

**PAIN RELIEVER AND SLEEP AID- acetaminophen, and diphenhydramine hydrochloride tablet, film coated**  
**Spirit Pharmaceuticals LLC**

-----  
**Pain Reliever and Sleep Aid**

***Drug Facts***

***Active Ingredient (in each tablet)***

Acetaminophen 500 mg  
Diphenhydramine HCl 25 mg

***Purpose***

Pain reliever  
Nighttime sleep aid

***Uses***

• temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

***Warnings***

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include: • skin reddening • blisters • rash

If a skin reaction occurs, stop use and seek medical help right away.

**Do not use:**

- with other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- liver disease • a breathing problem such as emphysema or chronic bronchitis • trouble urinating due to an enlarged prostate gland • glaucoma

**Ask a doctor or pharmacist before use if you are if you are**

- taking the blood thinning drug warfarin • taking sedatives or tranquilizers

**When using this product**

- drowsiness will occur • avoid alcoholic drinks • do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness • pain gets worse or lasts for more than 10 days • fever gets worse or lasts more than 3 days • redness or swelling is present • new symptoms occur

These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

**Overdose warning:**

In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222) Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

**Directions**

do not take more than directed (see overdose warning)

---

adults & children 12 years &  
over

- take 2 tablets at bedtime
- do not take more than 2 tablets of this product in 24 hours

children under 12 years

do not use

---

**Other information**

- store between 20–25°C (68–77°F)

***Inactive ingredients***

FD&C Blue No. 1, FD&C Blue No. 2, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, stearic acid, titanium dioxide

***Questions or comments?***

**1-888-333-9792**

**Distributed by:**

Cabinet Health P.B.C.

**Pouch**

PACKAGE NOT CHILD-RESISTANT



CABINET:

## Pain Reliever & Sleep Aid

Compare to the active ingredients in:  
Tylenol® PM\*

**Active ingredients:**  
ACETAMINOPHEN 500 MG  
DIPHENHYDRAMINE HCl 25 MG

**Relieves:**  
Headache  
Aches and Pains  
Sleeplessness

### COMPOSTABLE REFILL POUCH

Includes:

30 x  Caplets

1 x Magnetic Label

1 x Drug Facts Booklet

Certified



Corporation

CABINET: The Sustainable Healthcare Co.™

## PAIN RELIEVER AND SLEEP AID

acetaminophen, and diphenhydramine hydrochloride tablet, film coated

## Product Information

|                                |                |                           |                |
|--------------------------------|----------------|---------------------------|----------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:68210-4185 |
| <b>Route of Administration</b> | ORAL           |                           |                |

## Active Ingredient/Active Moiety

| <b>Ingredient Name</b>  | <b>Basis of Strength</b>      | <b>Strength</b> |
|---|-------------------------------|-----------------|
| <b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)                   | ACETAMINOPHEN                 | 500 mg          |
| <b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M) | DIPHENHYDRAMINE HYDROCHLORIDE | 25 mg           |

## Inactive Ingredients

| <b>Ingredient Name</b>                                     | <b>Strength</b> |
|--|-----------------|
| <b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)              |                 |
| <b>FD&amp;C BLUE NO. 2</b> (UNII: L06K8R7DQK)              |                 |
| <b>HYPROMELLOSES</b> (UNII: 3NXW29V3WO)                    |                 |
| <b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)               |                 |
| <b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)       |                 |
| <b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A) |                 |
| <b>POVIDONE</b> (UNII: FZ989GH94E)                         |                 |
| <b>STARCH, CORN</b> (UNII: O8232NY3SJ)                     |                 |
| <b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)                     |                 |
| <b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)                 |                 |

## Product Characteristics

|                 |         |                     |          |
|-----------------|---------|---------------------|----------|
| <b>Color</b>    | blue    | <b>Score</b>        | no score |
| <b>Shape</b>    | CAPSULE | <b>Size</b>         | 18mm     |
| <b>Flavor</b>   |         | <b>Imprint Code</b> | S26      |
| <b>Contains</b> |         |                     |          |

## Packaging

| <b>#</b> | <b>Item Code</b> | <b>Package Description</b>                       | <b>Marketing Start Date</b> | <b>Marketing End Date</b> |
|----------|------------------|--|-----------------------------|---------------------------|
| 1        | NDC:68210-4185-3 | 30 in 1 POUCH; Type 0: Not a Combination Product | 11/22/2021                  |                           |

## Marketing Information

| <b>Marketing Category</b> | <b>Application Number or Monograph Citation</b> | <b>Marketing Start Date</b> | <b>Marketing End Date</b> |
|---------------------------|---|-----------------------------|---------------------------|
| OTC Monograph Drug        | M013  | 11/22/2021                  |                           |

**Labeler** - Spirit Pharmaceuticals LLC (179621011)

