

FOSTER AND THRIVE READY TO USE MINERAL OIL LAXATIVE- mineral oil enema

Strategic Sourcing Services LLC

Foster & Thrive™ Ready to Use Enema Mineral Oil Laxative

Drug Facts

Active ingredients (in each 118mL delivered dose)

Mineral oil 100%

Purpose

Lubricant laxative

Use

- for relief of occasional constipation
- this product generally produces bowel movement in 2 to 15 minutes

Warnings

For rectal use only.

Ask a doctor before use if you

- have already used a laxative for more than 1 week
- have abdominal pain, nausea, or vomiting
- have a sudden change in bowel habits that persist over a period of 2 weeks

Stop use and ask a doctor if

- you have rectal bleeding
- you fail to have a bowel movement after use

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.

Directions (or as directed by a doctor)

Rectal enema dosage is 118 mL in a single daily dosage (per 24 hours).

Adults & children 13 years old and older	1 bottle
Children 2-12 years old	1/2 bottle

Children under 2 years old| DO NOT USE

Other information

- store at 15 to 30°C (59 to 86°F)
- **Tamper Evident:** DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

Inactive ingredients

none

Questions or comments?

833-358-6431

Distributed by: McKesson Corp., via Strategic Sourcing Services LLC. Memphis, TN 38141

PRINCIPAL DISPLAY PANEL - 133 mL Bottle Carton

NDC 70677-1090-1

COMPARE TO FLEET®
MINERAL OIL ENEMA
ACTIVE INGREDIENTS*

Foster & Thrive™

READY TO USE

Enema

MINERAL OIL

Lubricated Tip

Sodium Free

Not Made With
Natural Rubber Latex

For Relief of:

- Occasional
Constipation

NOT ACTUAL SIZE

1 BOTTLE

4.5 FL OZ (133 mL)

Foster & Thrive™

READY TO USE

Enema

MINERAL OIL

Lubricated Tip

Sodium Free

Not Made With Natural Rubber Latex

PL1315 8B
V01

Positions for using this enema

Left-side position: Lie on left side with knees bent and arms resting comfortably.



Knee-chest position: Kneel, then lower head and chest forward until left side of face is resting on surface with left arm folded comfortably.



How to use this enema

- Remove the peel-away safety seal and protective shield
- Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



Administering an enema:

- With a steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Do not force the enema tip into rectum as this may cause injury.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty bottle completely, as it contains more liquid than needed.
- Remove tip from rectum and maintain position until urge to evacuate is strong (usually 2 to 15 minutes).
- Discontinue use if resistance is encountered, forcing the enema can result in injury.
- Retain enema in accordance with doctor's instructions.

Bottle, cap, and shield are NOT MADE WITH NATURAL RUBBER LATEX



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Foster & Thrive™

READY TO USE

Enema

MINERAL OIL

Complete Enema In A Disposable Squeeze Bottle With Soft, Pre-Lubricated Tip.



Protective shield prevents contamination. Bottle sealed for safety.

Comfortable, lubricated tip for ease of insertion.

One-way safety valve controls flow and prevents reflux.

Easy, soft squeeze bottle.

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Inactive ingredients
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FOSTER AND THRIVE READY TO USE MINERAL OIL LAXATIVE

mineral oil enema

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70677-1090
Route of Administration	RECTAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MINERAL OIL (UNII: T5L8T28FGP) (MINERAL OIL - UNII:T5L8T28FGP)	MINERAL OIL	1000 g in 118 mL

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70677-1090-1	1 in 1 CARTON	02/09/2024	
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH DRUG	M007	02/09/2024	

Labeler - Strategic Sourcing Services LLC (116956644)

Registrant - Natureplex, LLC (062808196)

Establishment

Name	Address	ID/FEI	Business Operations
Natureplex, LLC		062808196	MANUFACTURE(70677-1090)

Revised: 1/2026

Strategic Sourcing Services LLC