#### DISCOUNT DRUG MART ENEMA- sodium phosphate enema enema DISCOUNT DRUG MART, INC.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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# Active ingredients (in each 118 mL delivered dose)

Dibasic sodium phosphate 7 g

Monobasic sodium phosphate 19 g

# Purpose

Saline laxative

# Uses

• relieves occasional constipation

# Warnings

For rectal use only

Dosage warning: Using more than one enema in 24 hours can be harmful.

# Ask a doctor before use if you have

- a sodium-restricted diet
- abdominal pain, nausea or vomiting
- kidney disease, heart problems, or are dehydrated
- noticed a sudden change in bowel habits that lasts over 2 weeks

# Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

# When using this product

- do not use more than directed. Serious side effects may occur from excess dosage.
- do not use for more than 3 days

# Stop use and ask a doctor if

- you have rectal bleeding
- you have no bowel movement after use of a laxative

These could be signs of a serious condition.

# If pregnant or breast-feeding,

ask a health professional before use.

# Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

#### Directions

Do not use more unless directed by a doctor. See Warnings.

adults & children 12 years and over	one bottle once daily		
children 2 to under 12 years	½ bottle once daily Discard unused portion		
children under 2 years	do not use		

#### **Caution:**

REMOVE GREEN PROTECTIVE SHIELD BEFORE INSERTING; HOLD BOTTLE UPRIGHT, GRASPING BOTTLE CAP WITH FINGERS. GRASP PROTECTIVE SHIELD WITH OTHER HAND AND PULL GENTLY TO REMOVE.



# **Positioning:**

Left-side position: Lie on left side with knee bent and arms at rest.



# Knee-chest position:

Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



# Administering enema:

- With steady pressure, gently insert enema with tip pointing toward navel
- squeeze bottle until recommended dose is expelled (it is not necessary to empty until completely. Bottle contains more liquid than needed for effective use. A small amount of liquid will remain in bottle after squeezing).
- Remove tip from rectum.
- stop using if tip is hard to insert. Forcing the tip into rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- maintain position until urge to evacuate is strong (usually 1 to 5 minutes)
- if no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

# Other information

- each 118 mL contains: sodium 4.3 g
- store at room temperature 20°-25°C (68°-77°F)
- this product generally produces bowel movement in 1 to 5 minutes

#### **Inactive ingredients**

benzalkonium chloride, disodium EDTA, purified water

#### **Questions or comments?**

1-800-633-5463

# **Principal Display Panel**

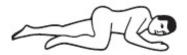
NDC 53943-005-11 Compare to the active ingredients in Fleet® Saline Enema\* Discount Drug Mart Food Fair READY-TO-USE Enema Saline Laxative For Relief Of Occasional Constipation Pre-mixed soft, flexible comfort tip Latex Free

4.5 FL OZ (133ml)

CAUTION: Remove green protective shield before inserting: hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



Positioning: Left-side position: lie on left side with knee bent and arms at rest.



Knee-chest position: kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



Administering enema:

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- If no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

\*This product is not manufactured or distributed by C.B. Fleet Co., Inc., the distributor of Fleet® Saline Enema.

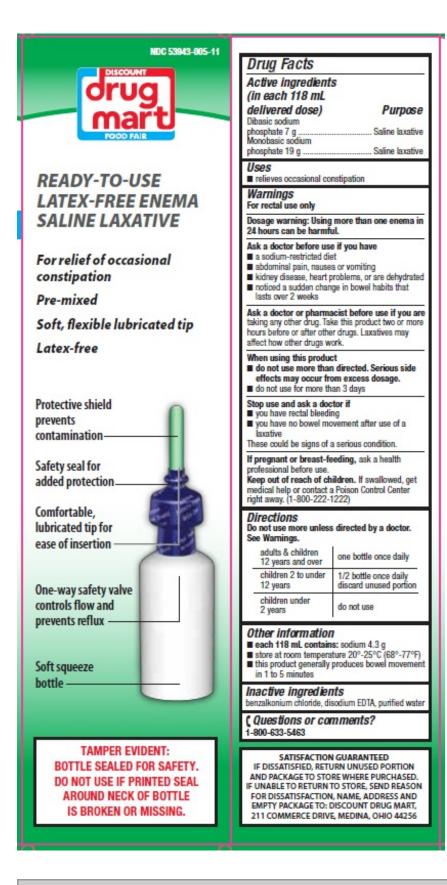


distributed by: Discount Drug Mart 211 Commerce Dr. Medina, OH 44256 Made in the U.S.A. RL13CTR





Package Label - Back and Side Label with Drug Facts



# DISCOUNT DRUG MART ENEMA

sodium phosphate enema enema

#### **Product Information**

Product Type

HUMAN OTC DRUG

Item Code (Source)

NDC:53943-005

Active Ingredient/Active Moiety								
Ingredient Name Basis o				Basis of S	Strength	Strength		
SODIUM PHOSPHATE, DIBASIC (UNII: GR686LBA74) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)				SODIUM PHOSPHATE, DIBASIC		7 g in 118 mL		
<b>SODIUM PHOSPHATE, MONOBASIC</b> (UNII: 3980JIH2SW) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)				DIUM PHC NOBASIC	19 g in 118 mL			
Inactive Ingredients								
Ingredient Name					Strength			
B	ENZALKO NIUM CH	LORIDE (UNII: F5UM2KM3W7)						
El	DETATE DISODIUM	(UNII: 7FLD91C86K)						
W	ATER (UNII: 059QF	KO0R)						
Packaging								
#	Item Code	Package Description	Marketing Star	rt Date	Marketing	End Date		
1	NDC:53943-005-11	1 in 1 CARTON						
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product						
2	NDC:53943-005-35	2 in 1 CARTON						
2		133 mL in 1 BOTTLE; Type 0: Not a Combination Product						
Marketing Information								
	Marketing Catego	ry Application Number or Monograph Citation	Marketing Star	rt Date	Marketing	End Date		
OTC monograph not fina		al part334	12/27/2013					

# Labeler - DISCOUNT DRUG MART, INC. (047741335)

Revised: 6/2015

DISCOUNT DRUG MART, INC.