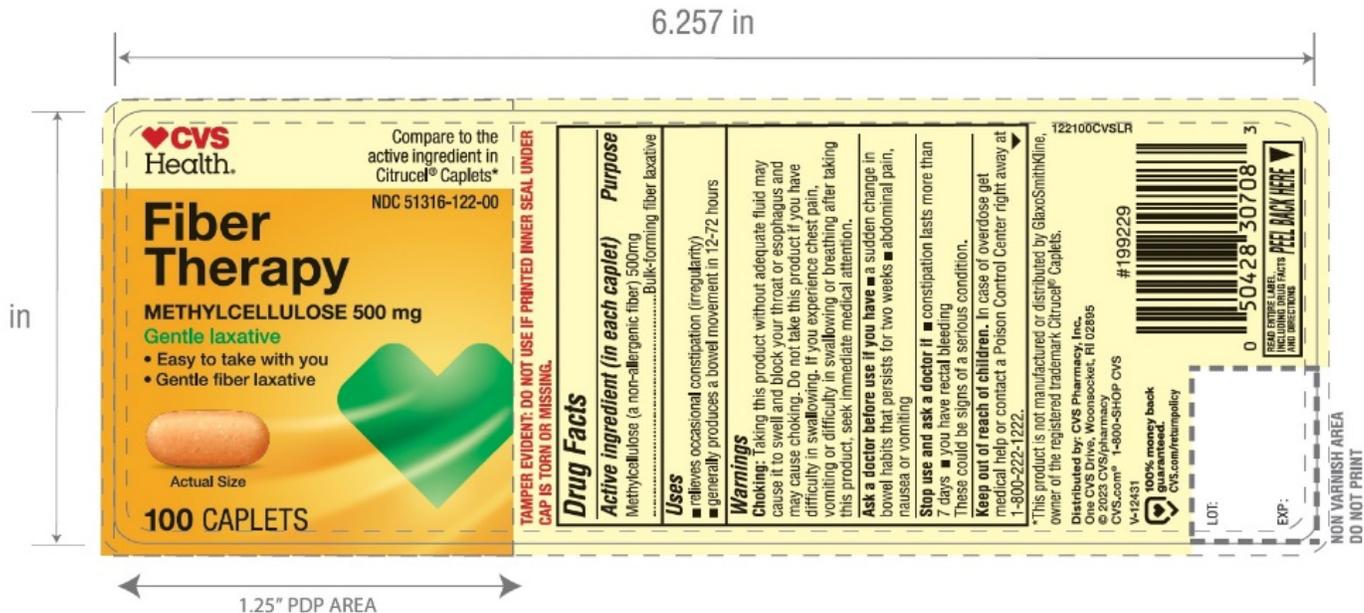
†When Used As Directed

††Based On Laboratory Testing.

Individual Results May Vary.

Distributed by:

*This product is not manufactured or distributed by GlaxoSmithKline, the owner of the registered trademark Citrucel® Caplets.



CVS FIBER THERAPY

methylcellulose tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:51316-122
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
METHYLCELLULOSE (4000 MPA.S) (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 MPA.S) - UNII:MRJ667KA5E)	METHYLCELLULOSE (4000 MPA.S)	500 mg

Inactive Ingredients

Ingredient Name	Strength
ADIPIC ACID (UNII: 76A0JE0FKJ)	
CALCIUM CARBONATE (UNII: H0G9379FGK)	
CROSPVIDONE (120 .MU.M) (UNII: 68401960MK)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	

Product Characteristics

Color	orange (Light orange)	Score	no score
Shape	CAPSULE (Caplet)	Size	19mm
Flavor		Imprint Code	RP122
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:51316-122-00	100 in 1 BOTTLE; Type 0: Not a Combination Product	09/14/2023	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	09/14/2023	

Labeler - CVS PHARMACY (062312574)

Revised: 12/2025

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