

ARNICA VALUE PACK- arnica montana Laboratoires Boiron

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Arnicare Cream Value Pack

Active ingredients**

Arnicare Cream:

Arnica Montana 1X HPUS 7%

Arnica 30C pellets: (in each pellet)

Arnica montana 30C HPUS (0.44 mg)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Arnicare Cream: Arnica Montana 1X HPUS 7% Relieves minor muscle pain & stiffness, swelling from injuries, discoloration from bruises

Arnica 30 C pellets: Arnica montana 30C HPUS (0.44 mg) Relieves minor muscle pain & stiffness, swelling from injuries, discoloration from bruises

Uses*

- temporarily relieves minor muscle pain and stiffness due to:
- minor injuries
- overexertion
- falls
- reduces symptoms of bruising such as:
- pain
- swelling
- discoloration

Arnicare Cream:

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area before or after use

Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days

ARNICA 30 PELLETS:

Stop use and ask a doctor if symptoms persists for more than 3 days or worsen.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

If pregnant or breast-feeding, ask a health professional before use.

ARNICARE CREAM:

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Cream to affected area and massage gently as soon as possible after minor injury up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Cream.
- Children under 1 year of age: Not recommended.

ARNICA 30C PELLETS:

Adults and children: At the onset of symptoms, dissolve 5 pellets under the tongue 3 times a day until symptoms are relieved or as directed by a doctor.

ARNICARE CREAM: arachidyl alcohol, arachidyl glucoside, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, lactobacillus ferment, purified water, xanthan gum

ARNICA 30C PELLETS: lactose, sucrose

Arnicare.com

BoironUSA.com

Info@Boiron.com

1-800-BOIRON-1

(1-800-264-7661)

Distributed by Boiron Inc.

Newtown Square, PA 19073

do not use if glued end flaps are open or if pellet dispenser seal is broken

ARNICARE CREAM: dispose of 1 year after opening

retain carton for full drug facts

How to use Arnica 30C Pellets Turn tube upside down Twist until 5 pellets are dispensed
Remove cap and pour pellets under tongue

2.5 oz (70 g)

+ Approx. 80 pellets

meltaway pellets

Pain Relief*

Muscle Pain & Stiffness Swelling from Injuries Bruises*

Local & General Muscle Pain

No known drug interactions

‡ Homeopathic mother tincture made from Arnica montana fresh whole plant.

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Drug Facts (continued)

Other information

- do not use if glued carton end flaps are open or if pellet dispenser seal is broken
- ARNICARE CREAM: dispense of 1 year after opening
- retain carton for full drug facts

Inactive ingredients

ARNICARE CREAM: arachidyl alcohol, arachidyl glucoside, benzyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, lactobacillus ferment, purified water, xanthan gum

ARNICA 30C PELLETS: lactose, sucrose

Questions or comments?

Boiron.com | BoironUSA.com
Info@Boiron.com
1-800-80BOIRON-1 (1-800-264-7661)

NDC 0220-9047-78

PAIN RELIEF*

Muscle Pain & Stiffness Swelling from Injuries Bruises*

Arnicare®

CREAM & ORAL PELLETS

HOMEOPATHIC MEDICINE

- Local & General Muscle Pain
- Combine for Total Relief

VALUE PACK!

NET WT. 2.5 oz (70 g) + Approx. 80 pellets

BOIRON®
World Leader in Homeopathic Medicines

Two Forms for Total Relief

Use **Arnicare Cream** for local muscle pain relief.

- Dermatologically tested
- Fragrance-free

For general muscle pain relief, **Arnica 30C** can be taken alone or as a complement to Arnicare Cream.

