

**SODIUM FLUORIDE CHEWABLE- sodium fluoride tablet**  
**Method Pharmaceuticals, LLC**

*Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.*

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**Sodium Fluoride Chewable Tablets**

**Sodium Fluoride Chewable Tablets**

**This insert is for 1.0 mg strength tablets, 0.5 mg strength tablets, and 0.25 mg strength tablets.**

**Rx Only**

This product is a prescription product for the clinical dietary management of the metabolic processes of caries prophylaxis.

<b>Water F<sup>-</sup> Content</b>			
<b>Ages</b>	<b>0 ppm F<sup>-</sup> to &lt;0.3 ppm F<sup>-</sup></b>	<b>0.3 ppm F<sup>-</sup> to 0.6ppm F<sup>-</sup></b>	<b>&gt;0.6ppm F<sup>-</sup></b>
3 yrs. to 6 yrs.	0.5mg*	0.25mg*	0
>6yrs. to 16 yrs.	1.0mg*	0.5mg*	0

\* Per day

**Active Ingredient:** Fluoride (as Sodium Fluoride)

0.25 mg / 0.5 mg / 1.0 mg

**Inactive Ingredients:** citric acid, magnesium stearate, malic acid, microcrystalline cellulose, orange flavor, sucralose, talc, xylitol.

**Caution:** Do not eat or drink dairy products within one hour of fluoride administration. Incompatibility of fluoride with dairy foods has been reported due to formation of calcium fluoride which is poorly absorbed.

**CLINICAL PHARMACOLOGY**

Sodium Fluoride acts systemically (before tooth eruption) and topically (post-eruption) by increasing tooth resistance to acid dissolution, by promoting remineralization, and by inhibiting the cariogenic microbial process.

**INDICATIONS AND USAGE**

For once daily self-applied systemic use as a dental caries preventive in pediatric patients. It has been established that ingestion of fluoridated drinking water (1 ppm F<sup>-</sup>) during the period of tooth development results in a significant decrease in the incidence of dental caries. Sodium Fluoride Chewable Tablets were developed to provide systemic fluoride for use as a supplement in pediatric patients from age 3 years to age 16 years and older living in areas where the drinking water fluoride contents does not exceed 0.6 ppm F<sup>-</sup>.

**CONTRAINDICATIONS**

Fluoride 1.0 mg Tablets are contraindicated when the fluoride content of drinking water is >0.3 ppm F<sup>-</sup> and should not be administered to pediatric patients under 6 years. Fluoride 0.5 mg Tablets are

contraindicated when the fluoride content of drinking water is more than 0.6 ppm F<sup>-</sup> and should not be administered to pediatric patients under age 6 when the fluoride content of drinking water is 0.3 ppm F<sup>-</sup> or more or to pediatric patients under age 3 years. Fluoride 0.25 mg Tablets are contraindicated when the fluoride content of drinking water is more than 0.6 ppm F<sup>-</sup> and should not be administered to pediatric patients under age 3 years when the fluoride content of drinking water is 0.3 ppm F<sup>-</sup> or more. Do not administer Sodium Fluoride Chewable Tablets (any strength) to pediatric patients under age 3 years. Sodium Fluoride Chewable Tablets (any strength) are not indicated for use in adults.

## **OVERDOSAGE**

Prolonged daily ingestion of excessive fluoride will result in varying degrees of fluorosis. Accidental ingestion of large amounts of fluoride may result in acute burning in the mouth and sore tongue. Nausea, vomiting, and diarrhea may occur soon after ingestion (within 30 minutes) and are accompanied by salivation, hematemesis, and epigastric cramping abdominal pain. These symptoms may persist for 24 hours. If less than 5 mg fluoride/kg body weight (i.e., less than 2.3 mg fluoride/lb body weight) have been ingested, give calcium (e.g., milk) orally to relieve gastrointestinal symptoms and observe for a few hours. If more than 5 mg fluoride/kg body weight (i.e., more than 2.3 mg fluoride/lb body weight) have been ingested, induce vomiting, give orally soluble calcium (e.g., milk, 5% calcium gluconate or calcium lactate solution) and immediately seek medical assistance. For accidental ingestion of more than 15 mg fluoride/kg body weight (i.e., more than 6.9 mg fluoride/lb body weight), induce vomiting and admit immediately to a hospital facility. A treatment dose of Sodium Fluoride Chewable Tablets contains 0.25, 0.5 or 1.0 mg fluoride. The treatment of choice depends upon the age of the child and the water fluoride content. A bottle of 120 0.25 mg tablets contains 30 mg fluoride. A bottle of 120 0.5 mg tablets contains 60 mg fluoride. A bottle of 120 1.0 mg tablets contains 120 mg fluoride. [The total amount of sodium fluoride in a bottle of 120 Fluoride Chewable Tablets (all strengths) conforms with the recommended amount of the American Dental Association for the maximum to be dispensed at one time for safety purposes.]

