

**NIGHTTIME SLEEP AID- diphenhydramine hydrochloride capsule, liquid filled  
WALGREEN COMPANY**

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**Wal-Sleep Z NIGHTTIME SLEEP-AID**

***Drug Facts***

***Active ingredients (in each softgel)***

Diphenhydramine HCl 25 mg

***Purpose***

nighttime sleep-aid

***Uses***

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

***Warnings***

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin.

**Ask a doctor before use if you have**

- a breathing problem such as asthma, emphysema, or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland
- heart disease

**Ask a doctor or pharmacist before use if you are** taking sedatives, tranquilizers or any other sleep aid

**When using this product**

- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery

**Stop use and ask a doctor if** sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** Overdose warning: Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away. 1(800)222-1222

**Directions**

- take only one dose per day (24 hours) - see Overdose warning

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adults & children 12 yrs & over	One dose= TWO 25 mg softgels (50 mg) at bed time if needed or as directed by a doctor
children under 12 years	Do not use

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**Other information**

- store at 20-25°C (68-77°F)
- avoid excessive heat above 40°C (104°F) and high humidity
- Protect from light

**Inactive ingredients**

FD&C Blue#1, FD&C Red#40, gelatin, glycerin, polyethylene glycol-400, propylene glycol, sorbitol sorbitan, titanium dioxide

**Questions or comments?**

**1-888-333-9792**

**PRINCIPAL DISPLAY PANEL**

Compare to the active ingredient

in ZzzQuil®\*

NIGHTTIME

SLEEP-AID

DIPHENHYDRAMINE HCl 25 mg

Non Habit-Forming

Not for Treating Pain, Cold or Flu

# Wal-Sleep Z<sup>®</sup>

Walgreens

DIPHENHYDRAMINE HCl 25 mg / NIGHTTIME SLEEP AID

Walgreens

Compare to Vicks<sup>®</sup> ZzzQuil<sup>®</sup>  
Nighttime Sleep-Aid  
LiquiCaps<sup>®</sup> active ingredient\*\*

NDC 0363-8989-12

# Wal-Sleep Z<sup>®</sup>

DIPHENHYDRAMINE HCl 25 mg / NIGHTTIME SLEEP AID

NIGHTTIME SOFTGELS

• Non-habit forming

12 SOFTGELS\*\*  
(\*\*LIQUID-FILLED CAPSULES)



ACTUAL SIZE

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION  
TAMPER EVIDENT: DO NOT USE IF PACKAGE IS OPENED OR IF BULSTER  
UNIT IS TORN, BROKEN OR SHOWS ANY SIGNS OF TAMPERING

Walgreens Pharmacist Recommended  
Walgreens Pharmacist Survey

Questions or comments? 1-888-333-9792

ITEM 387429 W20058-0421-L

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200 WILMOT RD, DEERFIELD, IL 60015  
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**Drug Facts**

**Active ingredient**  
(in each liquid-filled capsule)  
Diphenhydramine HCl 25 mg

**Purpose**  
Nighttime sleep-aid

**Uses**  
for relief of occasional sleeplessness

**Warnings**  
Do not use for children under 12 years of age  
with any other product containing diphenhydramine, even one used on skin.  
Ask a doctor before use if you have  
a breathing problem such as emphysema or chronic bronchitis  
glaucoma  
difficulty in urination due to enlargement of the prostate gland  
Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers  
When using this product avoid alcoholic beverages  
Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Sleeplessness may be a symptom of serious underlying medical illness.

**Directions**  
do not take more than directed  
take only one dose per day (24 hours)  
adults & children take 2 capsules at bedtime if needed or as directed by a doctor  
children under 12 years do not use

**Other information**  
store at 20-25° C (68-77° F)  
avoid excessive heat above 40° C (104° F) and high humidity  
protect from light

**Inactive ingredients**  
FD&C Blue #1, FD&C Red #40, gelatin, glycerin, polyethylene glycol, propylene glycol, purified water, sorbitol, sorbitan sesquidodecylate, titanium dioxide

**Questions or comments? 1-888-333-9792**

**Drug Facts (continued)**  
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) at night, if any.

\*\*This product is not manufactured or distributed by The Procter & Gamble Company, owner of the registered trademarks, Vicks<sup>®</sup> ZzzQuil<sup>®</sup> Nighttime Sleep-Aid LiquiCaps<sup>®</sup>.

NIGHTTIME SLEEP AID

diphenhydramine hydrochloride capsule, liquid filled

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0363-8989
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>POLYETHYLENE GLYCOL 400</b> (UNII: B697894SGQ)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

### Product Characteristics

<b>Color</b>	purple	<b>Score</b>	no score
<b>Shape</b>	CAPSULE (OBLONG)	<b>Size</b>	15mm
<b>Flavor</b>		<b>Imprint Code</b>	602
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0363-8989-12	1 in 1 CARTON	12/22/2020	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:0363-8989-24	2 in 1 CARTON	12/22/2020	
2		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		
3	NDC:0363-8989-48	4 in 1 CARTON	12/22/2020	
3		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	12/22/2020	08/31/2027

**Labeler** - WALGREEN COMPANY (008965063)

Revised: 1/2026

WALGREEN COMPANY