- No known drug interactions
- Meltaway pellets

The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

Made in France
Distributed by Boiron Inc., Newtown Square, PA 19073
please recycle

3 06969 04778 1

Drug Facts

Active ingredients**	Purpose*
ARNICARE CREAM: Arnica montana Relieves minor muscle pain & stiffness, swelling 1X HPUS 7% from injuries, discoloration from bruises	
ARNICA 30C PELLETS: (in each pellet) Arnica montana 30C HPUS Relieves minor muscle pain & (0.44 mg) stiffness, swelling from injuries, discoloration from bruises	

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses*

- temporarily relieves minor muscle pain and stiffness due to:
 - minor injuries
 - over-exertion
 - falls
- reduces symptoms of bruising such as:
 - pain
 - swelling
 - discoloration

Warnings

ARNICARE CREAM:
For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

ARNICA 30C PELLETS:
Stop use and ask a doctor if symptoms persist for more than 3 days or worsen.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

ARNICARE CREAM:

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Cream to affected area and massage gently as soon as possible after minor injury up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Cream.
- Children under 1 year of age: Not recommended.

ARNICA 30C PELLETS: Adults and children: At the onset of symptoms, dissolve 5 pellets under the tongue 3 times a day until symptoms are relieved or as directed by a doctor.

*Homeopathic tincture made from Arnica montana fresh whole plant.
*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.
**C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

How to Use Arnica 30C Pellets



Turn tube upside down



Twist until 5 pellets are dispensed



Remove cap and pour pellets under the tongue

NDC 0220-9021-63

PAIN RELIEF

Muscle Pain & Stiffness
Swelling from Injuries
Bruises

Arnicare[®] CREAM

HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Fragrance-Free



NET WT.
2.5 oz (70 g)

BOIRON[®]

World Leader in Homeopathic Medicines



Drug Facts

Active ingredient

Arnica montana
1X HPUS 7%

Purpose

Relieves minor muscle pain & stiffness, swelling from injuries, discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses

- Temporarily relieves minor muscle pain and stiffness due to:
 - minor injuries
 - overexercise
 - falls
 - reduces symptoms of bruising such as:
 - pain
 - swelling
 - discoloration

Warnings

For external use only. Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients. When using this product, avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin. Use only as directed. Do not tight-wrap or bandage the treated area. Do not apply heat or ice to the treated area immediately before or after use. Stop use and ask a doctor if condition persists for more than 3 days or worsens. Symptoms clear up and occur again within a few days. Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

Adults and children 1 year of age and older: Apply a thin layer of Arnicare Cream to affected area and massage gently as soon as possible after minor injury up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Cream. Children under 1 year of age: Not recommended.

Other information

- Do not use if sealed carton and caps are open
- Dispose of 1 year after opening

Inactive ingredients

arachidonic acid, arachidyl polyols, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, lecithin, Lactobacillus ferment, purified water, santal gum

Made in France

Distributed by Boiron Inc.,
Newtown Square, PA 19073

1-800-808-0100 (Toll-free 4-7661)

00621386 - 11/05

NDC 0220-9047-78

PAIN RELIEF*

Muscle Pain & Stiffness Swelling from Injuries Bruises*

Arnicare®

CREAM & ORAL PELLETS

HOMEOPATHIC MEDICINE

- Local & General Muscle Pain
- Combine for Total Relief

**VALUE
PACK!**



NET WT.
2.5 oz (70 g)
+ Approx. 80 pellets

BOIRON®
World Leader in
Homeopathic Medicines

Drug Facts (continued)

Other information

- Do not use if glued carton end flaps are open, if the tube seal is broken, or if pellet dispenser seal is broken
- ARNICARE CREAM: dispose of 1 year after opening
- Retain carton for full drug facts

Inactive ingredients

ARNICARE CREAM: arachidyl alcohol, arachidyl glucoside, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, lactobacillus ferment, purified water, xanthan gum

ARNICA 30C PELLETS:
lactose, sucrose

Questions or comments?

Arnicare.com | BoironUSA.com
Info@boiron.com
1-800-BOIRON-1 (1-800-284-7861)

How to Use Arnica 30C Pellets



Turn tube upside down



Twist until 5 pellets are dispensed



Remove cap and pour pellets under the tongue

Two Forms for Total Relief

Use **Arnicare Cream** for local muscle pain relief.

- Dermatologically tested
- Fragrance-free

For general muscle pain relief, **Arnica 30C** can be taken alone or as a complement to Arnicare Cream.