## **WARNING**

Prolonged daily ingestion of quantities greater than the recommended amount may result in various degrees of dental fluorosis in pediatric patients under age 6 years, especially if the water fluoridation exceeds 0.6 ppm. Read directions carefully before using. This product, as all chewable tablets, is not recommended for children under age 3 due to risk of choking. Keep out of the reach of infants and children.

## **PRECAUTIONS**

### **General**

Please refer to the **CONTRAINDICATIONS**, **WARNINGS** and **OVERDOSAGE** sections for overdose concerns. Use in pediatric patients below the age of 3 years is not recommended by current American Dental Associations and American Academy of Pediatrics guidelines.

### **Carcinogenesis, Mutagenesis, Impairment of Fertility**

In a study conducted in rodents, no carcinogenesis was found in male and female rats treated with fluoride at dose levels ranging from 4.1 to 9.1 mg/kg of body weight. Equivocal evidence of carcinogenesis was reported for male rats treated with 2.5 and 4.1 mg/kg of body weight. In a second study, no carcinogenesis was observed in rats, males or females, treated with fluoride up to 11.3 mg/kg of body weight. This dose is at least 400 times greater than the recommended daily dose of Sodium Fluoride Chewable Tablets. Fluoride ion is not mutagenic in standard bacterial systems. It has

been shown that fluoride ion has potential to induce chromosome aberrations in cultured human and rodent cells at doses much higher than those to which humans are exposed. In vivo data is conflicting. Some studies report chromosome damage in rodents while other studies using similar protocols report negative results. Potential adverse reproductive effects of fluoride exposure in humans has not been adequately evaluated. Adverse effects on reproduction were reported for rats, mice, fox, and cattle exposed to 100 ppm or greater concentrations of fluoride in their diet or drinking water. Other studies conducted in rats demonstrated that lower doses of fluoride (5 mg/kg of body weight) did not result in impaired fertility and reproductive capabilities. This dose is approximately 200 times greater than the recommended daily dose of Sodium Fluoride Chewable Tablets.

## **Pregnancy**

Teratogenic Effects

*Pregnancy Category B*

It has been shown that fluoride crosses the placenta of rats, but only 0.01% of the amount administered is incorporated in fetal tissue. Animal studies (rats, mice, rabbits) have shown that fluoride is not a teratogen. Maternal exposure to 12.2 mg fluoride/kg of body weight (rats) or 13.1 mg/kg of body weight (rabbits) did not affect the litter size or fetal weight and did not increase the frequency of skeletal or visceral malformations. Epidemiological studies conducted in areas with high levels of naturally fluoridated water showed no increase in birth defects. Heavy exposure to fluoride during in utero development may result in skeletal fluorosis which becomes evident in childhood.

## **Nursing Mothers**

It is not known if fluoride is excreted in human milk. However, many drugs are excreted in human milk and caution should be exercised when Sodium Fluoride Chewable Tablets are administered to a nursing woman. Reduced milk production was reported in farm raised fox when the animals were fed a diet containing a high concentration of fluoride (98-137 mg/kg of body weight). No adverse effects on parturition, lactation, or offspring were seen in rats administered fluoride up to 5 mg/kg of body weight. This dose is at least 200 times greater than the recommended daily dose of Sodium Fluoride Chewable Tablets.

## **Geriatric Use**

Sodium Fluoride Chewable Tablets (any strength) are not indicated for use in geriatric patients.

## **Pediatric Use**

The use of Sodium Fluoride Chewable Tablets as a caries preventive in pediatric age groups 3 years to 16 years is supported by evidence from adequate and well controlled studies on fluoride supplementation from birth through adolescence.

## **ADVERSE REACTIONS**

Allergic rash and other idiosyncrasies have been rarely reported.

