

**BACH ORIGINAL FLOWER REMEDIES SWEET CHESTNUT- castanea sativa solution**

**Nelson Bach USA Limited**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Bach Original Flower Remedies Sweet Chestnut**

**Active ingredient**

Sweet Chestnut (Castanea sativa) 5X HPUS

'HPUS' indicates the ingredient is in the official Homeopathic Pharmacopoeia of the United States

**Purpose**

Be optimistic

**Use**

For relief of naturally occurring simple nervous tension

**Warnings**

**Consult a doctor** if symptoms last for more than 7 days or worsen.

**Keep out of reach of children.**

**If pregnant or breast-feeding**, ask a health professional before use.

**Directions**

Take 2 drops directly on the tongue or add to a beverage & sip. Repeat as needed throughout the day.

Children under 2: ask a doctor before use.

**Other information**

Store below 77 °F (25 °C)

Do not use if tamper evident seal around bottle neck is missing or broken

**Inactive ingredients**

glycerin [vegetable], purified water

## Questions

800-319-9151 8am-5pm (EST) Mon-Fri

Please recycle  
this carton.  
Por favor recicle  
este empaque.





ORIGINAL FLOWER REMEDIES

Vegan Non-Alcohol  
Formula *Fórmula*  
Vegana Sin Alcohol

NDC 57687-229-10



SWEET CHESTNUT

*Be Optimistic\**  
*Ser Optimista\**

0.35 fl oz (10mL)  
Dropper *Gotero*

HOMEOPATHIC *Homeopatía*

\* See disclaimer on back panel  
*Vérv advertencia en el parte posterior*



BachOriginal  
BachOriginalUSA




**DR. EDWARD BACH** developed the 38 flower remedies system to enhance wellbeing & ease distress from common emotional states. He believed **SWEET CHESTNUT** encourages optimism & peace of mind when feeling overwhelmed with anguish & stress.\*

*El Dr. EDWARD BACH desarrolló un sistema de 38 remedios florales para promover el bienestar y aliviar la aflicción producida por estados emocionales comunes.*

*De acuerdo al Dr. Bach, SWEET CHESTNUT propicia el optimismo y la paz mental cuando se siente agobio con angustia y estrés.\**

800-319-9151 8am-5pm (EST) Mon-Fri  
Dist. by: Nelson Bach USA, Ltd.,  
N. Andover, MA 01845. Made in England.  
Made in a FDA-registered pharmaceutical facility.

\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated. / Las afirmaciones basadas en la práctica homeopática tradicional no son aceptadas como evidencia médica. Este producto no ha sido evaluado por la FDA.

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Use By: Lot No:

**Drug Facts**

Active ingredient	Purpose
(5X HPUS) Sweet Chestnut.....	Be optimistic (Castanea sativa)

\*HPUS\* indicates the ingredient is in the official Homeopathic Pharmacopoeia of the United States

**Use** for relief of naturally occurring simple nervous tension\*

**Warnings**  
Consult a doctor if symptoms last for more than 7 days or worsen.

If pregnant or breast-feeding, ask a health professional before use. **Keep out of reach of children.**

**Directions**

- take 2 drops directly on the tongue or add to a beverage & sip. Repeat as needed throughout the day.
- children under 2: ask a doctor before use

**Other information**

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- do not use if tamper evident seal around bottle neck is missing or broken

**Inactive ingredients**  
glycerin [vegetable], purified water

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BACH® products are a homeopathic dilution: see NelsonsDilution.com for details.

**Información del Fármaco**

Ingrediente activo	Propósito
(5X HPUS) Sweet Chestnut.....	Ser optimista

\*HPUS\* indica que el ingrediente está en la Farmacopea Homeopática Oficial de los Estados Unidos de Norte América

**Uso** para el alivio de tensión nerviosa ocasional\*

**Advertencias**  
Consulte a su médico si los síntomas duran más de 7 días o empeoran.

Si está embarazada o amamantando, pregunte a su profesional de salud antes de su uso. **Mantenga fuera del alcance de niños.**

**Instrucciones**

- tome 2 gotas directamente sobre la lengua o añada a una bebida, beba a sorbos. Repita tantas veces como sea necesario a lo largo del día.
- niños menores de 2 años: pregunte al médico antes de su uso

**Otra información**

- almacene bajo 77°F (25°C)
- no utilice si no hay sello alrededor del cuello de la botella o si el sello está roto

**Ingredientes inactivos**  
glicerina [vegetal], agua purificada

BACH® ORIGINAL FLOWER REMEDIES son diluciones homeopáticas: por favor visite NelsonsDilution.com para mayores detalles.

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## BACH ORIGINAL FLOWER REMEDIES SWEET CHESTNUT

castanea sativa solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:57687-229
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
<b>CASTANEA SATIVA FLOWER</b> (UNII: YHZ 719F7M3) (CASTANEA SATIVA FLOWER - UNII:YHZ 719F7M3)	CASTANEA SATIVA FLOWER	5 [hp_X] in 0.095 mL

**Inactive Ingredients**

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:57687-229-10	1 in 1 CARTON	09/20/2022	
1		10 mL in 1 BOTTLE, DROPPER; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/20/2022	

**Labeler** - Nelson Bach USA Limited (877720193)**Registrant** - A. Nelson & Co. Limited (221471234)**Establishment**

Name	Address	ID/FEI	Business Operations
A. Nelson & Co. Limited		221471234	manufacture(57687-229)

Revised: 10/2022

Nelson Bach USA Limited