- No known drug interactions
- Meltaway pellets

The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

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Distributed by Boiron Inc.
Newtown Square, PA 19073

please recycle



Drug Facts

Active ingredients*

ARNICARE CREAM:

Arnica montana Relieves minor muscle pain & stiffness, swelling
1X HPUS 7% from injuries, discoloration from bruises

ARNICA 30C PELLETS: (in each pellet)

Arnica montana 30C HPUS Relieves minor muscle pain &
(0.44 mg) stiffness, swelling from injuries,
discoloration from bruises

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Uses*

- temporarily relieves minor muscle pain and stiffness due to:
 - minor injuries
 - overexertion
 - falls
- reduces symptoms of bruising such as:
 - pain
 - swelling
 - discoloration

Warnings

ARNICARE CREAM:

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

ARNICA 30C PELLETS:

Stop use and ask a doctor if symptoms persist for more than 3 days or worsen.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ARNICARE CREAM:

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Cream to affected area and massage gently as soon as possible after minor injury up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Cream.

■ Children under 1 year of age: Not recommended.

ARNICA 30C PELLETS: Adults and children: At the onset of symptoms, dissolve 5 pellets under the tongue 3 times a day until symptoms are relieved or as directed by a doctor.

*Homeopathic tincture made from Arnica montana fresh whole plant.

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE. NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

*C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Arnica montana 30c

Relieves muscle pain and stiffness, swelling from injuries, discoloration from bruises*

BOIRON®

Made in France HOMEOPATHIC MEDICINE

HPUS NDC 0220-0508-41

Do not use if pellet dispenser seal is broken

	LOT	EXP	
	3 06960	07513	4

Contains approx. 80 pellets. US

Peel for Drugs Facts and instructions for use.

Arnica montana 30 c

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

Drug Facts

Active ingredient:** See product name on front panel (contains 0.443 mg of the active ingredient per pellet).

Uses: See symptoms on front panel.

Warnings: Stop use and ask a doctor if symptoms persist for more than 3 days or worsen. If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children.

Directions: ■ Adults and children: At the onset of symptoms, dissolve 5 pellets under the tongue 3 times a day until symptoms are relieved or as directed by a doctor.

Drug Facts (continued)

Inactive ingredients: lactose, sucrose

Questions or comments?

BoironUSA.com Info@Boiron.com

1-800-BOIRON-1 (1-800-264-7661)

**C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Distributed by Boiron Inc.
Newtown Square, PA 19073

How to dispense pellets?



1 Turn tube upside down.



2 Twist until 5 pellets are dispensed into cap.



3 Carefully remove cap and use it to pour pellets under the tongue.

NDC 0220-9021-63

PAIN RELIEF

Muscle Pain & Stiffness
Swelling from Injuries
Bruises

Arnicare® CREAM

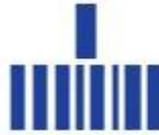
HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Fragrance-Free



NET WT.
2.5 oz (70 g)

BOIRON®
World Leader in
Homeopathic Medicines



Drug Facts

Active ingredient

Arnica montana
1X HPUS 7%

Purpose

Relieves minor muscle pain &
stiffness, swelling from injuries,
discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially
monographed in the Homeopathic Pharmacopoeia of the United States.

Uses

- temporarily relieves minor muscle pain and stiffness due to:
 - minor injuries
 - overexertion
 - falls
 - reduces symptoms of bruising such as:
 - pain
 - swelling
 - discoloration

Warnings

For external use only. Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients. **When using this product** ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin ■ use only as directed ■ do not tightly wrap or bandage the treated area ■ do not apply heat or ice to the treated area immediately before or after use **Stop use and ask a doctor if** ■ condition persists for more than 3 days or worsens ■ symptoms clear up and occur again within a few days **Keep out of reach of children. If swallowed,** get medical help or contact a Poison Control Center right away.

Directions ■ Adults and children 1 year of age and older:

Apply a thin layer of Arnicare Cream to affected area and massage gently as soon as possible after minor injury up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Cream. ■ Children under 1 year of age: Not recommended.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- dispose of 1 year after opening

Inactive ingredients

arachidyl alcohol, arachidyl glucoside, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, Lactobacillus ferment, purified water, xanthan gum

Made in France
Distributed by Boiron Inc.
Newtown Square, PA 19073

1-800-BOIRON-1 (1-800-264-7661)

TUP186D - 06/24

NDC 0220-8047-78

arnica
natural
active ingredient

**Use Arnicare
at the First
Sign of Pain**

Arnicare Cream's soothing effect makes it ideal for massaging sore muscles.