## **DOSAGE AND ADMINISTRATION**

(for dosage see table)

Dissolve in the mouth or chew before swallowing, preferably at bedtime after brushing teeth. See schedule below to determine dosage.

## **HOW SUPPLIED**

Each tablet contains 0.25 mg Fluoride from 0.55 mg Sodium Fluoride. White to off-white, orange flavor, round-shaped chewable tablet. Debossed with "M160" on one side. NDC 58657-160-12 (120 count).

Each tablet contains 0.5 mg Fluoride from 1.1 mg Sodium Fluoride. White to off-white, orange flavor, round-shaped chewable tablet. Debossed with "M161" on one side.

NDC 58657-161-12 (120 count).

NDC 58657-161-10 (1,000 count).

Each tablet contains 1.0 mg Fluoride from 2.2 mg Sodium Fluoride. White to off-white, orange flavor, round-shaped chewable tablet. Debossed with "M162" on one side. NDC 58657-162-12 (120 count).

## STORAGE

Store at 25° C (77° F); excursions permitted to 15° - 30° C (59° - 86° F). See USP Controlled Room Temperature. Protect from light and moisture.

## REFERENCES

1. Accepted Dental Therapeutics, Ed. 40, American Dental Association, Chicago, 399-402 (1984).
2. J. Jakush, New Fluoride Schedule Adopted, ADA News, 12, 14 (May 16, 1994).
3. Aasenden, R., and Peebles, T.C. "Effects of Fluoride Supplementation From Birth on Dental Caries and Fluorosis in Teenaged Children", Arch. Oral, Biol., 23, 111-115 (1974).
4. Hamber, L. "Controlled Trial of Fluoride Vitamin Drops for Prevention of Caries in Children", Lancet, 1, 441-442 (1971).
5. Hennon, D.K. Stookey, G.K. and Veiswanter, B.B. "Fluoride-Vitamin Supplements: Effects on Dental Caries and Fluorosis When Used in Areas with Suboptimum Fluoride in the Water Supply", JADA, 95, 965-971 (1977).

Dispense in a tight, light-resistant container with a child-resistant closure as defined in the USP/NF.

**Warning: Keep this and all medications out of the reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.**

All prescription substitutions using this product shall be pursuant to state statutes as applicable. This is not an Orange Book product.

### Manufactured by:

Method Pharmaceuticals, LLC  
Fort Worth, TX 76118

Rev. 07/2018

## PRINCIPAL DISPLAY PANEL

NDC 58657-160-12  
Sodium Fluoride  
Chewable Tablets  
0.25 mg  
120 Tablets  
Rx Only

Lot: \_\_\_\_\_  
Exp. Date: \_\_\_\_\_

**Method Pharmaceuticals**  
NDC 58657-160-12

**Sodium Fluoride Chewable Tablets**

**0.25 mg**

Sugar and dye free  
Rx Only  
120 Tablets

**Description:** Each tablet contains 0.25 mg fluoride ion (F<sup>-</sup>) from 0.55 mg sodium fluoride. White to off-white, orange flavor, round-shaped chewable tablet. Debossed with "M160" on one side.

**Active Ingredient:** Sodium Fluoride (NaF) 0.55 mg.

**Inactive Ingredients:** citric acid, magnesium stearate, malic acid, microcrystalline cellulose, orange flavor, sucralose, talc, xylitol.

**Indications and Usage:** Each 0.55 mg Sodium Fluoride Tablet provides 0.25 mg of fluoride in chewable tablet form for children 3-6 years of age where drinking water contains 0.3 to 0.6 ppm of fluoride.

**Dosage and Administration:** See Schedule in accompanying insert to determine the dosage. Dissolve in mouth or chew before swallowing, preferably at bedtime after brushing teeth. **See package insert for full prescribing information.** **Caution:** Do not eat or drink dairy products within one hour of fluoride administration.

**WARNING: KEEP THIS AND ALL MEDICATIONS OUT OF THE REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSAGE, SEEK PROFESSIONAL ASSISTANCE OR CONTACT A POISON CONTROL CENTER IMMEDIATELY.**

**Storage:** Store in a cool, dry place at a controlled room temperature 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F). Store in original container. Keep out of reach of children. Dispense in a light, light-resistant container with a child-resistant closure as defined in the USP/NF. All prescription substitutions using this product shall be pursuant to state statutes as applicable. This is not an Orange Book product. Call your doctor for medical advice about side effects. You may report side effects to Method Pharmaceuticals, LLC at 877-250-3427 or to the FDA at 1-800-FDA-1088.

