## QUALITY CHOICE SINGLE SALINE LAXATIVE- sodium phosphate, dibasic, unspecified form and sodium phosphate, monobasic, unspecified form enema Alcyon Health, LLC.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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### QUALITY CHOICE SINGLE SALINE ENEMA LAXATIVE

#### **Drug Facts**

Active ingredients (in each 118 mL delivered dose)	Purpose
Dibasic Sodium Phosphate 7 g	Saline laxative
Monobasic Sodium Phosphate 19 g	Saline laxative

#### Use

Relieves occasional constipation

#### Warnings

For rectal use only

#### **Dosage warning**

Using more than one enema in 24 hours can be harmful.

#### Ask a doctor before use if you

- already used a laxative for more than 1 week
- are dehydrated
- have kidney disease
- are 55 years old or older
- have heart problems
- are on a sodium-restricted diet

#### Ask a doctor before using any laxative if you have

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits lasting more than 2 weeks
- already used a laxative for more than 1 week

#### When using this product

- do not use more than directed. Serious side effects may occur from excess dosage.
- do not use for more than 3 days

#### Stop use and ask a doctor if

- you have bleeding
- the condition worsens or does not improve within 7 days
- you have no bowel movement within 30 minutes of enema use
- you have symptoms of dehydration (thirstiness, dizziness, vomiting, urinating less often than normal)

These symptoms may indicate a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

#### **Directions**

Single daily dosage (per 24 hours)

Do not use if taking another sodium phosphate product.

Do not use more unless directed by a doctor. See Warnings.

Adults and Children 12 years old and older	1 bottle once daily
Children 2 to under 12 years old	1/2 bottle once daily
Children under 2 years	DO NOT USE

#### Other information

- each 118 ml contains 4.4 g sodium
- store at 15 to 30°C (59 to 86°F)
- additional liquids by mouth are recommended while using this product
- this product generally produces a bowel movement in 1 to 5 minutes
   carton sealed for safety. Do not use if the top or bottom flap of the carton is torn or missing

#### **Inactive ingredients**

Benzalkonium chloride, disodium EDTA, purified water

#### Questions or comments?

1-844-624-2633 or www.maiamed.com

Distributed By:

Maia Medical

655 Metro Place South, Suite 600-050 Dublin, OH 43017 USA

#### PRINCIPAL DISPLAY PANEL - 133 ml Bottle Carton

maia

medical<sup>TM</sup>

**SALINE** 

enema

**6 Bottles** 

4.5 Fl Oz (133 ml) each

Latex Free

Tamper Resistant
Do not use if top or bottom flap
of carton is forn or missing.

# SALINE

Latex Free

mata medical

## CAUTION REMOVE BLUI REMOVE BLUI REMOVE BLUI REMOVE SHIELD FROM ENEMA TI BEFORE INSERTING PL326511 V0

#### How To Use This Enema

#### REMOVE BLUE PROTECTIVE SHIELD BEFORE INSERTING.

Hold bottle upright grasping bottle cap with fingers. Grasp protective shield with other hand, and pull gently to remove.



#### ADMINISTERING ENEMA:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Do not force the enema tip into rectum as this may cause injury.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
   Remove tip from rectum and maintain position until urge
- Remove tip from rectum and maintain position until urge to evacuate is strong (usually 1 to 15 minutes).
- Discontinue use if resistance is encountered; forcing the enema can result in injury.

#### POSITIONING:

Left-side position: Lie on left side with knee bent and arms at rest.

Knee-chest position: Kneel, then lower head and chest forward until left side of face is restling on surface. Position arms comfortably.



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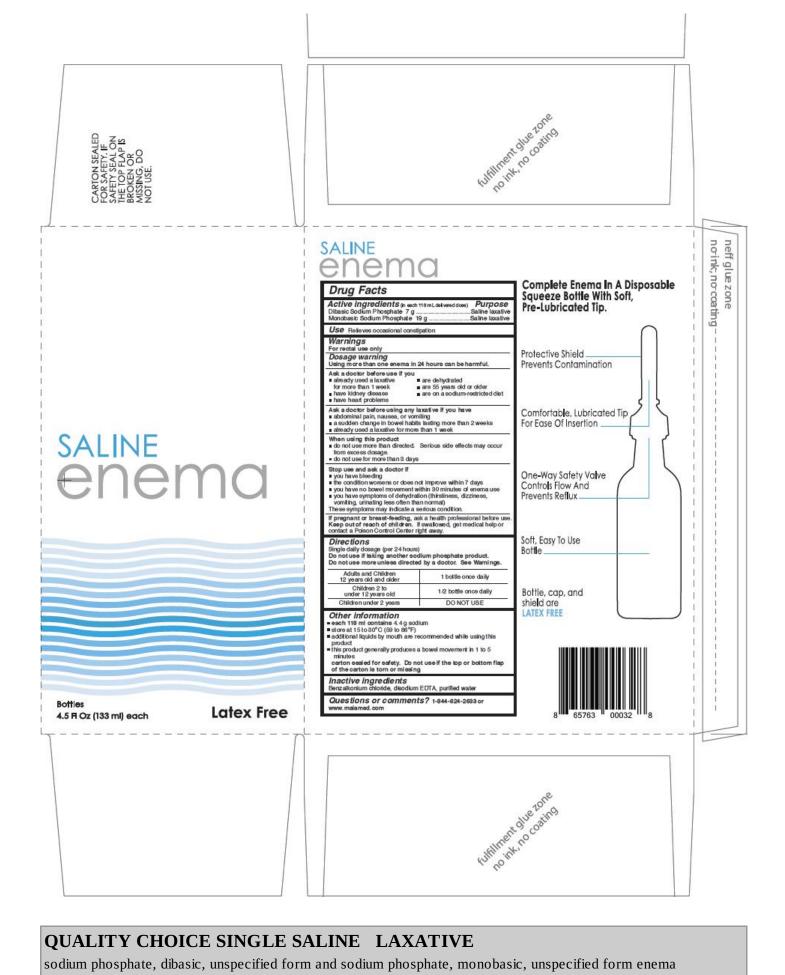


## SALINE enema

6 Bottles 4.5 Fl Oz (133 ml) each

**Latex Free** 

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Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:71443-001
Route of Administration	RECTAL		

Active Ingredient/Active Moiety				
Ingredient Name	Basis of Strength	Strength		
SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM (UNII: GR686LBA74) (SODIUM CATION - UNII:LYR4M0NH37, PHOSPHATE ION - UNII:NK08V8K8HR)	SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM	7 g in 118 mL		
SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM (UNII: 3980 JIH2SW) (SODIUM CATION - UNII: LYR4M0 NH37, PHOSPHATE ION - UNII: NK08 V8 K8 HR)	SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM	19 g in 118 mL		

Inactive Ingredients		
Ingredient Name	Strength	
BENZALKO NIUM CHLO RIDE (UNII: F5UM2KM3W7)		
EDETATE DISO DIUM (UNII: 7FLD9 1C86K)		
WATER (UNII: 059QF0KO0R)		

F	Packaging			
#	Item Code	Package Description	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:71443-001-06	6 in 1 CARTON	07/05/2017	
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part334	07/05/2017	

### Labeler - Alcyon Health, LLC. (080040408)

Establishment			
Name	Address	ID/FEI	Business Operations
Natureplex LLC		062808196	MANUFACTURE(71443-001)

Revised: 7/2017 Alcyon Health, LLC.