## MINERAL OIL- mineral oil enema Blossom Pharmaceuticals

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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#### **Enema, Mineral Oil**

Active Ingredient Purpose

Mineral Oil, 100% Lubricant Laxative

## **Purpose**

• Gentle relief of occasional constipation

## Warnings:

For rectal use only

## As a doctor before use if you have:

- abdominal pain, nausea or vomiting
- notice a sudden change in bowel habits that persists over a period of 2 weeks
- **If pregnant or breast feeding,** ask a health professional before use.

#### **Indications & Usage**

- If you have rectal bleeding or failure to have a bowel movement after use of a laxative because this amy indicate a serious condition
- you need to use a laxative for more than one week

## Keep out of reach of children

#### Keep out of reach of children

If swallowed, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

#### Other information:

- Store at room temperature 20 Deg C 25 Deg C (68 Deg F 77 Deg F)
- This product produces bowel movement in 2 to 15 minutes

#### **Dosage & Administration**

#### Single daily dose

Adults and children 12 years and older - 1 bottle

Children 2 to under 12 years - 1/2 bottle

Children under 2 years - Do not use. Consult a physician.

#### How to use this enema:

#### REMOVE GREEN PROTECTIVE SHIELD BEFORE INSERTING.

Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with the other hand and pull gently to remove.

*See image on box* 

## **Positioning**

**Left-side position**: Lie on left side with knee bent and arms at rest.

See image on box

**Knee-chest position:** Kneel, then lower head and chest forward until the left side of face is resting on surface. Position arms comfortably.

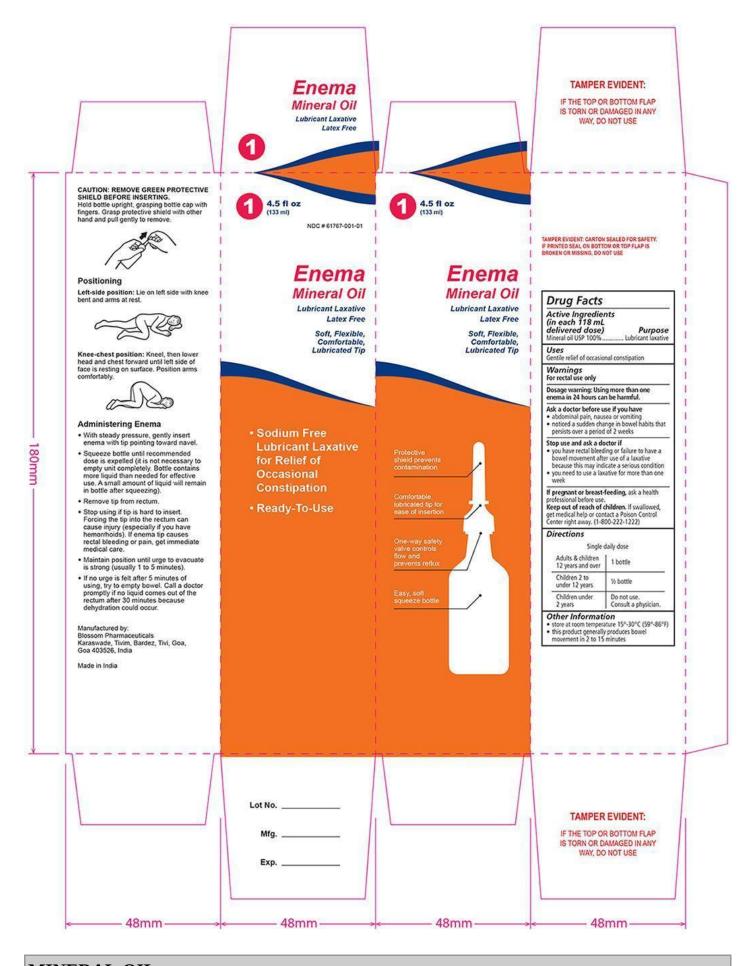
See image on box

## Administering Enema

- With steady pressure, gently insert enema with tip pointing toward navel.
- Squeeze bottle until recommended dose is expelled (it is not necessary to empty unit completely. Bottle contains more liquid than needed for effective use. A small amount of liquid will remain in bottle after squeezing).
- Remove tip from rectum.
- Stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediatemedical care.
- Maintain position until urge to evacuate is strong (usually 1 to 5 minutes).
- If no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

## **Principal Display Panel**

Mineral oil enema.jpg



## MINERAL OIL

## **Product Information**

Product Type HUMAN OTC DRUG Item Code (Source) NDC:61767-001

Route of Administration RECTAL

## **Active Ingredient/Active Moiety**

	Ingredient Name	Basis of Strength	Strength
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MINERAL OIL (UNII: T5L8T28FGP) (MINERAL OIL - UNII:T5L8T28FGP)

MINERAL OIL

118 mL in 118 mL

## **Packaging**

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# Item Code	Package Description	Marketing Start Date	Marketing End Date			
1 NDC:61767-001-01	1 in 1 BOX					
1	118 mL in 1 BOTTLE					

# **Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date		
OTC monograph not final	part334	0 2/0 1/20 14			

# Labeler - Blossom Pharmaceuticals (677381470)

Establishment							
Name	Address	ID/FEI	Business Operations				
Blossom Pharmaceuticals		677381470	manufacture (61767-001)				

Revised: 1/2014 Blossom Pharmaceuticals