

CVS HEALTH NIGHTTIME SLEEP-AID- diphenhydramine hydrochloride liquid
CVS Pharmacy, Inc.

CVS Health Nighttime Sleep-Aid Value Twin Pack 2 Bottles 12 FL OZ Each

Drug Facts

Active ingredient
(in each 30 mL)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin
- with other drugs that cause drowsiness such as antihistamines and nighttime cold/flu products

Ask a doctor before use if you have

- a breathing problem such as asthma, emphysema, or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland
- heart disease

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers or any other sleep- aid.

When using this product

- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if sleeplessness persists continuously for more than two weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning:

Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away.1-800-222-1222

Directions

- take only one dose per day (24 hours) – see Overdose warning
- Measure with dosing cup provided

adults & children 12 yrs & over	One Dose = 30 mL (2 tablespoons) at bed time if needed or as directed by a doctor	
Children under 12 yrs	do not use	

Other information

- **each 30 mL dose contains:**potassium 5mg; sodium 10 mg
- store at room temperature

Inactive ingredients

anhydrous citric acid, FD&C Blue No. 1, FD&C Red No. 40, flavor, glycerin, potassium citrate, purified water, sodium benzoate, sorbitol, sucralose, xanthan gum.

PRINCIPAL DISPLAY PANEL

VALUE TWIN PACK

CVS Health [™]

Compare to the active ingredient in ZzzQuil[™] Nighttime Sleep-Aid*

NDC 59779-893-24

SEE NEW WARNINGS

Alcohol Free

Nighttime

Sleep-Aid

DIPHENHYDRAMINE HCL

- Non-habit forming
- Not for treating cold or flu

Berry Flavor

Naturally & artificially flavored

2 BOTTLES

12 FL OZ (354 mL) EACH;

24 FL OZ (708 mL) TOTAL

Failure to follow these warnings could result in serious consequences.

TAMPER EVIDENT: DO NOT USE IF PRINTED SHRINK BAND IS MISSING OR BROKEN

*This product is not manufactured or distributed by Proctor & Gamble, the distributor of ZzzQuil™ Nighttime Sleep-Aid.

Distributed by: **CVS Pharmacy, Inc.**

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CVS HEALTH NIGHTTIME SLEEP-AID

diphenhydramine hydrochloride liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:59779-893
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40)	DIPHENHYDRAMINE	50 mg

(DIPHENHYDRAMINE - UNII:8GTS82S83M)

HYDROCHLORIDE

in 30 mL

Inactive Ingredients

Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
GLYCERIN (UNII: PDC6A3C0OX)	
POTASSIUM CITRATE (UNII: EE90ONI6FF)	
WATER (UNII: 059QF0KO0R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SORBITOL (UNII: 506T60A25R)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
XANTHAN GUM (UNII: TTV12P4NEE)	

Product Characteristics

Color	purple	Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59779-893-24	2 in 1 PACKAGE, COMBINATION	07/14/2016	
1		354 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	07/14/2016	

Labeler - CVS Pharmacy,Inc. (062312574)

Revised: 12/2025

CVS Pharmacy,Inc.