

RITE AID FIBER THERAPY- methylcellulose tablet
RITE AID CORPORATION

Rite Aid Fiber Therapy Methylcellulose 500 mg Caplets

Active ingredient (in each caplet)

Methylcellulose 500mg

Purpose

Bulk-forming fiber laxative (a non-allergenic fiber)

Uses

- helps restore and maintain regularity
- relieves constipation (irregularity)
- for constipation associated with other bowel disorders like IBS when recommended by a doctor
- generally produces a bowel movement in 12-72 hours

Warnings

Choking : Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- a sudden change in bowel habits that persists over a period of 2 weeks
- abdominal pain, nausea or vomiting

Stop use and ask a doctor if

- constipation lasts more than 7 days
- You have rectal bleeding.

These could be as serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

Directions

Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or

other fluid. Taking this product without enough liquid may cause choking. See choking warning.

AGE	DOSE	MAXIMUM DOSE
adults & children 12 years of age and over	Start with 2 caplets. Increase as needed up to 6 times per day.	Do not exceed 12 caplets per day
Children 6 - 11 years of age	Start with 1 caplets. Increase as needed up to 6 times per day.	Do not exceed 6 caplets per day
children under 6 years of age	Consult a physician	Consult a physician

Other information

- **each caplet contains:** appx. 18 mg of calcium
- Store at bellow 77°F (25°C)
- protect contents from humidity
- keep tightly closed

Inactive ingredients

adipic acid, calcium carbonate, crospovidone, FD&C yellow no. 6 aluminum lake, magnesium stearate, maltodextrin, microcrystalline cellulose, polysorbate 80, silica.

Principal Display Panel

Compare to the active ingredients in Citrucel® Caplets

RITE AID PHARMACY®

Fiber Therapy

Methylcellulose 500mg

Fiber for regularity

actual size

100% non-allergenic gentle and gluten free

100% soluble fiber does not cause excess gas easy to take caplets

GLUTEN FREE

RITE AID SATISFACTION GURANTEE

IF YOU'RE NOT SATISFIED WE'LL HAPPILY REFUND YOUR MONEY.

DISTRIBUTED BY:

RITE AID

30 HUNTER LANE

CAMP HILL, PA 17011

Do not use if printed seal under cap is torn or missing.

*This product is not manufactured or distributed by GlaxoSmithKline, the distributor of CITRUCEL® Caplets.

Compare to the active ingredient in
Citrucel® Caplets!
NDC 11822-2221-2

FIBER THERAPY

METHYLCELLULOSE

FIBER THERAPY FOR IRREGULARITY THAT WON'T CAUSE EXCESS GAS**
Gentle and clinically proven effective*
Gives you additional fiber to help relieve occasional constipation



ACTUAL SIZE

200

FIBER CAPLETS

TAMPER EVIDENT: DO NOT USE IF PRINTED INNER SEAL UNDER CAP IS TORN OR MISSING.

Drug Facts	Purpose Methylcellulose (a non-allergenic fiber) 500mg <small>Bulk-forming fiber laxative</small>
Active ingredient (in each caplet)	
Uses	<ul style="list-style-type: none"> ■ relieves occasional constipation (irregularity) ■ generally produces a bowel movement in 12-72 hours
Warnings	<p>Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.</p> <p>Ask a doctor before use if you have ■ a sudden change in bowel habits that persists for two weeks ■ abdominal pain, nausea or vomiting</p> <p>Stop use and ask a doctor if ■ constipation lasts more than 7 days ■ you have rectal bleeding. These could be signs of a serious condition.</p> <p>Keep out of reach of children. In case of overdose get medical help or contact a Poison Control Center right away at 1-800-222-1222.</p>
Directions	Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See choking warning.
Age	Dose
adults & children 12 years of age and over	start with 2 caplets. Increase as needed up to 6 times per day.
children 6-11 years of age	start with 1 caplet. Increase as needed up to 6 times per day.
children under 6 years of age	consult a physician
Maximum Dose	do not exceed 12 caplets per day.
	do not exceed 6 caplets per day.
	consult a physician
Other information ■ each caplet contains: calcium 18 mg ■ store at room temperature ■ protect contents from humidity ■ keep tightly closed	
Inactive ingredients adipic acid, calcium carbonate, croscollidone, FD&C Yellow No.6, magnesium stearate, microcrystalline cellulose, polyсорbate 80, silica	
Questions or comments? 1-866-467-2748	
<small>DISTRIBUTED BY: RTE AID, 200 NEUBERRY COMMONS, ETTESBERRY, PA 17319 www.rteaid.com</small> <small>*When Used As Directed, Based On Laboratory Testing, Individual Results May Vary.</small> <small>**Based On Laboratory Testing, Individual Results May Vary.</small>	

LOT: 122200R1TLR

EXP: 0 11822 33381 8



TND

Fiber Therapy 100 Caplets

CALCIUM CARBONATE (UNII: H0G9379FGK)	
CROSPROVIDONE (120 .MU.M) (UNII: 68401960MK)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	

Product Characteristics

Color	ORANGE (Light orange)	Score	no score
Shape	CAPSULE (Caplet)	Size	19mm
Flavor		Imprint Code	RP122
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:11822-2221-2	200 in 1 BOTTLE; Type 0: Not a Combination Product	03/12/2019	
2	NDC:11822-2221-0	100 in 1 BOTTLE; Type 0: Not a Combination Product	03/12/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	03/12/2019	

Labeler - RITE AID CORPORATION (014578892)