- Ideal for massage
- Soothing
- Unscented
- Paraben-free

For general pain relief, Arnica 30C pellets can be taken alone or as a complement to Arnicare Cream.

- Non-drowsy
- No drug interactions

The Boiron Promise

At Boiron, we believe there's a better way to feel good. A better way that works naturally with your body. Since 1932, the Boiron family has been committed to providing homeopathic medicines. As world leader in homeopathic medicines, our passion is your total health. Our promise is your total satisfaction. Please visit boironusa.com for details.

PAIN RELIEF*

**Muscle Pain & Stiffness
Swelling from Injuries
Bruising***

Arnicare®
Cream

HOMEOPATHIC MEDICINE

- Ideal for Massage
- Soothing
- Unscented, Paraben-Free
- Works Naturally with Your Body

VALUE PACK
Topical & Oral Pellets

NET WT.
2.5 oz (70g)
Approx. 80 pellets

BOIRON®

World Leader in Homeopathic Medicines

Arnicare®
Cream

Drug Facts

(continued)

Other information

- do not use if glued carton end flaps are open, if the tube seal is broken, or if the label sealing the clear tube cap is broken or missing
- store at 68-77°F (20-25°C)
- Arnica 30C Pellets: non-drowsy, no drug interactions

Inactive ingredients

Arnicare Cream: alcohol, caprylyl glycol, carbomer, cetyl palmitate, EDTA disodium, glycerin, lauroyl macroglyglycerides, pegoxo-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Arnica 30C Pellets: lactose, sucrose

Questions or comments?

www.Arnicare.com
www.BoironUSA.com
info@boiron.com

1-800-BOIRON-1
(1-800-264-7661)

Distributed by Boiron Inc.,
6 Campus Boulevard
Newtown Square, PA
19073-3267



please recycle

Made in France



Drug Facts

Active ingredient**

Arnicare Cream: Arnica montana 1X HPUS-7% & stiffness, swelling from injuries, discoloration from bruising

Arnica 30C Pellets:

Arnica montana 30C HPUS Muscle pain & stiffness, swelling from injuries, discoloration from bruising

The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Uses*

- temporarily relieves muscle pain and stiffness due to minor injuries, overexertion and falls
- reduces pain, swelling and discoloration from bruises

Warnings

Arnicare Cream:

For external use only.

Avoid contact with eyes, mucous membranes, damaged skin or wounds.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product use only as directed

■ do not bandage tightly or use a heating pad, **Stop use and ask a doctor** if condition persists for more than 3 days or worsens.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away.

Arnica 30C Pellets:

Ask a doctor before use in children under 2 years of age.

Stop use and ask a doctor if condition persists for more than 3 days or worsens.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Directions

Arnicare Cream:

Apply a thin layer of Arnicare Cream to affected area and massage gently as soon as possible after minor injury. Repeat 3 times a day or as needed.

Arnica 30C Pellets:

Adults and children 2 years of age and older: At the onset of symptoms, dissolve 5 pellets under the tongue 3 times a day until symptoms are relieved or as directed by a doctor.

*These "Uses" have not been evaluated by the Food and Drug Administration. **C, K, CK, and X are homeopathic dilutions; see www.boironusa.com for details.

NDC 0220-9047-78

PAIN RELIEF*

Muscle Pain & Stiffness Swelling from Injuries Bruises*

Arnica®

— CREAM & ORAL PELLETS
HOMEOPATHIC MEDICINE

- Local & General Pain
- Combine for Total Relief

**VALUE
PACK!**



NET WT.
2.5 oz (70 g)
+ Approx. 80 pellets

BOIRON®
World Leader in
Homeopathic Medicines

Drug Facts (continued)

Other information

- do not use if glass carton and flaps are open, if the tube seal is broken, or if pellet dispenser seal is broken
- store at 68-77°F (20-25°C)

Inactive ingredients

ARNICARE CREAM: alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauryl macroglycolcaris, polyocta-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol
ARNICA 30C PELLETS: lactose, sucrose

Questions or comments?

