

**WHOLE FOODS MARKET REGULAR STRENGTH PEPPERMINT FLAVOR- calcium carbonate tablet, chewable  
WHOLE FOODS MARKET, INC.**

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**Whole Foods Regular Strength Peppermint Flavor Antacid Drug Facts**

**Active ingredient (per tablet)**

Calcium Carbonate USP 500mg

**Purpose**

Antacid

**Uses**

relieves

- heartburn
- acid indigestion
- sour stomach
- upset stomach associated with these symptoms

**Warnings**

**Ask a doctor or pharmacist before use if you are**

presently taking a prescription drug. Antacids may interact with certain prescription drugs.

**When using this product**

- do not take more than 15 tablets in 24 hours
- if pregnant do not take more than 10 tablets in 24 hours
- do not use the maximum dosage for more than 2 weeks except under the advice and supervision of a doctor

**Keep out of reach of children.**

**Directions**

- **adults and children 12 years of age and over:** chew 2-4 tablets as symptoms occur, or as directed by a doctor. Do not swallow tablets whole.
- do not take for symptoms that persist for more than 2 weeks unless advised by a doctor

**Other information**

- **each tablet contains:** elemental calcium 200mg

- store at room temperature. Keep the container tightly closed.

### **Inactive ingredients**

dextrose, maltodextrin, natural flavor, starch, stearic acid, stevia extract (stevia rebaudiana leaf ).

### **Questions or comments?**

**1-844-WFM-TALK (1-844-936-8255)**

**SAFETY SEALED: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.**

### **Principal Display Panel**

WHOLE FOODS MARKET

**NDC#42681-0028-2**

**Compare to the Active Ingredient in Tums <sup>®</sup>Regular Strength\***

### **REGULAR STRENGTH**

Antacid 500

Calcium Carbonate 500mg

Natural Peppermint Flavor

Relief from Acid Indigestion and Heartburn

Talc Free

12-12 CHEWABLE VEGETERIAN TABLETS per tube

MANUFACTURED FOR:

WHOLE FOODS MARKET

550 BOWIE STREET | AUSTIN, TX 78703

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[www.wholefoodsmarket.com](http://www.wholefoodsmarket.com)

PRODUCT OF USA

\*This product is not manufactured or distributed by GlaxoSmithKline LLC, owner of the registered trademark, Tums <sup>®</sup>Regular Strength.



# WHOLE FOODS MARKET REGULAR STRENGTH PEPPERMINT FLAVOR

calcium carbonate tablet, chewable

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:42681-0028
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>CALCIUM CARBONATE</b> (UNII: H0G9379FGK) (CARBONATE ION - UNII:7UJQ50PE7D, CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CARBONATE	500 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>DEXTRROSE, UNSPECIFIED FORM</b> (UNII: IY9XDZ35W2)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>STEVIA REBAUDIANA LEAF</b> (UNII: 6TC6NN0876)	

## Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	16mm
<b>Flavor</b>	PEPPERMINT	<b>Imprint Code</b>	RP101
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:42681-0028-2	12 in 1 BOX	01/24/2022	
1		12 in 1 TUBE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M001	01/24/2022	

**Labeler** - WHOLE FOODS MARKET, INC. (196175616)

Revised: 10/2025

WHOLE FOODS MARKET, INC.