

PHUEL- magnesium sulfate heptahydrate solution
AVADIM HOLDINGS, INC.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

PHUEL FOAM

Drug Facts

Active Ingredient

Contains Magnesium Sulfate (Magnesia sulphurica 6X 0.05% HPUS

The letters H.P.U,S, indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose

Muscle Soreness Relief

Uses

- activate muscle function
- release muscle tightness
- reduce muscle soreness

Warnings

For external use only. If eye contact occurs, rinse thoroughly with water.

When using this product

- avoid eye contact
- store between 32° and 120° Fahrenheit
- use only as directed
- not for ingestion

Stop use and ask a doctor if

unintended effects occur.

If pregnant or breastfeeding,

ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- shake well
- apply 2 pumps onto desired muscle group(s) or area
- rub in briskly until absorbed
- repeat
- use as desired
- allow to air dry

Inactive Ingredients

Aqua (Water), Cocamidopropyl Betaine, Aloe Barbadensis Leaf Juice, Colloidal Silver, Tocopheryl Acetate, Glycerin, Allantoin, Beta Glucan, Citrus Paradisi (Grapefruit) Fruit Extract, Lauryl Glucoside, Tetrasodium EDTA, PEG/PPG-4/12 Dimethicone, Methylparaben, Propylparaben, Parfum (Fragrance)

Packgae Labeling: (61594-010-03)

TOPICAL MUSCLE NUTRITION FOR THE DRIVEN ATHLETE

Push your limits with PHUEL, the first-of-its-kind topical muscle nutrition. Our non-toxic, non-greasy, fast-acting solution is formulated to activate muscle function and support recovery. PHUEL is easy to use before and after workouts and competitions for athletes who know they're capable of more.

PHUELYOU.COM

- 1 Use right before and directly after activity.
- 2 Shake well. Apply 2 pumps onto desired muscle group, rub in briskly until absorbed.
- 3 Repeat step 2 for a total of 4 pumps. Safe to use as often as desired.

Store between 32° and 120° Fahrenheit

PHUEL™

Activate muscle function
Release muscle tightness
Reduce muscle soreness

FOAM
MADE IN USA
3.4 fl oz (101 mL)

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Patent Pending
PHUEL™ is a trademark of and manufactured for Avadim Technologies Inc.
Asheville, NC 28803 • 1-877-677-2723
PHL-04Z • MA-4-029 • 3.4 fl oz (101 mL)
phuelyou.com

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Packgae Labeling: (61594-010-07)

TOPICAL MUSCLE NUTRITION FOR THE DRIVEN ATHLETE

T O P I C A L M U S C L E N U T R I T I O N

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PHUELYOU.COM

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Store between 32° and 120° Fahrenheit



PHUEL™

Activate muscle function

Release muscle tightness

Reduce muscle soreness

FOAM

MADE IN USA
7.1 fl oz (210 mL)

Drug Facts

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Patent Pending

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Asheville, NC 28803 • 1-877-677-2723
PHL-08Z • MA-4-023 • 7.1 fl oz (210 mL)
phuelyou.com

PHUEL

magnesium sulfate heptahydrate solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:61594-010
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	6 [hp_X] in 1 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
COCAMIDOPROPYL BETAINE (UNII: 5OCF3011KX)	
ALOE VERA LEAF (UNII: ZY81Z83H0X)	
SILVER (UNII: 3M4G523W1G)	
GLYCERIN (UNII: PDC6A3C0OX)	
ALLANTOIN (UNII: 344S277G0Z)	
GRAPEFRUIT (UNII: O82C39RR8C)	
LAURYL GLUCOSIDE (UNII: 76LN7P7UCU)	
EDETATE SODIUM (UNII: MP1J8420LU)	

PEG/PPG-4/12 DIMETHICONE (UNII: JAN3585W85)

METHYLPARABEN (UNII: A2I8C7HI9T)

PROPYLPARABEN (UNII: Z8IX2SC1OH)

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:61594-010-03	101 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/07/2018	
2	NDC:61594-010-07	210 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/07/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		11/07/2018	

Labeler - AVADIM HOLDINGS, INC. (118512488)

Registrant - AVADIM HOLDINGS, INC. (118512488)

Establishment

Name	Address	ID/FEI	Business Operations
AVADIM HOLDINGS, INC.		118512488	manufacture(61594-010)

Revised: 4/2023

AVADIM HOLDINGS, INC.