Arnicare.com | BoironUSA.com
info@boiron.com
1-800-801NON-1 (1-800-264-7861)

How to Use Arnica 30C Pellets



Turn
tube upside
down



Twist
until 5 pellets
are dispensed



Remove
cap and pour
pellets under
the tongue

Two Forms for Total Relief

Use **Arnica Cream**
for local pain relief.

- Fragrance-free
- Ideal for massage
- Plant-based relief

For general pain relief,
Arnica 30C Pellets
can be taken alone or
as a complement to
Arnica Cream.

- Non-drowsy
- No known
drug interactions

The Boiron Promise

Your health deserves
the greatest respect.
That's why we're
committed to your
satisfaction. Please visit
BoironUSA.com/promise
for details.

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Newtown Square, PA 19073

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Drug Facts

Active Ingredients*

ARNICARE CREAM:

Arnica montana Relieves muscle pain & stiffness, swelling
TX HPUS 7% from injuries, discoloration from bruises

ARNICA 30C PELLETS: (in each pellet)

Arnica montana Relieves muscle pain & stiffness, swelling
30C HPUS (0.443 mg) from injuries, discoloration from bruises
The letters "HPUS" indicate that the components in this product are officially
monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose†

Uses*

- temporary relieves muscle pain and stiffness due to:
 - minor injuries
 - overexertion
 - falls
- reduces symptoms of bruising such as:
 - pain
 - swelling
 - discoloration

Warnings

ARNICARE CREAM:

For external use only.

Do not use if you are allergic to Arnica montana or to any of this
product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged
or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before
or after use.

Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days.

Keep out of reach of children. If swallowed, get medical help or
contact a Poison Control Center right away.

ARNICA 30C PELLETS:

Stop use and ask a doctor if symptoms persist for more than
3 days or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, get
medical help or contact a Poison Control Center right away.

Directions

ARNICARE CREAM: Apply a thin layer of Arnica Cream to affected
area and massage gently as soon as possible after minor injury. Repeat
3 times a day or as needed. If heat or ice is applied, wait 5 minutes
before applying Arnica Cream.

ARNICA 30C PELLETS: At the onset of symptoms, dissolve 5 pellets
under the tongue 3 times a day until symptoms are relieved or as
directed by a doctor.

*Homeopathic mother tincture made from Arnica
montana fresh whole plant.
†CLAIMS BASED ON TRADITIONAL
HOMEOPATHIC PRACTICE, NOT ACCEPTED
MEDICAL EVIDENCE, NOT FDA EVALUATED.
*C, K, CK, and X are homeopathic dilutions:
see BoironUSA.com/info for details.

NDC 0220-9047-78

arnica natural
active ingredient*

Use Arnicare at the First Sign of Pain.

Arnicare Cream's soothing effect makes it ideal for massaging sore muscles.

- Ideal for massage
- Soothing
- Unscented
- Paraben-free

For general pain relief, Arnica 30C pellets can be taken alone or as a complement to Arnicare Cream.

- Non-drowsy
- No known drug interactions

The Boiron Promise
At Boiron, we believe there's more than one way to feel better. Since 1932, the Boiron family has been committed to providing quality medicines. As world leader in homeopathy, our passion is your health. Our promise is your satisfaction. Please visit BoironUSA.com/ promise for details.

PAIN RELIEF*

**Muscle Pain & Stiffness
Swelling from Injuries
Bruising***

Arnicare®
Cream

HOMEOPATHIC MEDICINE

- Ideal for Massage
- Soothing
- Unscented, Paraben-Free
- Help Your Body the Natural Way

VALUE PACK
Topical & Oral Pellets

NET WT.
2.5 oz (70g)
Approx. 80 pellets

BOIRON®
World Leader in Homeopathic Medicines

Arnicare®
Cream

Drug Facts
(continued)

Other information

- do not use if glued carton end flaps are open, if the tube seal is broken, or if the label sealing the clear tube cap is broken or missing
- store at 68-77°F (20-25°C)
- Arnica 30C Pellets: non-drowsy; no known drug interactions

