

**POLLEN GUARD WEED MIX WEED POLLEN HAY FEVER SYMPTOM RELIEF - plantago lanceolata liquid**

**Western Allergy Services Ltd.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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English Plantain (Plantago lanceolata) 1X

Hay Fever Symptom Relief

temporarily relieves symptoms of hay fever resulting from exposure to weed pollen such as:

- runny nose
- nasal congestion/pressure
- sneezing
- itching
- water, itchy eyes
- hives

**Do not use**

- if you have asthma, severe immunodeficiencies, malignancies, or autoimmune disease
- if you take beta blockers

**When using this product**

- avoid other drugs and medications
- avoid food, drink, or teeth brushing for at least 5 minutes after each dose

**Stop use and ask a doctor if**

- condition persists or worsens
- mouth, throat, chest or abdominal discomfort occurs
- you experience hives, itching, or shortness of breath

**If pregnant or breast feeding**, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- drop of extract may be placed under tongue, retained under the tongue for 2 minutes, then swallowed
- adults: take 1 drop (0.05 mL) 2 or 3 times per day before meals
- children over 3 years of age: only use treatment regimen if child has experienced more than 6 months of symptoms and is documented for allergies to weed pollen
- children under 3 years of age: ask a doctor

- Store between 2-8 degrees C
- Do not use if safety seal is broken

Glycerin, Water

**Questions or Comments?**

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| <p><b>Drug Facts</b> (continued)</p> <p><b>Stop use and ask a doctor if</b></p> <ul style="list-style-type: none"> <li>• condition persists or worsens</li> <li>• mouth, throat, chest or abdominal discomfort occurs</li> <li>• you experience hives, itching, or shortness of breath</li> </ul> <p><b>If pregnant or breast feeding,</b> ask a health professional before use.</p> <p><b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away.</p> <p><b>Directions</b> • drop of extract may be placed under the tongue, retained under the tongue for 2 minutes, then swallowed</p> <ul style="list-style-type: none"> <li>• adults: take 1 drop (0.05 mL) 2 or 3 times per day before meals</li> <li>• children over 3 years of age: only use treatment regimen if child</li> </ul> | <p><b>Drug Facts</b> (continued)</p> <p>has experienced more than 6 months of symptoms and is documented for allergies to weed pollen</p> <ul style="list-style-type: none"> <li>• children under 3 years of age: ask a doctor</li> </ul> <p><b>Other Information</b></p> <ul style="list-style-type: none"> <li>• Store between 2-8° C</li> <li>• Do not use if safety seal is broken.</li> </ul> <p><b>Inactive Ingredients</b> Glycerin, Water</p> <p><b>Questions or Comments?</b><br/>1-866-335-5294 Monday through Friday 9am-5pm</p> <p>Western Allergy Services<br/>Mississauga, ON L4Z 2H5<br/>Product of Canada <a href="http://www.pollenguard.com">www.pollenguard.com</a></p> |  | <p><b>Drug Facts</b></p> <p><b>Active Ingredients</b><br/>English Plantain (<i>Plantago lanceolata</i>) 1x.....Hay Fever Symptom Relief</p> <p><b>Purpose</b><br/>Temporarily relieves symptoms of hay fever resulting from exposure to weed pollen such as: •runny nose •nasal congestion/pressure •sneezing •itching •watery, itchy eyes •hives</p> <p><b>Warnings</b><br/>Do not use •if you have asthma, severe immunodeficiencies, malignancies, or autoimmune disease •if you take beta blockers</p> <p><b>When using this product</b> •avoid other drugs and medications •avoid food, drink, or teeth brushing for at least 5 minutes after each dose</p> |
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| POLLEN GUARD WEED MIX WEED POLLEN HAY FEVER SYMPTOM RELIEF                                   |                            |                             |                      |                    |
|--|----------------------------|-----------------------------|----------------------|--------------------|
| plantago lanceolata liquid   |                            |                             |                      |                    |
| Product Information  |                            |                             |                      |                    |
| Product Type   | HUMAN OTC DRUG             | Item Code (Source)          | NDC:76097-004        |                    |
| Route of Administration  | ORAL                       |                             |                      |                    |
| Active Ingredient/Active Moiety  |                            |                             |                      |                    |
| Ingredient Name  | Basis of Strength          | Strength                    |                      |                    |
| PLANTAGO LANCEOLATA POLLEN (UNII: DO87T1U2CI) (PLANTAGO LANCEOLATA POLLEN - UNII:DO87T1U2CI) | PLANTAGO LANCEOLATA POLLEN | 1 [hp_X] in 5 mL            |                      |                    |
| Inactive Ingredients   |                            |                             |                      |                    |
| Ingredient Name  | Strength                   |                             |                      |                    |
| GLYCERIN (UNII: PDC6A3C0OX)  |                            |                             |                      |                    |
| WATER (UNII: 059QF0K00R)   |                            |                             |                      |                    |
| Packaging  |                            |                             |                      |                    |
| #  | Item Code                  | Package Description         | Marketing Start Date | Marketing End Date |
| 1  | NDC:76097-004-05           | 5 mL in 1 BOTTLE, UNIT-DOSE |                      |                    |

## Marketing Information

| Marketing Category     | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|------------------------|--|----------------------|--------------------|
| unapproved homeopathic |  | 10/03/2011           |                    |

**Labeler** - Western Allergy Services Ltd. (208003467)

**Registrant** - Western Allergy Services Ltd. (208003467)

## Establishment

| Name                         | Address | ID/FEI    | Business Operations |
|------------------------------|---------|-----------|---------------------|
| Quantum Allergy Canada, Inc. |         | 246829324 | manufacture         |

Revised: 9/2011

Western Allergy Services Ltd.