

NIGHTTIME SLEEP AID- diphenhydramine hcl tablet
Bi-Mart

Drug Facts

Active ingredient (in each caplet)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Use

help reduce difficult falling asleep

Warnings

Do not use

- in children under 12 years of age
- with any other products containing diphenhydramine, even one used on skin
- with other antihistamines

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

- avoid alcoholic beverages
- be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of accidental overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- adults and children 12 years of age and older: take 2 caplets at bedtime if needed or as directed by a doctor

Other Information

- **each caplet contains:**calcium 30 mg
- **each caplet contains:**phosphorus 15 mg
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- protect from moisture

Inactive Ingredients

Briliant Blue Lack, Colloidal Silicon Dioxide, Croscarmellose Sodium, Dicalcium Phosphate, Indigo Carmine Lake, Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Polyvinyl Alcohol, Stearic Acid, Talc, Titanium Dioxide

Questions?

Call toll-free **1-844-912-4012**

Distributed by:

BI-MART

Eugene, OR 97402

PRINCIPAL DISPLAY PANEL



BI-MART

NDC 37835-812-36

Compare to
the active ingredient in
Sominex®**

DIPHENHYDRAMINE HCl
SLEEP CAPLETS

25 MG



NIGHTTIME SLEEP-AID
36 CAPLETS

DO NOT USE IF PRINTED SEAL UNDER CAP IS MISSING OR DAMAGED

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(in each caplet)

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LIFT HERE

PEEL FOR DIRECTIONS 812-36-BM 04/25

Drug Facts (continued)

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Questions? call toll-free 1-844-912-4012

*This product is not manufactured or distributed by the owner of the registered trademark Sominex®.

BI-MART UNCONDITIONAL MONEY BACK GUARANTEE
If you are not completely satisfied with your BI-MART QUALITY PRODUCT, regardless of the reason, return the unused portion of the product for a full refund. No questions asked.

Distributed by:
BI-MART
Eugene, OR 97402

NIGHTTIME SLEEP AID

diphenhydramine hcl tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37835-812
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII: 8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
ANHYDROUS DIBASIC CALCIUM PHOSPHATE (UNII: L11K75P92J)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	

CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
POLYVINYL ALCOHOL (UNII: 532B59J990)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
TALC (UNII: 7SEV7J4R1U)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	

Product Characteristics

Color	blue	Score	no score
Shape	CAPSULE ((Caplet))	Size	11mm
Flavor		Imprint Code	S25
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37835-812-36	36 in 1 BOTTLE; Type 0: Not a Combination Product	05/01/2025	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	05/01/2025	

Labeler - Bi-Mart (027630078)

Registrant - Bi-Mart (027630078)

Establishment

Name	Address	ID/FEI	Business Operations
Elysium Pharmaceutical Ltd.		915664486	manufacture(37835-812)

Revised: 5/2025

Bi-Mart