**Manufactured by:**  
Method Pharmaceuticals, LLC  
Fort Worth, TX 76118

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**PRINCIPAL DISPLAY PANEL**

NDC 58657-161-12  
Sodium Fluoride  
Chewable Tablets  
0.5 mg  
120 Tablets  
Rx Only

Lot: \_\_\_\_\_  
Exp. Date: \_\_\_\_\_

**Method Pharmaceuticals**  
NDC 58657-161-12

**Sodium Fluoride Chewable Tablets**

**0.5 mg**

Sugar and dye free  
Rx Only  
120 Tablets

**Description:** Each tablet contains 0.5 mg fluoride ion (F<sup>-</sup>) from 1.1 mg sodium fluoride. White to off-white, orange flavor, round shaped chewable tablet. Debossed with "M161" on one side.

**Active Ingredient:** Sodium Fluoride (NaF) 1.1 mg.

**Inactive Ingredients:** citric acid, magnesium stearate, malic acid, microcrystalline cellulose, orange flavor, sucralose, talc, xylitol.

**Indications and Usage:** Each 1.1 mg Sodium Fluoride Tablet provides 0.5 mg of fluoride in chewable tablet form for children 3-6 years of age in areas where the concentration of fluoride in drinking water is less than 0.3 ppm, and for children 6-16 years of age where drinking water contains between 0.3 to 0.6 ppm of fluoride.

**Dosage and Administration:** See Schedule in accompanying insert to determine the dosage. Dissolve in mouth or chew before swallowing, preferably at bedtime after brushing teeth. **See package insert for full prescribing information.** **Caution:** Do not eat or drink dairy products within one hour of fluoride administration.

**WARNING: KEEP THIS AND ALL MEDICATIONS OUT OF THE REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSAGE, SEEK PROFESSIONAL ASSISTANCE OR CONTACT A POISON CONTROL CENTER IMMEDIATELY.**

**Storage:** Store in a cool, dry place at a controlled room temperature 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F). Store in original container. Keep out of reach of children. Dispense in a light, light-resistant container with a child-resistant closure as defined in the USP/NF. All prescription substitutions using this product shall be pursuant to state statutes as applicable. This is not an Orange Book product. Call your doctor for medical advice about side effects. You may report side effects to Method Pharmaceuticals, LLC at 877-250-3427 or to the FDA at 1-800-FDA-1088.

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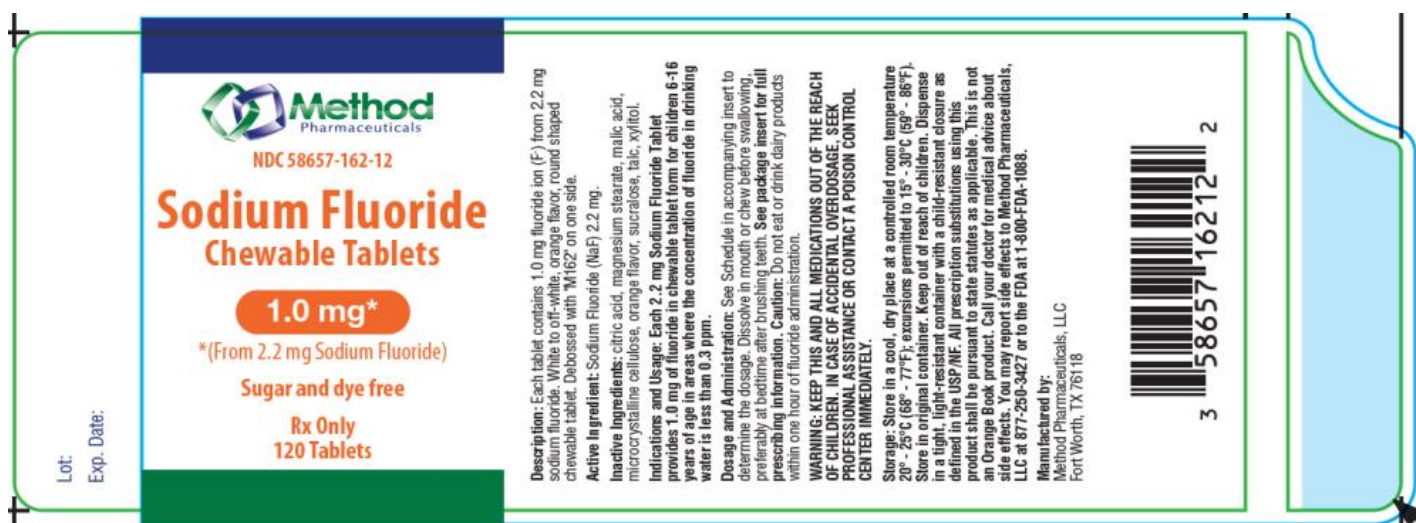
**PRINCIPAL DISPLAY PANEL**

