

**ZHUANGGU GAO PAIN RELIEVING- menthol plaster**  
**GUILIN CHINA RESOURCES TIANHE PHARMACEUTICAL CO LTD**

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**Drug Facts**

**Active Ingredients**

Menthol 3.5%

**Purpose**

External Analgesic

**Uses**

For the temporary relief of minor aches and pains of muscles and joints due to:

■ simple backache ■ arthritis ■ strains ■ bruises ■ sprains

**Warnings**

**For external use only**

**Allergy alert:** This product contains natural rubber latex which may cause allergic reactions.

**Do not use**

- on wounds
- on irritated or damaged skin
- if you are allergic to any ingredient in this product

**Ask a doctor or pharmacist before use if you have**

- any concerns about using this product

**When using this product**

- avoid contact with the eyes or mucous membranes
- do not bandage tightly
- do not apply heat to the area in form of heating pads, hot water bottles, or lamps (doing so increases the risk of serious burns)
- avoid placing on extremely hairy areas of skin to avoid irritation upon removing the plaster

**Stop use and ask a doctor if**

- condition worsens
- symptoms persist for more than 7 days
- symptoms clear up and occur again within a few days

- excessive irritation of the skin develops
- nausea, vomiting, abdominal discomfort, diarrhea, or skin rash occurs
- you feel actual pain or experience blistering or burning after application (it is normal to feel a warming or cooling sensation)
- when using for pain of arthritis:
  - pain persists for more than 10 days
  - redness is present
  - in conditions affecting children under 12 years of age

**Keep out of reach of children** to avoid accidental poisoning. If swallowed, get medical help or contact a Poison Control Center right away.

### ***Directions***

- adults and children 2 years of age and older: remove the protective film from the plaster. Apply to affected area not more than 3 to 4 times daily.
- children under 2 years of age: consult your physician.

### ***Other information***

- keep plasters tightly closed in the zip-lock pouch
- store at 15 to 30 C (59 to 86 F) in a dry place away from sunlight

***Inactive ingredients*** angelica sinensis root, cang-zhu atractylodes rhizome, fragrant angelica root, ginger rhizome, kaempferia galanga rhizome, lanolin, mineral oil, petrolatum, rosin, rubber, star anise fruit, styrene-isoprene, and zinc oxide on a fabric backing covered with protective paper film.

### ***Questions or comments?***

**(888) 221-3496** M-F 9 am to 5 pm

- you may also report serious side effects to this phone number

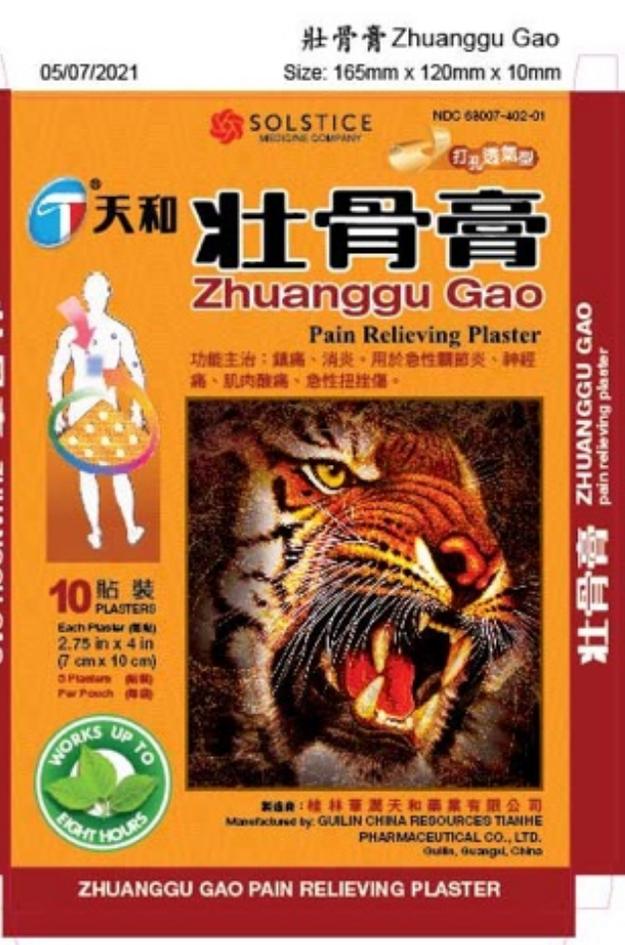
Zhuanggu Gao Pain Relieving Plaster

NDC 68007-402-01

10 Patches

Each Patch 2.75 in x 4 in (7 cm x 10 cm)

5 Patches per Pouch



## ZHUANGGU GAO PAIN RELIEVING

menthol plaster

### Product Information

|                                |                |                           |               |
|--------------------------------|----------------|---------------------------|---------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:68007-402 |
| <b>Route of Administration</b> | TRANSDERMAL    |                           |               |

### Active Ingredient/Active Moiety

| Ingredient Name  | Basis of Strength | Strength |
|--|-------------------|----------|
| MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A) | MENTHOL           | 35 mg    |

### Inactive Ingredients

| Ingredient Name                              | Strength |
|--|----------|
| ANGELICA SINENSIS ROOT (UNII: B66F4574UG)    |          |
| ATRACTYLODES LANCEA ROOT (UNII: CAZ 6282J2O) |          |
| ANGELICA DAHURICA ROOT (UNII: 1V63N2S972)    |          |
| GINGER (UNII: C5529G5JPQ)                    |          |
| KAEMPFERIA GALANGA ROOT (UNII: 7B7U9D12AI)   |          |
| LANOLIN (UNII: 7EV65EAW6H)                   |          |

|  |  |
|--|--|
| <b>MINERAL OIL</b> (UNII: T5L8T28FGP)          |  |
| <b>PETROLATUM</b> (UNII: 4T6H12BN9U)           |  |
| <b>ROSIN</b> (UNII: 88S87KL877)                |  |
| <b>NATURAL LATEX RUBBER</b> (UNII: 2LQ0UUW8IN) |  |
| <b>STAR ANISE FRUIT</b> (UNII: CK15HA8438)     |  |
| <b>STYRENE</b> (UNII: 44LJ2U959V)              |  |
| <b>ISOPRENE</b> (UNII: 0A62964IBU)             |  |
| <b>ZINC OXIDE</b> (UNII: SOI2LOH54Z)           |  |

### Packaging

| # | Item Code        | Package Description                             | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:68007-402-01 | 2 in 1 BOX                                      | 06/26/2022           | 10/31/2028         |
| 1 |                  | 5 in 1 POUCH; Type 0: Not a Combination Product |                      |                    |

### Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
| OTC Monograph Drug | M017                                     | 06/26/2022           | 10/31/2028         |

**Labeler** - GUILIN CHINA RESOURCES TIANHE PHARMACEUTICAL CO LTD (528565427)

### Establishment

| Name  | Address | ID/FEI    | Business Operations    |
|---|---------|-----------|------------------------|
| GUILIN CHINA RESOURCES TIANHE PHARMACEUTICAL CO LTD |         | 528565427 | manufacture(68007-402) |

Revised: 9/2025

GUILIN CHINA RESOURCES TIANHE PHARMACEUTICAL CO LTD