Inactive ingredients

Arnicare Cream: alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauroyl macroglycolides, pegoxol-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Arnica 30C Pellets: lactose, sucrose

Questions or comments?
Arnicare.com
BoironUSA.com
Info@Boiron.com
1-800-BOIRON-1
(1-800-264-7661)

Distributed by Boiron Inc.
8 Campus Boulevard
Newtown Square, PA
19073-3267

 please recycle
Made in France

 3 06969 04778 1

Drug Facts

Active ingredient**	Purpose*
Arnicare Cream: Arnica montana.....	Trauma, muscle pain 1X HPUS-7% & stiffness, swelling from injuries, discoloration from bruises
Arnica 30C Pellets: Arnica montana.....	Muscle pain & stiffness, 30C HPUS swelling from injuries, discoloration from bruises

The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Uses*

- temporarily relieves muscle pain and stiffness due to minor injuries, overexertion and falls
- reduces pain, swelling and discoloration from bruises

Warnings

Arnicare Cream:
For external use only.
Avoid contact with eyes, mucous membranes, damaged skin or wounds.
Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.
When using this product use only as directed
do not bandage tightly or use a heating pad.
Stop use and ask a doctor if condition persists for more than 3 days or worsens.
Keep out of reach of children.
If swallowed, get medical help or contact a Poison Control Center right away.

Arnica 30C Pellets:
Stop use and ask a doctor if condition persists for more than 3 days or worsens.
If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children.

Directions

Arnicare Cream:
Apply a thin layer of Arnicare Cream to affected area and massage gently as soon as possible after minor injury. Repeat 3 times a day or as needed.

Arnica 30C Pellets:
Adults and children: At the onset of symptoms, dissolve 5 pellets under the tongue 3 times a day until symptoms are relieved or as directed by a doctor.

*Homeopathic mother tincture made from Arnica montana fresh whole plant
**These "Uses" have not been evaluated by the Food and Drug Administration.
*C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

ARNICA VALUE PACK

arnica montana kit

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0220-9047
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Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9047-78	1 in 1 BOX	11/01/2008	

Quantity of Parts

Part #	Package Quantity	Total Product Quantity
Part 1	1 TUBE	80
Part 2	1 TUBE	70 g

Part 1 of 2

ARNICA

arnica montana pellet

Product Information

Item Code (Source) NDC:0220-0508

Route of Administration ORAL

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W)	ARNICA MONTANA	30 [hp_C]

Inactive Ingredients

Ingredient Name	Strength
SUCROSE (UNII: C151H8M554)	
LACTOSE (UNII: J2B2A4N98G)	

Product Characteristics

Color	white	Score	no score
Shape	ROUND (Pellet)	Size	4mm
Flavor		Imprint Code	;
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1		80 in 1 TUBE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		11/01/2008	

Part 2 of 2

ARNICARE

arnica montana cream

Product Information**Item Code (Source)** NDC:0220-9021**Route of Administration** TOPICAL**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W)	ARNICA MONTANA	1 [hp_X] in 1 g

Inactive Ingredients

Ingredient Name	Strength
GLYCERIN (UNII: PDC6A3C0OX)	
ARACHIDYL ALCOHOL (UNII: 1QR1QRA9BU)	
WATER (UNII: 059QF0KO0R)	
XANTHAN GUM (UNII: TTV12P4NEE)	
BUTYROSPERMUM PARKII (SHEA) BUTTER UNSAPONIFIABLES (UNII: 0C9AC7D6XU)	
DOCOSANOL (UNII: 9G1OE216XY)	
LIMOSILACTOBACILLUS FERMENTUM (UNII: 2C1F12C6AP)	
ARACHIDYL GLUCOSIDE (UNII: 6JVW35JOOJ)	
COCONUT OIL (UNII: Q9L0O73W7L)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1		70 g in 1 TUBE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		11/01/2008	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		11/01/2008	

Labeler - Laboratoires Boiron (282560473)

Registrant - Boiron Inc. (014892269)

Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9047)

Revised: 12/2025

Laboratoires Boiron