NDC 58657-161-10  
Sodium Fluoride  
Chewable Tablets  
0.5 mg  
1000 Tablets  
Rx Only



## PRINCIPAL DISPLAY PANEL

NDC 58657-162-12  
 Sodium Fluoride  
 Chewable Tablets  
 1.0 mg  
 (From 2.2 mg Sodium Fluoride)  
 120 Tablets  
 Rx Only



## SODIUM FLUORIDE CHEWABLE

sodium fluoride tablet

### Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:58657-160
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
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<b>SODIUM FLUORIDE</b> (UNII: 8ZYQ1474W7) (FLUORIDE ION - UNII:Q80VPU408O)		FLUORIDE ION	0.25 mg	
<b>Inactive Ingredients</b>				
<b>Ingredient Name</b>			<b>Strength</b>	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)				
MAGNESIUM STEARATE (UNII: 70097M6I30)				
MALIC ACID (UNII: 817L1N4CKP)				
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)				
SUCRALOSE (UNII: 96K6UQ3ZD4)				
TALC (UNII: 7SEV7J4R1U)				
XYLITOL (UNII: VCQ006KQ1E)				
<b>Product Characteristics</b>				
<b>Color</b>	white (white to off white)	<b>Score</b>	no score	
<b>Shape</b>	ROUND	<b>Size</b>	8mm	
<b>Flavor</b>	ORANGE	<b>Imprint Code</b>	M160	
<b>Contains</b>				
<b>Packaging</b>				
<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:58657-160-12	120 in 1 BOTTLE; Type 0: Not a Combination Product	08/17/2018	
<b>Marketing Information</b>				
<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>	
unapproved drug other		08/17/2018		

<b>SODIUM FLUORIDE CHEWABLE</b>			
sodium fluoride tablet			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN PRESCRIPTION DRUG	<b>Item Code (Source)</b>	NDC:58657-161
<b>Route of Administration</b>	ORAL		
<b>Active Ingredient/Active Moiety</b>			
<b>Ingredient Name</b>		<b>Basis of Strength</b>	<b>Strength</b>
SODIUM FLUORIDE (UNII: 8ZYQ1474W7) (FLUORIDE ION - UNII:Q80VPU408O)		FLUORIDE ION	0.5 mg
<b>Inactive Ingredients</b>			
<b>Ingredient Name</b>			<b>Strength</b>

CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALIC ACID (UNII: 817L1N4CKP)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
TALC (UNII: 7SEV7J4R1U)	
XYLITOL (UNII: VCQ006KQ1E)	

### Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	8 mm
Flavor	ORANGE	Imprint Code	M161
Contains			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58657-161-10	1000 in 1 BOTTLE; Type 0: Not a Combination Product	08/17/2018	
2	NDC:58657-161-12	120 in 1 BOTTLE; Type 0: Not a Combination Product	08/17/2018	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		08/17/2018	

## SODIUM FLUORIDE CHEWABLE

sodium fluoride tablet

### Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:58657-162
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM FLUORIDE (UNII: 8ZYQ1474W7) (FLUORIDE ION - UNII:Q80VPU408O)	FLUORIDE ION	1 mg

### Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALIC ACID (UNII: 817L1N4CKP)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	



TALC (UNII: 7SEV7J4R1U)

XYLITOL (UNII: VCQ006KQ1E)

### Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	8 mm
<b>Flavor</b>	ORANGE	<b>Imprint Code</b>	M162
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58657-162-12	120 in 1 BOTTLE; Type 0: Not a Combination Product	08/17/2018	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		08/17/2018	

**Labeler** - Method Pharmaceuticals, LLC (060216698)

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Method Pharmaceuticals, LLC